

Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302

PARISH OFFICE: 703-998-6100

Hours: Mon-Fri, 9 am-5 pm (closed 12-1), 7-9 pm; Sun, 9 am -12 pm

PARISH WEB SITE: www.bscva.org

E-MAIL: parish_office@bscva.org

FACEBOOK: <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

INSTAGRAM: @blessed_sacrament_youth

DIOCESE OF ARLINGTON: www.arlingtondiocese.org

SUNDAY MASSES: Church

Vigil Mass on **Saturday:** 5:00 pm

Sunday: 7:30, 9:00*, 11:00*, 12:30 pm, 5:00 pm

Sunday in Spanish: 2:00 pm

***NURSERY:** During 9 & 11 am Sunday Masses;
Walking to age 6. Early Childhood Center (ECC) of School

WEEKDAY MASSES: Church

Monday - Friday, 6:30 & 8:30 am

Saturday, 8:30 am only

SACRAMENT OF RECONCILIATION: Daily Chapel

Monday thru Friday, 7am - 8 am

Saturday, 3:30 - 4:30 pm (except Holy Saturday)

Spanish Community, Sundays, 1:15-1:45 pm

ROSARY: Monday - Saturday, 8:00 am ~ Church
Last Sunday of every month, 10:30 am ~ Daily Chapel

PARISH CLERGY: Rev. John D. Kelly, Pastor

Rev. Mark Carrier, Parochial Vicar

Rev. Kevin Dansereau, Parochial Vicar

Rev. Thomas Yehl, Y.A., Parochial Vicar

PARISH STAFF:

John McCrary, Director of Music/Coordinator of Liturgy

Susan Doyle, Director of Religious Education

Mary Walker, Director of Youth Ministry

Marie Niernberger, Bulletin Editor/Liturgical Environment

BAPTISM OF CHILDREN: Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

SACRAMENT OF MARRIAGE: The preparation program must begin *not less than six (6) months* in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

CHILDREN'S RELIGIOUS EDUCATION (CCD): (September - May)

Grades K-8 classes on Sunday am or Wednesday evening;

Grades 1 & 2 on Monday afternoon. Preschool class, Sunday am.

CHRISTIAN INITIATION OF ADULTS (RCIA): Questions?

Call parish office or email: sdoyle@bscva.org

PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED:

Call the parish office for mention at Sunday Masses.

5th Sunday in Ordinary Time February 9, 2020

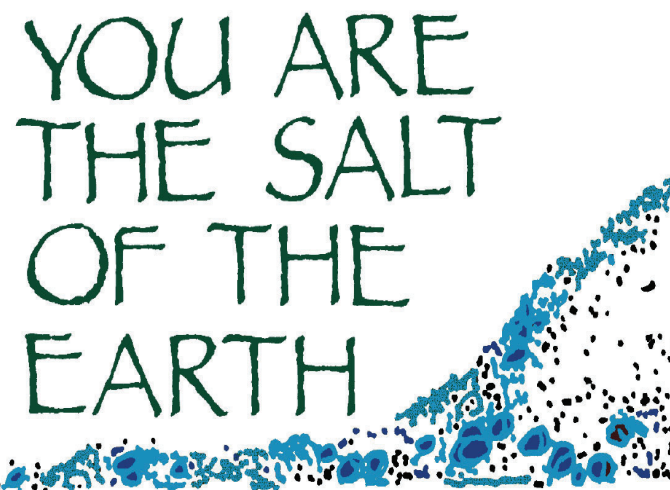
First Reading — If you share your food with the hungry, provide housing for the homeless, then light shall break forth upon you (Isaiah 58:7-10).

Psalms — The just man is a light in the darkness to the upright (Psalm 112).

Second Reading — My message to you, says Paul, was not clever words of wisdom but the proclamation of Christ crucified (1 Corinthians 2:1-5).

Gospel — You are the salt of the earth, the light of the world. In your good deeds your light shines before others, leading them to glorify God (Matthew 5:13-16).

The English translation of the Psalm Responses from *Lectionary for Mass* © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



"Be present to the One who is Present."



