

24th Sunday in Ordinary Time ~ September 17, 2023
Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302



©JPPC

SUNDAY MASSES: Church
Vigil Mass **Saturday:** 5:00 pm
Sunday: 7:30, 9:00*, 11:00*am, 12:30 pm, 5:00 pm
*NURSERY: At ECC through main school entrance
Sunday in Spanish: 2:00 pm

WEEKDAY MASSES: Church
Monday - Friday, 6:30 & 8:30 am
Saturday, 8:30 am only

SACRAMENT OF RECONCILIATION: Chapel
Monday thru Friday, 7am - 8 am
Saturday, 3:30 - 4:30 pm (except Holy Saturday)
Spanish Community, Sundays, 1:15-1:45 pm

ROSARY: Church, Monday - Saturday, 8:00 am

EUCCHARISTIC ADORATION: Chapel, Fridays, 9 am- 5 pm

PARISH OFFICE: 703-998-6100

Office Hours:

Monday - Thursday., 9 am - Noon, 1 pm - 5 pm, 7 - 9 pm.
Fridays, 9 am - Noon, 1 pm - 5 pm. (No evening hours)
Sunday, 9:00 am - 12:30 pm.

*The church BUILDING closes at 9:00 pm, Mon. - Fri.
& following 5:00 pm Masses on Sat. & Sun.*

PARISH WEB SITE:

www.blessedsacramentcc.org

PARISH E-MAIL: *parish_office@bscva.org*

FACEBOOK: <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

INSTAGRAM: @blessed_sacrament_youth

DIOCESE OF ARLINGTON: www.arlingtondiocese.org

PARISH CLERGY:

Rev. John D. Kelly, Pastor
 Rev. Mark Carrier, Parochial Vicar
 Rev. Andrew Clark, Parochial Vicar
 Rev. Peter St. George, Parochial Vicar

PARISH STAFF:

John McCrary, Director of Music/Coordinator of Liturgy
 Susan Doyle, Director of Religious Education
 Marie Niernberger, Bulletin Editor / Liturgical Environment

**YOUTH RELIGIOUS EDUCATION (CCD):** (September - May)**Grades Pre-K-8**

See the **FAITH FORMATION** page of the parish website for further information.

BAPTISM OF CHILDREN: Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

SACRAMENT OF MARRIAGE: The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

CHRISTIAN INITIATION OF ADULTS (RCIA): Questions? Call parish office or email: sdoyle@bscva.org

PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED: Call the parish office for mention at (2) Sunday Masses.

MASS CARDS: Available, in person, at the parish office during regular hours.

**BLESSED SACRAMENT SCHOOL & EARLY CHILDHOOD CENTER**

1417 West Braddock Road, Alexandria, VA 22302

703-998-4170 www.bsscva.org

"To create an educated community to serve Christ and one another with integrity and respect."

Katherine Chelak, principal



...and so does our NURSERY!

*Sundays, during the 9 & 11 a.m. Masses
 in the ECC of the school. Adult supervision of your children.
 They play so you can pray! Come & give us a try!*

Pray for the Sick of the Parish

MARIA JUAREZ ASCENCIO, JUDY BOWMAN,
 J. COLLINS, ZACHARY DOYLE, DOLORES GOETZ,
 MICHAEL HART, PATSY LAYER, NOREEN LOPEZ,
 FRANK McDERMOTT, BRUCE & MARY MILLER,
 DONNA RAFFAELE, NORMA RAFFAELE,
 IRVINE RODRIGUEZ, HARRY THOMPSON, Jr.,
 TIMOTHY TOBIN, MAUREEN WAHL,
 VINCE WHITMORE, ANGELA WILSON,
 BONNIE WOODS.

(Please call the parish office with additions & deletions)



If you have ever wanted to read the Bible all the way through, join us every week! We will read for an hour straight each session, and Fr. Carrier

will remain afterwards to answer questions - the goal is to read the Holy Scriptures in a year. We will use the Revised Standard Version (RSV) Catholic Edition for the reading, but bring whatever bible you have and read along.

