



The Most Holy Body & Blood of Christ ~ June 14, 2020

Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302

PARISH OFFICE: 703-998-6100

Hours: Mon-Fri, 9 am - 3 pm

PARISH WEB SITE: www.blessedsacramentcc.org

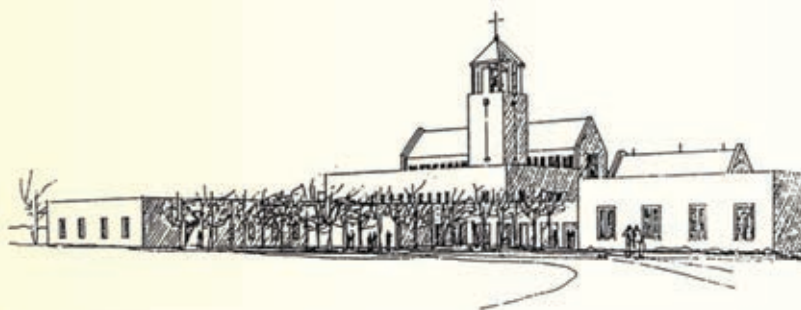
E-MAIL: parish_office@bscva.org

FACEBOOK: <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

INSTAGRAM: @blessed_sacrament_youth

DIOCESE OF ARLINGTON:

www.arlingtondiocese.org



SUNDAY MASSES: Church

Vigil Mass on **Saturday:** 5:00 pm

Sunday: 7:30, 9:00*, 11:00*, 12:30 pm, 5:00 pm

Sunday in Spanish: 2:00 pm

***NURSERY:** During 9 & 11 am Sunday Masses;
(Walking to age 6. Early Childhood Center (ECC) of School)

WEEKDAY MASSES: Church

Monday - Friday, 6:30 & 8:30 am

Saturday, 8:30 am only

SACRAMENT OF RECONCILIATION:

Daily Chapel ~ Monday thru Friday, 7am - 8 am

Saturday, 3:30 - 4:30 pm (except Holy Saturday)

Spanish Community, Sundays, 1:15-1:45 pm

ROSARY: Monday - Saturday, 8:00 am: Church
Last Sunday of the month, 10:30 am: Daily Chapel

PARISH CLERGY: Rev. John D. Kelly, Pastor

Rev. Mark Carrier, Parochial Vicar

Rev. Kevin Dansereau, Parochial Vicar

Rev. Thomas Yehl, Y.A., Parochial Vicar

PARISH STAFF:

John McCrary, Director of Music/Coordinator of Liturgy

Susan Doyle, Director of Religious Education

Mary Walker, Director of Youth Ministry

Marie Niernberger, Bulletin Editor/Liturgical Environment

YOUTH RELIGIOUS EDUCATION (CCD): (September - May)

Grades K-8 classes on Sunday am or Wednesday evening;

Grades 1 & 2 on Monday afternoon. Preschool class, Sunday am.

BAPTISM OF CHILDREN: Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

SACRAMENT OF MARRIAGE: The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

CHRISTIAN INITIATION OF ADULTS (RCIA): Questions? Call parish office or email: sdoyle@bscva.org

PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED: Call the parish office for mention at Sunday Masses.



*My Jesus,
I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.*

Solemnity of the Body and Blood of Christ

Dear Good People of Blessed Sacrament,

Today we celebrate what was formally known as Corpus Christi. This day calls us to reflect upon the gift of the Holy Eucharist and how blessed we are to receive Him despite our unworthiness. Jesus gives us His Body and Blood to be the food for our journey of life that brings us one day please God to the Kingdom of Heaven! During the weeks of the pandemic when we were not able to receive Communion I know so many of you expressed the incredible hunger and loss you felt. May we always cherish, reverence and be grateful for our Eucharistic King who satisfies our hungry hearts!

We also want to wish all our fathers a very happy and joyous week leading up to Father's Day! We thank you for your witness of faithfulness, love and care for your children. May you be treated special today and surrounded by your loved ones. For those of us whose fathers have gone before us marked with the sign of faith, we ask God to rest their good and faithful souls! We cherish our fathers and the role they play in our lives.