EUCCHARISTIC ADORATION

Add a visit with our Lord in the Blessed Sacrament on **Fridays**. Come to pray any time, but mid-day & afternoon hours visits are most needed.

The Daily Chapel is open from Exposition at 9:00 am until Benediction & Reposition at 8:30 pm.

Please let someone in the parish office know if there is no one else in the chapel and you have to leave. Thank you.

BLESSED SACRAMENT SCHOOL & EARLY CHILDHOOD CENTER

***"To create an educated community to serve Christ
and one another with integrity and respect."***

1417 West Braddock Road, Alexandria, VA 22302
703-998-4170 www.bssva.org Valerie Garcia, principal

CHURCH CALENDAR

SUNDAY, FEBRUARY 9 - FIFTH SUNDAY IN ORDINARY TIME

7:30 am ~ **Mass for the People**
 9:00 am ~ **Elizabeth Ascittuo+** (Cobb Family)
 10:30 am ~ **RELIGIOUS EDUCATION (CCD)**
 11:00 am ~ **Francis Fassnacht+** (William A Croft)
 12:30 pm ~ **Spec Ints of Kathy Landers** (Denise Landers)
 2:00 pm ~ **Bobby Cushmac+** (Sandy Paige)
 5:00 pm ~ **Spec Ints of Charlie Mitchell** (Katie Mitchell)

MONDAY, FEBRUARY 10 - Saint Scholastica

6:30 am ~ **For the Welfare & Intentions of Pope Francis**
 7-8 am ~ **CONFESSION** (Daily Chapel)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **Patricia Roberts+** (Hergen Family)
 9:15 am ~ **MAGNIFICAT for WOMEN** (Quinn Hall)
 10:00 am ~ **GOODWIN HOUSE**
 4:15 pm ~ **RELIGIOUS EDUCATION (CCD)**
 7:00 pm ~ **MAGNIFICAT for WOMEN** (Quinn Hall)

TUESDAY, FEBRUARY 11 - Our Lady of Lourdes

6:30 am ~ **Courtney Smith+** (Aida Stark)
 7-8 am ~ **CONFESSION** (Daily Chapel)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **John Giuseppe+** (Angie Giuseppe)
 10:30 am ~ **WASHINGTON HOUSE**
 7:00 pm ~ **BIBLE STUDY with Fr. Carrier** (Parish Center)

WEDNESDAY, FEBRUARY 12 - Weekday

6:30 am ~ **Tony Fernandez+** (Margaret & Herman Fernandez)
 7-8 am ~ **CONFESSION** (Daily Chapel)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **David Fraas+** (Salvato Family)
 9:15 am ~ **BIBLE STUDY with Fr. Carrier** (Parish Center)
 10:30 am ~ **HERMITAGE HOUSE**
 7:00 pm ~ **RELIGIOUS EDUCATION (CCD)**

THURSDAY, FEBRUARY 13 - Weekday

6:30 am ~ **Robert Fekles+** (Kendall Family)
 7-8 am ~ **CONFESSION** (Daily Chapel)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **Peter Talomie+** (Angie Giuseppe)

FRIDAY, FEBRUARY 14 - Saints Cyril & Methodius

6:30 am ~ **Benjamin Ambas+** (Leonibel Ambas)
 7-8 am ~ **CONFESSION** (Daily Chapel)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **Santo Maestri+** (Aldina Maestri)
 9 am - 8:30 pm ~ **EUCCHARISTIC ADORATION** (Daily Chapel)

SATURDAY, FEBRUARY 15 - Weekday

7-8:30 am ~ **MEN'S GROUP** {breakfast 6:30 am} (Quinn Hall)
 8:00 am ~ **ROSARY** (Church)
 8:30 am ~ **Rita Wenderoth+** (John Wenderoth)
 3:30-4:30 pm ~ **CONFESSION** (Daily Chapel)
 5:00 pm ~ **John H Farnham, Jr+** (John & Ellen Farnham)