**Tuesday evenings, 7:00 p.m. PARISH CENTER or
 Wednesday mornings, 9:15 a.m. DAILY CHAPEL**
(Drop-in: No registration)

Detailed materials provided, but **Bring your Bibles!**

Questions? email: mfcaime@cs.com

ALSO: Visit **Fr. Carrier's** blog ~
sanctiscriptores.blogspot.com

MASS INTENTIONS**SUNDAY, SEPTEMBER 17 - 24th SUNDAY IN ORDINARY TIME**

7:30 am ~ **Mass for the People**
 9:00 am ~ **Patrick & Marie Walsh+** (Family)
 11:00 am ~ **George & Dulcie Waas+** (Sharnica DeSilva)
 12:30 pm ~ **David Ruth+** (Mary Ruth)
 2:00 pm ~ **Porfirio & Maria Santos Jimenez+** (Ana Rosa)
 5:00 pm ~ **Edwin Ayer Sheridan III+** (Art Bennett)

MONDAY, SEPTEMBER 18 - Weekday

6:30 am ~ **John Rebstock+** (John & Elizabeth Chimento)
 8:30 am ~ **Virginia Halpern+** (Kendall Family)

TUESDAY, SEPTEMBER 19 - Saint Januarius

6:30 am ~ **Susan Hurley+** (Malnak Family)
 8:30 am ~ **Alys Krisman+** (Bud & Connie Hart)

WEDNESDAY, SEP. 20 - Sts. A. Kim Tae-gön & P.C. Ha-Sang

6:30 am ~ **Peter Plastow+** (Rosalie Gilroy)
 8:30 am ~ **Jim McAtee+** (Shendy McAtee)

THURSDAY, SEPTEMBER 21 - Saint Matthew, Apostle

6:30 am ~ **Emma & Ivar Lindstrom+** (Amanda Stuhldreher)
 8:30 am ~ **For the Welfare & Intentions of Pope Francis**

FRIDAY, SEPTEMBER 22 - Weekday

6:30 am ~ **Marie Mularski+** (Angie Giuseppe)
 8:30 am ~ **Marian Paul+** (Laura Paul)

SATURDAY, SEPTEMBER 23 - Saint Pius of Petrelcina

8:30 am ~ **Marie Aarhus+** (R E Aarhus)
 5:00 pm ~ **Michael White+** (Channy & Michelle White)

SUNDAY, SEPTEMBER 24 - 25th SUNDAY IN ORDINARY TIME

7:30 am ~ **Madeline & Armand Capitanio+** (Louis Capitanio)
 9:00 am ~ **Mass for the People**
 11:00 am ~ **Spec Int - Maria Crawley**
 12:30 pm ~ **Spec Int - Ricky Cosme** (Irma Cosme)
 2:00 pm ~ **Souls in Purgatory+** (Lana Sarrantonio)
 5:00 pm ~ **Joaquito Rovira+** (Longo Family)

**Please join us in prayer as we ask for God's guidance
& protection of troops, law enforcement,
EMT's, firefighters, healthcare workers or anyone
serving in harm's way.**



(Please call the parish office to include or delete a name.)

Ryan Barnett, Michael Bouffard, Jason Brooks,
 Macine Browning, Joseph R. Byrns, Nicholas
 Cale, Adam Conlan, Robert Corso, Analee
 Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno
 Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C.
 Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Joshua
 Hindenburg, Faith Holman, David Jordan, Jonathan Jordan, Matthew
 Kitzerow, Steven Kitzerow, James Kunder, Allison Landsman, Joseph
 Lim, Christopher Love, Alexa Mastrostefano, Grace McCaffery, Sam
 Mills, Timothy Mills, Lisa Mullaney, Hanna Porterfield, Gray Posey,
 Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Ryan
 Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman,
 Michael Voigt, Abby Warden, Thomas Warring.