It is wonderful to see so many of you again and we look forward to fully opening up in the near future. I thank you again for your patience and understanding as we maneuver around all the guidelines and restrictions. Special kudos to those are who either using the online SignUp Genius® or calling the office to let us know which Masses you will be attending. Our parish staff and cleaning crew are doing an incredible job keeping us safe and clean!

Father Kevin will be leaving us on Thursday, June 25th. We will all miss his gentle and faith filled presence and especially his love for all things baseball! He has had a proud and positive influence on me personally and I am forever grateful for the chance to serve alongside him. The Cathedral of Saint Thomas More is so very fortunate to have him. Our newly ordained Father Guillermo Gonzalez will arrive on the heels of Father Kevin. We welcome him to Blessed Sacrament and I have no doubt that you will make him feel loved and supported as he begins his service to us as the Lord's priest. Welcome Father Gonzalez and thank you Father Kevin!

Your continued generosity and support of our parish is such a comfort to me. Thank you for being there to enable things to continue on. In addition to making our payroll and paying all our bills, we have been able to help numerous people with rent and utility assistance who have found themselves now unemployed. Alive is grateful for all the food and other supplies you so faithfully donate to those less fortunate. God reward you for your love and care for those in need through our poor box outreach!

We continue to pray for peace in our nation and in our world. May the example which Jesus has given us of loving and reverencing each other reign among us. I pray you have a good week and ask God to bless and fill you with joy and gladness!

Lovingly yours in the Lord,

Rev. John Kelly

MASS INTENTIONS**JUNE 14 - CORPUS CHRISTI**

7:30 am ~ **For the Welfare & Intentions of Pope Francis**
 9:00 am ~ **Joe Talomie+** (Angie Giuseppe)
 11:00 am ~ **Marietta Wenderoth+** (John Wenderoth)
 12:30 pm ~ **Juan Romero+** (Roxana Cunha)
 2:00 pm ~ **Priest's Intention**
 5:00 pm ~ **Mass for the People**

MONDAY, JUNE 15 - Weekday - Eleventh Week in Ordinary Time

6:30 am ~ **Frances Chalmers Fletcher+** (Valerie Garcia)
 8:30 am ~ **Patrick Bilder+** (Jack Barrett)

TUESDAY, JUNE 16 - Weekday

6:30 am ~ **Spec Ints of Ashley Felock** (Monika Felock)
 8:30 am ~ **Adam Kasold+** (Kasold Family)

WEDNESDAY, JUNE 17 - Weekday

6:30 am ~ **Peter Stackhouse+** (Valerie Garcia)
 8:30 am ~ **Josephine Fay & Julie, Jaxon & Scarlett Smith+** (S Tressler)

THURSDAY, JUNE 18 - Weekday

6:30 am ~ **Bishop Anton Justs+**
 8:30 am ~ **Natalia Rose Lopez+** (Carlos & Vanessa Taja)

FRIDAY, JUNE 19 - The Most Sacred Heart of Jesus

6:30 am ~ **For the Welfare & Intentions of Pope Francis**
 8:30 am ~ **Spec Ints of Bridget Miller** (susan Doyle)

SATURDAY, JUNE 20 - The Immaculate Heart of the BVM

8:30 am ~ **Special Intentions** (Angie Giuseppe)
 5:00 pm ~ **Jim R Rosenbloom+** (John & Ellen Farnham)

SUNDAY, JUNE 21 - TWELFTH SUNDAY IN ORDINARY TIME

7:30 am ~ **Jose Marquez+** (Mary Kilkenny)
 9:00 am ~ **Mass for the People**
 11:00 am ~ **Michelle Harrison+** (John Wenderoth)
 12:30 pm ~ **Veronica Sparks+** (Deborah McDonald)
 2:00 pm ~ **Allen Jarnot+** (Julene Jarnot)
 5:00 pm ~ **Paul Chase+** (Daria)

Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, or anyone serving in harm's way.