SUNDAY, FEBRUARY 16 - SIXTH SUNDAY IN ORDINARY TIME

PARISH OFFICE CLOSED - PRESIDENT'S DAY HOLIDAY
 7:30 am ~ **Timothy Pumphrey+** (Kathryn O'Neill)
 9:00 am ~ **Spec Ints of Olivia Hopke** (Katie Mitchell)
 11:00 am ~ **For the Welfare & Intentions of Pope Francis**
 12:30 pm ~ **Spec Ints of Cynthia Doren** (Pat & Fran Sullivan)
 2:00 pm ~ **Spec Ints of the Del Valle Family** (Seferina)
 5:00 pm ~ **Mass for the People**

ALTAR LINENS for February 10: Jenny Grover



Our Offertory Collection for **January 26th** was \$32,548.00. This does **include FaithDirect**. We also received \$111.50 ~ Poor Box, \$1,038.00 ~ Building Fund, and \$332.00 - Quinn School Endowment. We also collected \$4,835.00 for the Church in Latin America.



Our **SHARING** recipient for **January 19th** was **THE CHILD & FAMILY NETWORK CENTERS, Alexandria, VA** - CFNC supports the working poor in their own neighborhoods by providing high quality pre-school education and related services. This step up benefits at-risk children and prepares and empowers them for success in school and in life. (www.cfnc-online.org) \$1,790.14

READINGS FOR THE WEEK

Monday: 1 Kgs 8:1-7, 9-13; Ps 132:6-7, 8-10; Mk 6:53-56

Tuesday: 1 Kgs 8:22-23, 27-30; Ps 84:3, 4, 5 and 10, 11; Mk 7:1-13

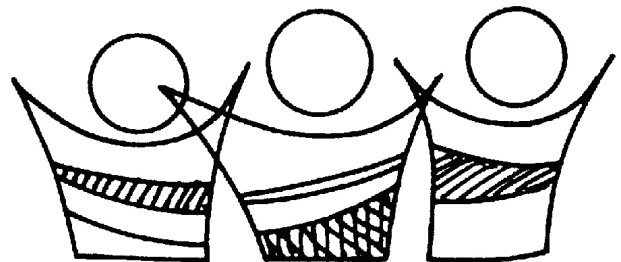
Wednesday: 1 Kgs 10:1-10; Ps 37:5-6, 30-31, 39-40; Mk 7:14-23

Thursday: 1 Kgs 11:4-13; Ps 106:3-4, 35-36, 37 and 40; Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19; Ps 81:10-11ab, 12-13, 14-15; Mk 7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34; Ps 106:6-7ab, 19-20, 21-22; Mk 8:1-10

Sunday: Sir 15:15-20; Ps 119:1-2, 4-5, 17-18, 33-34; 1 Cor 2:6-10; Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37



Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, firefighters or anyone serving in harm's way.

Cole Barry, Ryan Barnett, Brandon Bert, Michael Bouffard, Jason Brooks, Richard W. Brown, Joseph R. Byrnes, Cady Byrnes, Timothy Byrnes, Andrew Berrigan, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Joshua Hindenburg, Faith Holman, David Jordan,

Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, Allison Landsman, Christopher Love, Grace McCaffery, Patrick McGee, Mateo McGrath, Sam Mills, Timothy Mills, Matthew Mourning, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Ryan Stancik, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Christopher Wallace, Thomas Warring.





Save the Date!

Pre – Lenten Morning of Reflection
Saturday ~ February 22nd ~ following 8:30 am Mass

Featuring a talk by **Sister Mary Timothy, FSE**
and a continental breakfast
Details to follow

Pancakes & More Breakfast!



TODAY!

after 9:00 & 11:00 am Masses

Support our Knights of Columbus
parish scholarships & projects

PRAY FOR OUR 2020 WORKCAMP CREW!



Blessed Sacrament is sending ten teens
to **WorkCamp** this year -

Please consider making a donation so
they can help make our neighbors'
homes warmer, safer, drier this summer.
Donations can be made by check to the
parish office with "WorkCamp"
in the memo line.