Readings for the Week**Sunday, September 17th, 24th Ordinary:**

Sir 27:30-28:7 Ps 103:1-2, 3-4, 9-10, 11-12
 Rom 14:7-9 Mt 18:21-35

Monday: 1 Tm 2:1-8; Ps 28:2, 7-9; Lk 7:1-10**Tuesday:** 1 Tm 3:1-13; Ps 101:1b-3ab, 5-6;
Lk 7:11-17**Wednesday:** 1 Tm 3:14-16; Ps 111:1-6; Lk 7:31-35**Thursday:** Eph 4:1-7, 11-13; Ps 19:2-5; Mt 9:9-13**Friday:** 1 Tm 6:2c-12; Ps 49:6-10, 17-20; Lk 8:1-3**Saturday:** 1 Tm 6:13-16; Ps 100:1b-5; Lk 8:4-15**Sunday, September 24th, 25th Ordinary:**

Is 55:6-9; Ps 145:2-3, 8-9, 17-18;
 Phil 1:20c-24, 27a; Mt 20:1-16a

**Saint Joseph,****Pray for Us and Pray for Our Priests**

Pray for the defense, advocacy & protection of priests.

Let us pray each day for a priest of the diocese

Sunday, 09/17 - Rev. Denis M. Donahue

Mon., 09/18 - Rev. Jeb S. Donelan

Tuesday, 09/19 - Rev. Alexander R. Drummond

Wednesday, 09/20 - Rev. Paul L. Dudzinski

Thursday, 09/21 - Rev. Michael R. Duesterhaus

Friday, 09/22 - Rev. David A. Dufresne

Saturday, 09/24 - CH (LT) Luke R. Dundon

FRIDAY**EUCCHARISTIC ADORATION**

Visit with our Lord in the Blessed
 Sacrament on **Fridays**. Come to pray any
 time, but mid-day & afternoon visits are
 most needed.

The **Daily Chapel** is open from

Exposition at 9 a.m. until

Benediction & Reposition at 5 p.m.

(Please notify the parish office if the chapel is empty and you have to leave.)

Please prayerfully consider spending just one hour in prayer.

Please **CALL Jenny Grover (202) 669-7214** to choose a time,
 and/or see the sign-up sheet outside the Daily Chapel

Also... if you are a regular adorer, and know you will be gone at any
 time, please call Jenny to let her know. **Thank you!**





Offertory Collection ~ Thank you!

Our Offertory Collection including *FaithDirect* of *September 3rd* was \$40,060.13

We also received \$267.00 - *Poor Box*, \$15.00 - *Building Repairs Fund*,
\$36.00 - *Quinn School Endowment*, \$108.00 - *Senior Health Ministry*,
\$21.00 - *Assumption of the BVM Holy Day*,
\$459.00 - *Weekly Votive Candles*, \$838.00 - *Catholic University of America*,
\$5,839.00 - *Maui Wildfire Relief Fund*.



www.FaithDirect.net ~ Our church code: **VA 12**.

Your **ONLINE** gifts through **FaithDirect** will help our parish finances throughout the year.

Stewardship Reflection, September 17, 2023, 24th Sunday in Ordinary Time

"For if we live, we live for the Lord, and if we die, we die for the Lord; so then, whether we live or die, we are the Lord's"
~ Romans 14:8

This is the essence of stewardship -- everything we have and everything we are is a gift from God.

We aren't "owners" of anything, we are merely "stewards" of the gifts
that God has given us, especially our very own lives.

Pray to God, daily, and ask Him how He is calling you to live the life that He intended for you.



Take advantage of the rich resources of FORMED.ORG

You can enjoy all the offerings available without creating an account. **Formed** is now accessible to every parishioner by simply using our custom URL:
<https://blessedsacramentcc.formed.org> (code: nr1029)

Your Chance to Help Refugee Families

Catholic Charities Migration and Refugee Services seeks your help to secure desperately needed household goods for our new arrivals. Donations directly benefit refugees settling inside our Diocese by outfitting their apartments with basic household necessities. Using our Amazon Gift Registry (<https://a.co/3CwylQ9>), linens, kitchen, bedding, furniture, or other household items can easily be purchased, as well as additionally collecting these goods at your parish through a donation drive. More information, please contact Lourdes Iglesias at 703.719.8971 or lourdes.iglesias@ccda.net



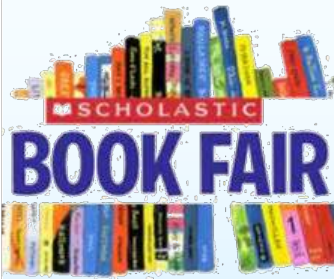
Interested in becoming Catholic? Want to learn more about your faith?