Cole Barry, Ryan Barnett,
 Brandon Bert, Michael Bouffard,
 Jason Brooks, Richard W. Brown,
 Macine Browning, Joseph R.
 Byrns, Cady Byrnes, Tim Byrnes,
 Andrew Berrigan, Nicholas Cale,
 Adam Conlan, Robert Corso,
 Analee Cuellar, Nathalia Cuellar,
 Bradley Cundari, Matthew
 Cundari, Nuno Cunha, Richard
 Demarais, Dennis Donley,
 Maddy Dooley, George C. Fletcher,
 Nicholas Fletcher,
 Tommy Gadell, Victor Gaetan,
 Joshua Hindenburg, Faith
 Holman, David Jordan,

Jonathan Jordan, Matthew
 Kitzerow, Steven Kitzerow,
 Allison Landsman, Christopher
 Love, Grace McCaffery,
 Patrick McGee, Mateo McGrath,
 Sam Mills, Timothy Mills,
 Matthew Mourning, Lisa
 Mullaney, Hanna Porterfield,
 Gray Posey, Thomas Rands,
 Jamie Reynolds, Erik Rogers,
 Mary Severs, Ryan Stancik,
 Jared Steen, Travis A. Stoffer,
 Kyle Thomas, Josh Truman,
 Michael Voigt, Christopher
 Wallace, Abby Warden,
 Thomas Warring.

**READINGS FOR THE WEEK**

Monday: 1 Kgs 21:1-16; Ps 5:2-3ab, 4b-6a, 6b-7; Mt 5:38-42
Tuesday: 1 Kgs 21:17-29; Ps 51:3-4, 5-6ab, 11 and 16;
 Mt 5:43-48
Wednesday: 2 Kgs 2:1, 6-14; Ps 31:20, 21, 24;
 Mt 6:1-6, 16-18
Thursday: Sir 48:1-14; Ps 97:1-2, 3-4, 5-6, 7; Mt 6:7-15
Friday: Dt 7:6-11; Ps 103:1-2, 3-4, 6-7, 8, 10; 1 Jn 4:7-16;
 Mt 11:25-30
Saturday: 2 Chr 24:17-25; Ps 89:4-5, 29-30, 31-32, 33-34;
 Lk 2:41-51
Sunday: Jer 20:10-13; Ps 69:8-10, 14, 17, 33-35;
 Rom 5:12-15; Mt 10:26-33

**FRIDAY
EUCCHARISTIC
ADORATION**

Add a visit with our Lord in the Blessed Sacrament on **Fridays**.
 Come to pray any time, but mid-day & afternoon hours
 visits are most needed.

The **Worship Space** is open
 from **Exposition at 9:00 am** until
Benediction & Reposition at
5:00 pm. (Until further notice)

Please let someone in the parish office know if there is no one else in the church and you have to leave. Thank you.

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out creating an account. **Formed** is now accessible to every
 parishioner by simply using our custom URL:

<https://blessedsacramentcc.formed.org>
 (code: nr1029)

**While we are in "Phase One,"
 PLEASE, CONTINUE TO WEAR FACE COVERINGS
 and ...**

Daily Mass at 6:30 & 8:30 am,
 Monday - Friday & 8:30 am on Saturdays.

Confessions will be heard from 7:00 to 8:00 am week-
 days & 3:30 to 4:30 pm on Saturdays.

The church building will **close** at 8:00 pm,
 Monday - Friday & following 5:00 pm Mass
 on Saturdays & Sundays.

The **Parish Office** will be open Monday - Friday, 9:00
 am to 3:00 pm until further notice.

Call the parish office (703) 998-6100 to sign up for
 Sunday Mass or visit the website,
www.blessedsacramentcc.org



Our Offertory Collection for **May 31st** was \$26,994.18. This **does** include **FaithDirect**. We also received \$75.00 - Poor Box, \$45.00 - Building Repairs, \$250.00 - Quinn School Endowment, \$30.00 - Parish Special Needs, \$100.00 - Diocesan Retired Priests, \$340.00 - Catholic Communications Campaign, and \$24.00 - Arlington Catholic Herald.

(In order to maintain an equitable portion to all our recipients, our **SHARING** distribution has been suspended and will resume as regular collections resume.)

**During this crisis time, you can mail in your weekly offering envelopes to us, put them in the parish office drop box...
...or this is good time to sign up for online giving...**



Visit www.FaithDirect.net and use our church code: **VA 12**. Your gifts through **FaithDirect** will help our parish finances throughout the year.