Our WorkCamp effort is still in search of 2 contractors,
and 6 security volunteers (who attend WorkCamp for a few
hours on one day). Contact Mary Walker for more details at
mwalker@bscva.org

Choir & Orchestra Concert

Friday - February 21st - 7:30 pm

Blessed Sacrament Festival Choir & Orchestra

- ♦ **Beethoven:** Mass in C Major, Op. 86
- ♦ **Mozart:** Davide penitente, KV 469



Michele Kunz, soprano; **Leslie Kruse**, soprano;
Sally Mouzon, alto; **Philip Pickens**, tenor;
Joshua Hong, bass; **John McCrary**, Conductor

The Blessed Sacrament Festival Choir & Orchestra will
perform these two great, but infrequently programmed works.

The Mass in C shows Beethoven breaking from
Viennese Operatic Mass tradition. The Davide cantata is a
reworking of Mozart's unfinished Mass in C Minor. Join us for
this inspirational evening.



TODAY! ~ FEBRUARY 9th ~ 6 pm
High School-ers!

Join us for dinner in Quinn Hall first
and then we'll hit the boards!
Info: mwalker@bscva.org

COMMISSIONED BY CHRIST

Jamaica Mission Trip with Fr. Kevin, April 18-25

Commissioned by Christ is taking a group of
missionaries to build a home for a single mother in the
Diocese of Mandeville, Jamaica from April 18-25.

The project, funded by a Blessed Sacrament
parishioner, will be **chaplained** by **Fr. Kevin
Dansereau**, and led by CBC Executive Director,
Michelle Haworth. Details and registration at
www.commissionedbychrist.org.

Deadline is Feb. 15, 2020



Be part of something bigger than yourself in 2020!

CBC is a ministry within the Catholic Diocese of Arlington that
organizes mission trips for families and adults.
Other mission trips include Piura, **PERU** with Msgr. John Cregan,
June 20-27 (deadline Feb. 28)

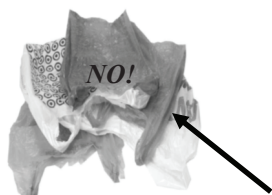
and Lare, **KENYA** with Fr. Joseph Rampino, July 10-19
(deadline March 15). Space is limited.

Details & registration at www.commissionedbychrist.org
or call Michelle Haworth at 571-699-3339.

LOCAL EVENTS TOO! Visit the website for information

Reduce My Use! Save the Bay!

The sixth grade class of Blessed Sacrament School urges you to help us protect the
Chesapeake Bay Watershed
by using **REUSABLE BAGS**, which can be bought at most grocery stores, instead of
commonly used disposable plastic bags. **Thanks!**



A Study of MACCABEES 1 & 2**Bible
STUDY**
Join us!Tuesday evenings, 7 pm,
or Wednesday mornings, 9:15 amBring your Bible to the Parish Center
Holy Trinity Room!Drop-in: No registration necessary.
Questions? Fr. Carrier: mfcaime@cs.com

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Visit Fr. Carrier's blog on the **First Letter of St. John**.  
Come to the web and explore this careful and devout  
examination of the Word of God.[sanctiscriptores.blogspot.com](http://sanctiscriptores.blogspot.com)**ALIVE!, Inc.***(ALexandrians InVolved Ecumenically!)*Visit: [www.alive-inc.org](http://www.alive-inc.org) 703-837-9300**NEIGHBORS HELPING NEIGHBORS!****FOOD DISTRIBUTION**

Saturday ~ FEBRUARY 29th

8:00 - 10:30 am (No November Distribution)

**JOHN ADAMS ELEMENTARY SCHOOL****5651 Rayburn Ave** (off Beauregard, West of Seminary Rd)Pack grocery bags, assist clients, carry groceries to cars, etc. Teens,  
adults, accompanied children & families are welcome to help!**FURNITURE DISTRIBUTION**Able-bodied volunteers needed to help pick up  
& deliver furniture to families in need. Meet on**SATURDAYS** at 8 am at **ALIVE!** trucks at  
First Christian Church, 2723 King St.Contact Nick at [nick.slabinski@gmail.com](mailto:nick.slabinski@gmail.com) for details**BS is responsible for volunteers on MAY 2nd & JUNE 6th!****NOBLE & BOLD ~ Taking a Cue from St. Joseph****2020 Men's Conference ~ Saturday, March 7th**