RCIA could be the program for you. See the website &/or please contact **Susan Doyle** ~ sdoyle@bscva.org

Catechists needed! Did you know that the Church's name for those who teach the Faith, "catechist," comes from a Greek word meaning "echo?"

Perhaps you are called to echo the Eternal Word in our religious education program. For more information, contact **Susan Doyle** in the parish office or email: sdoyle@bscva.org
Assistants and Monitors also needed!





*Please support Blessed
Sacrament School
and take care of
some early
holiday shopping!
(School Library)*

(TODAY) Sunday, September 17th: 8:30 am - 2:30 pm

FAMILY NIGHTS

Tuesday,

September 19th: 6:00 - 8:00 pm

Wednesday,

September 20th: 6:30 - 8:30 pm

Magnificat Women's Group



*A scripture study for women on the virtues and how they
help us draw closer to the Lord in everyday life.*

This **Fall** we will study and discuss scriptural teaching
and the wisdom of the saints in

"Courageous Virtue:

A Bible Study on Moral Excellence for Women"

by Stacy Mitch.

Our first of eleven (11) sessions will start **Monday, Sept. 25th**
in Quinn Hall, from 9:00 am - 10:30 am for the morning group &
7:00 pm - 8:30 pm for the evening group.

The first 15 minutes is social time.

The fee for the Fall Session is \$20 that includes all supplies.
The fee for the Spring Session is \$30 that includes all supplies.

The combined fee for both sessions is \$50.

Register on the **"GROUPS"** tab on the parish website.

Payment is accepted via **FaithDirect**, cash or check, please.

You may pay at the parish office or at the first session.

(Scholarship support is available by contacting Susan Doyle
at sdoyle@blessedsacramentcc.org who can register you.)

If you have any questions, please email us at
magnificatbscc@gmail.com

In the **Spring**, we will study

"Jesus: The Way, The Truth, and the Life"

by Marcellino D'Ambrosio, Jeff Cavins, & Edward Sri.

With videos and close examination of scripture, this study explores the
entirety of Jesus' life — who he is, what he is really like, what he taught, what
he did for our salvation, and what all of this means for us as Catholics today.

Sessions will run late January through early May.



St. Martin de Porres Senior Center Open House

You are invited to our open house to welcome back
seniors, who reside in the City of Alexandria, on
Wednesday, September 20th ~ 9:30 a.m. - 12 p.m. at
4650 Taney Ave., Alexandria, VA 22304. **See the new
center and check our activities!** To reserve your space,
contact maria.mellor@ccda.net or call 703-751-2766.

Mass for Marriage Jubilarians

*Celebrating a **Golden** or **Silver** Wedding Anniversary
this year? Were you married in **1973** or **1998**?*

Then join Bishop Michael Burbidge for the **2023 Mass for
Jubilarians** to be celebrated on Sunday, October 15th, at
3 p.m. at St. Agnes Catholic Church in Arlington, VA.

Call Marie in the Parish Office to register
by Friday, September 29th.

For more info, visit www.arlingtondiocese.org/MJM

Diocesan Pilgrimage to Emmitsburg

Join Bishop Michael F. Burbidge and our diocesan family on a
pilgrimage to the National Shrine of Saint Elizabeth Ann Seton &
the National Shrine Grotto of Our Lady of Lourdes, Emmitsburg,
MD, on Saturday, October 7th (Feast of Our Lady of the Rosary),
from 9 a.m. - 3 p.m. The day will feature a talk on Saint Elizabeth
Ann Seton, Mass, procession to the Grotto cave with recitation of
the Holy Rosary and Eucharistic Adoration.

The two shrines within this pilgrimage are at separate locations
and require a 6-minute drive.

Transportation to Emmitsburg is not provided.