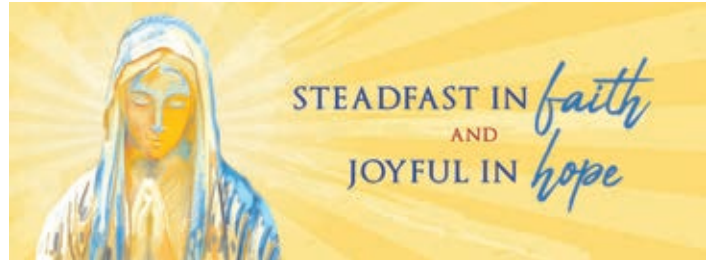


'Searching for More' features interviews and discussions on a range of topics affecting Catholics in today's world.

Guests include clergy, local Catholics, doctors, technology experts, Catholic news anchors,

and even Hollywood actors starring in epic biblical dramas. In addition to interviews, some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese. The podcast is dedicated to the patronage of our diocesan saint, St. Thomas More. **'Searching for More'** joins the **'Walk Humbly'** and **'Catholic Herald'** podcasts as diocesan audio offerings. Visit:

arlingtondiocese.org



Thank you to everyone who contributed to the **Bishop's Lenten Appeal!**

This appeal funds Vocations, Youth Ministry, Catholic Schools, Catholic Charities, Religious Education programs as well as many others. If you made a pledge that is still being paid, you should be receiving monthly reminder statements. You may also go online to make a payment at

www.arlingtondiocese.org

For questions, please call the BLA office at (703) 841-2570



2 BUSY 2 PRAY? Try 2minutes2virtue

Sign up NOW!

www.arlingtondiocese.org/2minutes2virtue



Fr. Mark Carrier updates his blog with reflections on the readings of the day and a prayer.

sanctiscriptores.blogspot.com

Come to the web and explore this careful and devout examination of the Word of God.



RESPECT LIFE

Helpful Resources:

<http://www.arlingdiocese.org.religiousliberty/>
www.usccb.org/issues-and-action/religious-liberty/

www.vacatholic.org (Virginia Catholic Conference)

#WhyWeMarch MarchForLife.org

Gabriel Project: Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: www.arlingtondiocese.org/gpavolunteer