St. Joseph Catholic Church, 750 Peachtree St, Herndon

*Speakers:* **Rev. Roger Landry**, Priest, Catholic columnist,  
author; **Dr. Mark Miravalle**, Mariologist, professor, author.  
**Bishop Michael F. Burbidge**, Mass Celebrant and Homilist**Register:** [arlingtondiocese.org/men](http://arlingtondiocese.org/men)

\$60 through February 1st ~ \$70 after.

**KNOWN & LOVED From All Eternity****2020 Women's Conference ~ Saturday, March 14th**

St. Joseph Catholic Church, 750 Peachtree St, Herndon

*Speakers:* **Colleen Carroll Campbell**, award-winning author,  
journalist; **Sr. Gaudia Skass, OLM**, internationally acclaimed  
speaker, Sisters of Our Lady of Mercy, JPII Nat'l Shrine.  
**Bishop Michael F. Burbidge**, Mass Celebrant and Homilist**Register:** [arlingtondiocese.org/women](http://arlingtondiocese.org/women)

\$60 through February 1st ~ \$70 after.

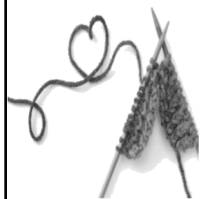
**RESPECT LIFE****Helpful Resources:**<http://www.arlingtondiocese.org/religiousliberty/>  
[www.usccb.org/issues-and-action/religious-liberty/](http://www.usccb.org/issues-and-action/religious-liberty/)  
[www.vacatholic.org](http://www.vacatholic.org) (Virginia Catholic Conference)  
**#WhyWeMarch** **MarchForLife.org****Rosary for Life: Each Saturday ~ 9 am \***

Meet in the Gathering Space ~ Pray in the Daily Chapel

**Gabriel Project:** Gabriel Project (GP) provides financial &  
spiritual assistance to pregnant women in need. If you know someone  
who can benefit from GP services, or if you would like to volunteer,  
please contact us at (703) 841-3810 or go online at:  
[www.arlingtondiocese.org/gpavolunteer](http://www.arlingtondiocese.org/gpavolunteer)**Project Rachel:** Share the good news of God's merciful  
love. **Project Rachel** can make a confidential referral to a priest and/  
or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)**Join the 'First Saturday' Rosary Team***Did you know that the 'no-show' rate can go up by 70% when  
there are people peacefully praying outside an abortion facility?*Please join the prayer team every First Saturday to pray the rosary at  
10:30 am at the Falls Church facility located at 900 S. Washington  
Street, Falls Church, VA. **(The next First Saturday is MARCH 7th)**For inquiries, contact Amy McInerney at (703) 841-3817  
or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)**SAVE THE DATE!**VBS returns  
**June 29 ~ July 2**,  
with a final party on the  
evening of July 2nd.**Details Coming Soon!****Blessed Sacrament Summer Camps****June 15-19: Winter Wonderland Camp (\$375)****June 22-26: Carnival Camp (\$375)****Ages: Rising K- Rising 6th Grade**Camps run from 9:00 am-3:00 pm.  
Extended care cost \$ 10.00 per hour or  
any part of that hour. Morning care is  
from 8:00 to 9:00 am.

Afternoon care is from 3:00-4:00pm

Please send the registration form in with the **\$100.00 per week, per child,**  
**non-refundable deposit** to the Blessed Sacrament School office labeled  
summer camp. You can find the form at the School or Church office.  
It is also online under school forms at <http://www.bssva.org/school>.If you have any further questions feel free to contact Miss Conques  
([bss.summercamps@gmail.com](mailto:bss.summercamps@gmail.com)) with any questions.**We hope to see you this summer!**



### Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

Questions? Call Lana at 703-299-8389.