For more information please visit:

<https://www.arlingtondiocese.org/pilgrimage-emmitsburg/>

Blessed Sacrament CYO Fall Sports Registration is now open!!

Any child in Grades 3-8 who is either enrolled in Blessed Sacrament
CCD or in Blessed Sacrament School is invited to participate in

Cross County, Tennis and Track & Field.

Teams practice at least once a week

and matches/meets are on Sat. or Sundays.

Fees (per child) are \$40 for **Cross Country**,
\$45 for **Tennis**, and \$30 for **Track & Field**.

(Player fees cover facility rentals and uniforms).



Family Registration: <https://backoffice.sportspilot.com/register/family/default.asp?asoid=106527>

Mobile Registration: <https://reg.sportspilot.com/106527>

The registration deadline is Oct. 23.

For more information go to: [Catholic Sports/NVJCYO\(arlingtondiocese.org\)](http://CatholicSports/NVJCYO(arlingtondiocese.org))



Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

MEETING: THURSDAY, OCTOBER 5th ~ 7:00 pm ~ MEETING ROOM / PARISH LIBRARY

We continue our work on lap blankets, baby blankets, prayer shawls, hats & scarves. Thanks to our anonymous crafters! We have yarn if you need it. Drop-off your hand-made donations at the parish office any time.

Questions? Call Lana at 703-299-8389 (or email Marie at mniernberger@bscva.org)



BLESSED SACRAMENT 39+ SINGLES: Contact: Tom Palumbo - tomtal1@verizon.net 703-313-8388

PRIME TIME SINGLE CATHOLICS (PTSC): We are a social group, mostly 60 and over. Meet us for: Lunch on Thursdays.

(40 to 59? Ask about our free associate-member group.)

For details, visit our website: bit.ly/ptsc

Questions or to RSVP, email Tom at ptscnva@gmail.com

BRIDGE on TUESDAYS at the PARISH CENTER ~ 12 Noon to 3 pm

Contact Ann Corro for more information (703) 370-3664

LINE DANCING on MONDAYS in QUINN HALL ~ 1:30 p.m., no experience necessary!

SAINT MARTIN de PORRES SENIOR CENTER ~ 4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome! Daily activities & lunch. Transportation will be provided, but you must RSVP ~ **Call 703-751-2766**

SENIOR SERVICES of ALEXANDRIA (SSA) ~ Join "SSA Connection" to get a weekly email with the latest videos, information on activities & services, TED Talks, recipes & much, much more for Seniors in Alexandria! Email to: communications@seniorservicesalex.org



Fun for Seniors



Blessed Sacrament Seniors Health Ministry

Join us & learn ways to improve your **BALANCE, STRENGTH & FLEXIBILITY**

Safe Exercise, Low (No) Impact, Certified Instructor

Wednesdays ~ 9:30 - 10:30 a.m. Quinn Hall

Come anytime you can ~ Continuous Instruction ~ No Cost (donations gratefully accepted)

Calling all moms!

A new group for mothers of young children (including infants) is forming.

Join us to pray the Rosary on Thursday mornings -- kids play, moms pray!

Thursdays, 9:30 a.m. in the Little Marian House (next to parish staff parking, 1601 West Braddock Rd)

Please contact Susan Doyle ~ sdoyle@bscva.org or call the parish office for info.



Expectant moms (and dads): How can we help you?

We are forming a **Visitation Ministry** to serve mothers for the first 40 days after birth by bringing meals, running errands, babysitting older children, etc.

Contact Maureen Tovey at (734) 395-0862 or tovey.maureen@gmail.com

OR...are you someone who would like to serve in our **Visitation Ministry**? Contact us!



MEN'S GROUP ~ All men of the parish are welcome!

Join us on **Saturday mornings**

Open for hot breakfast @ 6:30 a.m. ~ Program @ 7:00 a.m. ~ QUINN HALL

Questions? bsmensgroup@gmail.com

Join us whenever you can to grow in faith, fraternity & fellowship!



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

E-membership in the Knights of Columbus for eligible Catholic men (age 18+) is available.