**MEETING: Thursday, March 5th**  
7-8 pm, Parish Center

We are now working on **hats & scarves for the winter**, as well as lap blankets, baby blankets & prayer shawls. We have yarn if you need it. Drop-off your hand-made donations at the parish office any time. **Thanks!**

(NOTE: At this time of year, in case of inclement weather, we follow Alexandria City & Public Schools closure policy.)



### St. Monica, diamond of unwavering faith, pray for us!

It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus.

St. Monica is patroness & powerful intercessor.

~ **Join** us today, & everyday, along with 130+ petitioners as we pray for the return of fallen-away Catholics; ~ **Unite** your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers'); ~ **Pray!** **Greg Golubin 202-437-1274**

### Blessed Sacrament 39+ Singles

Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388

### PRIME-TIME SINGLE CATHOLICS

PTSC serves single Catholics 40 and over.

**Meet us for:**



Lunch (every Thursday); Mass, concert & lunch in DC (February 5); Flamenco Dance Program (February 8); Bowling (February 15); Piano Concert at St. Luke Church (Feb. 16); Dinner at Guapo's / Shirlington (February 23); Catholic Culture Dinner & Talk (March 1).

For details, see or website:

[bit.ly/ptsc](http://bit.ly/ptsc)

For questions or to **RSVP**, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Have questions about our Knights of Columbus Council?  
Email [gk11947@vakofc.org](mailto:gk11947@vakofc.org) or call the parish office, 703-998-6100, leave contact information & a Knight will return your call. For more information about the Knights of Columbus, visit [KofC.org](http://KofC.org)

### "RING" to the Lord a New Song!

**Ringers Wanted for**

**The Bells of Blessed Sacrament Handbell Choir**

Consider learning more about this fun & rewarding ministry. No experience necessary, but the ability to read music is helpful. (Rehearsals on Tuesdays, 5:30-6:45 pm)

**Questions? Contact:** John McCrary  
703-998-6100 x103 or [jmccrary@blessedsacramentcc.org](mailto:jmccrary@blessedsacramentcc.org)



### At the Parish Center ~ TUESDAYS

**CANASTA** 9:30 am -12:30 pm

**BRIDGE** 12 - 3 pm

Contact: Stella Perry (703)751-8429  
Or Ann Corro (703)370-3664

### SAINT MARTIN de PORRES SENIOR CENTER

4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome!

Daily activities & lunch. Transportation will be provided, but you must RSVP. Call 703-751-2766



OF NORTHERN VIRGINIA

Please join the Alexandria-Springfield Chapter of the Catholic Business Network

[www.CBNNova.org](http://www.CBNNova.org)

on **Tuesday, February 11th at 5:30 p.m. at Michael's Little Italy** (formerly La Trattoria)

2nd Floor, 305 S. Washington St, Alexandria, VA 22314, for networking, food, friendship and our guest speaker,

**Karen Beck.** An executive and leadership coach, Ms. Beck will provide tips on how to "Reach Your 2020 Goals."

Please RSVP at [www.CBNNova.org](http://www.CBNNova.org) in the "Upcoming Events" column & contact Paula Potoczak at [PMPLaw@Earthlink.net](mailto:PMPLaw@Earthlink.net) or

Madeline Caporiccio at [MCaporiccio@McEneaney.com](mailto:MCaporiccio@McEneaney.com) with any questions.

Pre-registration is preferred.



**Men's  
GROUP**

in QUINN HALL

Breakfast - opens at 6:30 am

Questions? [timothygoobic@gmail.com](mailto:timothygoobic@gmail.com)

**Join us whenever you can in THE NEW YEAR!**

All men of the parish are welcome to the

**MEN's GROUP**

**Saturdays**

**7:00 - 8:30 am**



**Victim Assistance Program for Those Sexually Abused as a Minor**

The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, and referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. For further information, see [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/) or call (703) 841-2530

**Mass to Pray for Healing of Victims/Survivors of Sexual Abuse**

Thursday, June 18, 2020 ~ St. Luke Catholic Church

This Mass is for the whole Church, in solidarity with victims/survivors of abuse, as we pray together for healing.