Visit <https://www.kofc.org/secure/en/join/join-the-knights.html> to learn more. Potential members also can send an email to gk11947@vakofc.org or call the Parish Office and leave a message. A Knight will return your call. **Vivat Jesus!**



DONUT SUNDAY 2nd & 4th Sundays (usually!)

Join us in QUINN HALL after morning Masses for fresh Donuts, Coffee, Juice & Fellowship!

Donations used for our High School Scholarship Fundraising ~ Please be generous!



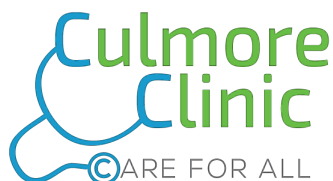
"Forming adults and families to serve and partake in the works of mercy."

COMMISSIONED BY CHRIST

www.commissionedbychrist.org CBC is a ministry within the Catholic Diocese of Arlington that organizes LOCAL & OVERSEAS & VIRTUAL mission trips for families and adults. **VIRTUAL EVENTS NOW!**

Mission Trip for Young Adults ~ The Diocese of Arlington Young Adult Ministry is partnering with CBC to offer a Mission Trip for Young Adults to Piura, Peru. It is often by being sent on Christian service that a person's faith life becomes a much more tangible and important part of who they are. Join other young adults from around the diocese **February 28 - March 2, 2024** on a transforming journey serving the Catholic mission parish Santísimo Sacramento.

For more information and to sign up, visit the website at www.arlingtondiocese.org/young-adult-ministry/mission-trip-for-young-adults/



Culmore Clinic, a non-profit, interfaith healthcare clinic in Bailey's Crossroads, seeks medical professionals and multi-lingual individuals interested in volunteering to support the delivery of compassionate care to vulnerable adults, *Licensed Physicians, Nurse Practitioners, Physicians Assistants, Nurses, Medical Assistants, Counselors, Social Workers, and Nutritionists* as well as *language interpreters (Spanish, Arabic, Vietnamese)* are needed. Please contact **Culmore Clinic** at info@culmoreclinic.org
More information available at www.culmoreclinic.org



The CARPENTER'S SHELTER BAG LUNCH PROGRAM

Next Delivery: Sunday, OCTOBER 8th

Individuals & families are invited to make & donate bag lunches for distribution on the 2nd Sunday of each month to the residents of **The Carpenter's Shelter** in Alexandria. We need a dedicated, monthly crew to insure we have enough to supply the clients lunches for the following week. Items are dropped off on the 2nd Sunday by 10 am to a cart outside Quinn Hall.

Each bagged lunch to include - a sandwich (preferably meat and/or cheese with **NO** dressing), a dessert & a piece of fruit.

Donations of bulk items are also welcomed.

Please call to sign up or with questions - Lana at 703-299-8389 Thank you!



Blessed Sacrament Carpenter's Shelter Monthly Dinner Program

Blessed Sacrament parishioners provide dinner for the residents of **The Carpenter's Shelter** the third Monday of every month. A menu is set and a sign up genius request is emailed asking for volunteers to cook or buy the food and drop it off at the Shelter. Volunteers to help serve the dinner are also needed.

If you are interested in volunteering please send your email address to mbbersani@outlook.com You will receive a monthly request where you can sign up to provide food and or be a server. Any questions please contact **Maribeth** at 703-346-5778. **Thank you!**



Mother of Light Center www.motheroflightcenter.com

421 Clifford Ave., Alexandria, Mon.-Sat., 10 am-2 pm. (703) 850-6701 Email: motheroflightcenter@gmail.com

Bring Love! Service Opportunities ~ Are you looking for a way to serve your community during Lent, and beyond? Join us in our mission to serve the needy in our diocese. We are seeking volunteers to help with feeding the hungry, clothing the naked, caring for the sick and welcoming the newcomer. Visit <https://volunteer.cdda.net> for a current listing of opportunities to serve.



ALIVE!, Inc. NEIGHBORS HELPING NEIGHBORS! www.alive-inc.org 703-837-9300

Follow ALIVE! on Facebook and Instagram: [@alive4alexandria](https://www.facebook.com/alive4alexandria) and Twitter: [@ALIVE4AlexVA](https://twitter.com/ALIVE4AlexVA)

Questions? Email our Blessed Sacrament rep: BSCCAlive@gmail.com

Interested in volunteering? Sign up online: <https://www.alive-inc.org/we-need-volunteers-alexandria-va/>

StepALIVE! Walkathon 2023: Action to Help Our Neighbors in Need

Mark your calendars: **StepALIVE! 2023** will take place at **2 pm on Sunday, October 15th ~** All proceeds from this 5 mile or 5k walk will be used to support our neighbors in need seeking food, shelter, and emergency financial assistance for rent and other basic needs. **BLESSED SACRAMENT** is forming a team to participate in this event. Please join with other members of the congregation to get some fresh air and exercise while raising money for a great cause. To register for the event, go to the parish website for a link or go to stepalive.org and look for the name of our team, **BLESSED SACRAMENT**.

For more information, to register, or to donate, go to stepalive.org. All registrants will receive an event T-shirt.



RESPECT LIFE

Helpful Resources: www.arlingtondiocese.org
www.usccb.org (~search~) "religious liberty"
www.vacatholic.org (Virginia Catholic Conference)
 #WhyWeMarch MarchForLife.org

40 DAYS FOR LIFE ~ 40DaysForLife.com www.PrayForLife.org

GABRIEL PROJECT: Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: www.arlingtondiocese.org/gpavolunteer

PROJECT RACHEL: Share the good news of God's merciful love post abortion.

Project Rachel can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or www.helpafterabortion.org

'FIRST SATURDAY' Rosary Team Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility? Please join the prayer team every First Saturday to pray the rosary at 10:30 am at Falls Church facility at 900 S. Washington Street, Falls Church, VA. For inquiries, Amy McInerney at (703) 841-3817 or respectlife@arlingtondiocese.org

ROSARY for LIFE

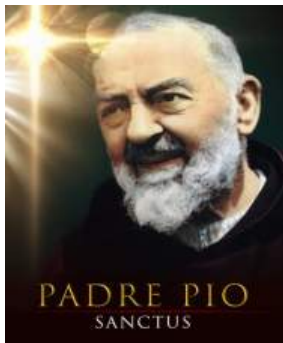
Every Saturday ~ around 9-9:15 am ~ women's clinic at 2839 Duke St (near Bishop Ireton H.S.) ~ Our "turn" to lead is 2nd Saturday of the month.

PRAISE and WORSHIP HOLY HOUR

Join us for prayer, praise and worship on the **2nd Tuesday of each month**, at St. Leo the Great Catholic Church in Fairfax from 7:30-8:30 p.m. Prayer along with music. Special intention will be for the conversion & healing in families. The Sacrament of Reconciliation will be available. All are welcome. Watch livestream at: arlingtondiocese.org/healingandconversion

FREE Ultrasound Exam COUPON

Pregnant (or think you might be) and considering abortion? Please call or text 703-946-3077 to schedule your free ultrasound today with **ABC Women's Health and Ultrasound Center**. If you need a ride we can help with transportation. Se habla español. Visit abcwomenshealth.com. This coupon is valid for one free ultrasound. Limit one per client.



SAINT PADRE PIO PRAYER GROUP of Northern Virginia

Meets at 2:30 p.m. ~ 4th Sunday
of every month ~ Daily Chapel.

Fr. Mark Carrier, Chaplain

Please call the Parish Office
for more information. (703) 998-6100



St. Monica, diamond of unwavering faith, pray for us!

It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus. St. Monica is patroness & powerful intercessor.

~ Join us today, & everyday, along with 130+ petitioners as we pray for the return of fallen-away Catholics;

~ Unite your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers');

~ Pray! Greg Golubin 202-437-1274



Listen to **CATHOLIC RADIO** **WMET 1160 AM**
and via the (free) Ave Maria Radio APP! Visit:
www.grnonline.com

Weekly Diocesan TV Mass 10:30 & 11:00 am Sundays on
Channel 50 (WDCW) Other Masses on Cable & Satellite stations:

6:30 am on UPTV (Passionist Fathers)
& 8:00 am, Noon & 7:00 pm on EWTN



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Victim Assistance Program for Those Sexually Abused as a Minor ~ The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process.