**Thinking of getting a new car?**

Please consider donating your old car to Catholic Charities. We accept working vehicles and give them directly to families in desperate need of transportation. We also accept non-operational vehicles to fund our volunteer programs. We handle the paperwork, you receive the IRS donation receipt. To donate, please call 703-841-3898



or email [cars@ccda.net](mailto:cars@ccda.net)



Listen to **Catholic Radio**

**WMET 1160 AM**

and via the (free) Ave Maria Radio App!

Visit: [www.grnonline.com](http://www.grnonline.com)

**Weekly Diocesan TV Mass to the Homebound**

10:30 am every Sunday on Channel 50 (WDCW)

This Mass airs for members of our Catholic family unable to be physically present for Sunday Eucharistic Liturgy.

**2 BUSY 2 PRAY? Try 2minutes2virtue**

Sign up NOW!

[www.arlingtondiocese.org/2minutes2virtue](http://www.arlingtondiocese.org/2minutes2virtue)

Every 3rd Sunday, comments by **Bishop Michael Burbidge**

**THE WALK  
HUMBLY  
PODCAST**



Sign up to receive weekly podcasts on timely subjects & reflections by Bishop Burbidge ~ [arlingtondiocese.org](http://arlingtondiocese.org)



'Searching for More' features interviews and discussions on a range of topics affecting Catholics in today's world. Guests include clergy, local Catholics, doctors, technology experts, Catholic news anchors, and even Hollywood actors starring in epic biblical dramas. In addition to interviews, some podcasts will emanate from inspiring talks,

speeches, homilies, and lectures given throughout the Diocese. The podcast is dedicated to the patronage of our diocesan saint, St. Thomas More. 'Searching for More' joins the 'Walk Humbly' and 'Catholic Herald' podcasts as diocesan audio offerings. Visit: [arlingtondiocese.org](http://arlingtondiocese.org)

**Haven of Northern Virginia**

4606 Ravensworth Road, Annandale, VA 22003

Call 703-941-7000 or email: [havenofnova@verizon.net](mailto:havenofnova@verizon.net) or [www.havenofnova.org](http://www.havenofnova.org)

**Haven of Northern Virginia** is committed to offering support, compassion, information, resources to the bereaved, seriously ill, the dying, and their family and friends. Volunteers offer comfort and support while helping people cope with feelings of fear, loneliness and a host of other emotions associated with grief.

**SUICIDE LOSS SUPPORT GROUP**

1st and 3rd Saturdays of each month ~ 11:00 am - 12:30 pm

No registration required

**Flexible Volunteer Opportunities ~ MOTHER OF LIGHT CENTER****Help Center ~ Del Ray-Alexandria**

For as little as 2 hours per month, you can help us at the Center with prayer, sorting & packaging food, clothing, comfort items & spiritual items. You can

also go out with trained volunteers to visit & reach out to the poor & homeless individuals as a link to the Center. We also arrange activities for holidays & fundraising events. Get in touch today!

[motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)

**The ST. PADRE PIO PRAYER GROUP of**

**Northern Virginia** ~ Meets at 2:30 p.m. on the 4th

Sunday of every month in the Daily Chapel. Need more info? Contact: Art 703-931-0497 or [sanpio@comcast.net](mailto:sanpio@comcast.net)

Take advantage of the rich resources of **FORMED.ORG**! You can enjoy all the offerings available without creating an account. **Formed** is now accessible to every parishioner by simply using our custom URL: <https://blessedsacramentcc.formed.org> (code: nr1029)



Do not conform yourselves to this age but **BE TRANSFORMED**

by the renewal of your mind, that you may discern what is the will of God...

Romans 12:2

**2019-2020 Diocese of Arlington SEMINARIANS**

Please pray for our seminarians by name...

Stop by the parish office for a prayer card with the names of current seminarians and a Vocations prayer.

"Let your light shine before others" ...perhaps as a priest, deacon, sister or brother.

Call Fr. Michael Isenberg at

(703) 841-2514 or write:

[michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org)