For further information, call (703) 841-2530 Or visit: www.arlingtondiocese.org/Child-Protection/



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President Gerald R. Ford & family mementos

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Free the Slaves ~ A call for support for victims of human trafficking in our community ***"An open wound on the body of contemporary society."*** ~ So says Pope Francis on human trafficking - also known as modern slavery. 50 million people around the world are held in human trafficking, made to work through force, fraud, or coercion. January is national human trafficking prevention month, and the community of Blessed Sacrament can take action to spread the word and raise awareness. Victims of human trafficking in our community need help and support in mental health, shelter, foods, health care and other basic needs.

Free the Slaves has tools to help: <https://freetheslaves.net/take-action/how-to-take-action-2/>

Contact **Free the Slaves** at info@freetheslaves.net to learn how you can help raise awareness in the community this month!
See the Arlington diocese's official statement on human trafficking here: <https://www.youtube.com/watch?v=Nb0JwT0sFh8>

Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox.

Sign up at: arlingtondiocese.org/email



Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203 Contact John French john.french@arlingtondiocese.org or (703) 841-3819



Find Heaven in Your Home

Did you know that putting your Catholic faith at the heart of family life makes everything else you're worried about come together?

So don't wait any longer! Check out Trinity House Community's free workshop, letters, & other tools for living out your Catholic faith in a well-run & joyful home! Co-Directors Soren & Ever Johnson invite you to learn more by visiting trinityhousecommunity.org.

Our Fruitful Love

Resource for Couples struggling with Infertility. The Diocese of Arlington, through the Office of Marriage, Family and Respect Life, has developed a website called Our Fruitful Love to better accompany those suffering infertility and infant loss. To learn more about on-line resources and mentors, or if you would like to share your story, visit: www.ourfruitfullove.com



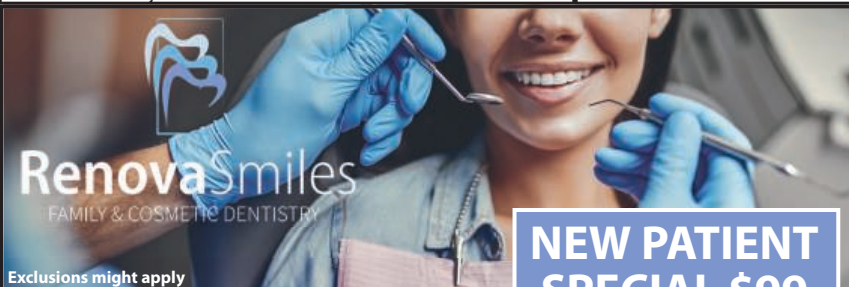
"Sundays with the Sisters" Rejoice Tour 2023 ~ Witness the joy of our religious sisters during the "Sundays with the Sisters" Rejoice Tour 2023! An initiative for the year of preparation for our diocesan jubilee in 2024, the tour will showcase the religious women of our diocese who, like Mary, rejoice in the Lord by their daily surrender. The tour features an event at a different convent each month, bringing together sisters and lay women for prayer and community. The next stop on the tour is the The Adorers of the Holy Cross (English and Vietnamese, October 22). For single women ages 18-50. RSVP by the Monday before each event to vocations@arlingtondiocese.org More info at ArlingtonDiocese.org/RejoiceTour

A Jubilee Journey with Mary ~ Did you know there are 11 churches in the Diocese of Arlington which are named for Our Lady? During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to focus upon Mary and her role in pointing us to Jesus. To this end, Bishop Burbidge has invited all of us to visit as many of those 11 churches as possible and spend time in prayer at each!

Visit www.arlingtondiocese.org/jubileejourney/ for more information about this **Jubilee Journey with Mary!**
We hope that this initiative encourages you to grow in your understanding of Mary & your devotion to her!



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