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**Project Rachel:** Share the good news of God's merciful love. **Project Rachel** can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

~~~~~

'First Saturday' Rosary Team

Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?

Please join the prayer team every First Saturday to pray the rosary at 10:30 am at the Falls Church facility located at 900 S. Washington Street, Falls Church, VA. For inquiries, contact Amy McInerney at (703) 841-3817 or respectlife@arlingtondiocese.org



ALIVE!, Inc.

(Alexandrians Involved Ecumenically!)

www.alive-inc.org

703-837-9300

NEIGHBORS HELPING
NEIGHBORS!

Any individual interested in volunteering must register via **Volunteer Alexandria**
<https://www.volunteeralexandria.org/>
 Information on other ALIVE! food programs can be found at

<https://www.alive-inc.org/we-need-volunteers-alexandria-va>

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**Monetary donations are greatly needed & gratefully accepted.**  
**Please visit the website for more information on how to help.**

## Catholic Charities Seeks Medical Volunteers for Free Clinic

Catholic Charities will open a second free medical clinic for poor, uninsured and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The **Mother of Mercy Free Medical Clinic, Woodbridge**, will open at 13900 Church Hill, Woodbridge. Catholic Charities opened the first Mother of Mercy clinic in Manassas in 2017. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed.

To volunteer contact Alexandra Luevano at 703- 335-2779 ext. 15 or [alexandra.luevano@ccda.net](mailto:alexandra.luevano@ccda.net).



## Flexible Volunteer Opportunities ~ MOTHER OF LIGHT CENTER

Help Center  
Del Ray-Alexandria

For as little as 2 hours per month, you can help us at the Center with prayer, sorting & packaging food, clothing, comfort items & spiritual items. You can also go out with trained volunteers to visit & reach out to the poor & homeless individuals as a link to the Center. We also arrange activities for holidays & fundraising events. Get in touch today!

[motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)



## CHRIST HOUSE

131 S. West Street

You can help serve the vulnerable from this Alexandria-based facility.

### \* Daytime Food Pantry Help

\***Thrift Shop Volunteers** - Mondays from 10 am-1 pm and Wednesdays from 1-4 pm (3 hours a week). Help

receive, sort donations and mark; display the items. Provide shopper & clients support.

\***Evening Meal Greeter** needed on Tuesday afternoons from 4-5:30 p.m. We are in need of a volunteer to greet and welcome our evening meal guests and annotate their names in the roster. Assist staff in supervising the guests awaiting the meal. The volunteer needs to be 21 years old and above.

Contact Sr. Annie Juan - [aniliza.juan@ccda.net](mailto:aniliza.juan@ccda.net)



**Victim Assistance Program for Those Sexually Abused as a Minor**

The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. For further information, call (703) 841-2530

Or visit: [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/)

**Thinking of getting a new car?**

Please consider donating your old car to Catholic Charities. We accept working vehicles and give them directly to families in desperate need of transportation. We also accept non-operational vehicles to fund our volunteer programs. We handle the paperwork, you receive the IRS donation receipt. To donate, please call 703-841-3898 or email [cars@ccda.net](mailto:cars@ccda.net)

**I AM THE LIVING BREAD**  
which came down from heaven:  
*if any man eat of this bread,*  
**he shall live for ever**

JOHN 6:51

Jesus has given us His Body to eat and His Blood to drink so as to nourish us on our journey towards Heaven. All are called in Christ, but some are chosen to nourish with His body as priests and in the consecrated life. Could you be among them?

Call Fr. Michael Isenberg at (703) 841-2514 or write:  
[michael.isenberg@arlingtondiocese.org](mailto:michael.isenberg@arlingtondiocese.org)

THE WALK  
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Sign up to receive weekly podcasts on timely subjects & reflections by Bishop Burbidge ~ [arlingtondiocese.org](http://arlingtondiocese.org)

**Bishop Burbidge's Homilies Online**

Want to hear relevant, pastoral inspiration from our Shepherd? Homilies are posted weekly on the diocesan YouTube page.

[Youtube.com/arlingtondiocese](https://Youtube.com/arlingtondiocese)

**Congratulations Class of 2020**

Sara Admete • Charlotte Benson • Patrick Carpenter • Ava Cully • Sara Fenimore • Jack Garlock  
Stephen Harrington • Charlotte Hrobsky • Bobby Huerter • James Johnson • Chloe Kaczmarek  
Will Keller • Walker Kopp • Mary Grace Long • Emma Markey • Franklin Pizanti • Daniela Salinas  
Heather Schofield • Maura Schroder • JB Stremple • Kurt Voelker • Bridget Wendling • Madeline Wojciak



**The listings below are for "evergreen" groups at Blessed Sacrament.  
Please use the contacts for information about meetings or other ways the groups  
are staying in touch during the Covid-19 quarantine.**



### **Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry**

**MEETING: TBD**

7-8 pm, Parish Center

Questions? Call Lana at 703-299-8389

We continue to work on lap blankets, baby blankets & prayer shawls. We have yarn if you need it. Drop-off your hand-made donations at the parish office any time. **Thanks!**

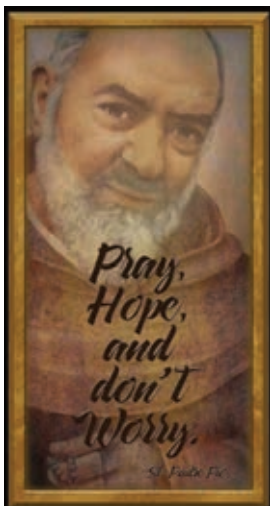
(NOTE: In case of inclement weather or other emergency, we follow Alexandria City & Public Schools closure policy.)



### **St. Monica, diamond of unwavering faith, pray for us!**

It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus. St. Monica is patroness & powerful intercessor.

~ Join us today, & everyday, along with 130+ petitioners as we pray for the return of fallen-away Catholics; ~ **Unite** your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers'); ~ **Pray!** **Greg Golubin 202-437-1274**



### **The SAINT PADRE PIO PRAYER GROUP of Northern Virginia**

Meets at 2:30 p.m. on the 4th Sunday of every month in the Blessed Sacrament Church Daily Chapel.

Need more info?

Art ~ 571-236-6080 or  
sanpio@comcast.net

### **SENIORS & RETIREES!**

#### **LINE DANCING** ~ All are Welcome!

Low impact - we'll teach you the steps! Join us on Mondays, 1:30-2:30 pm, Quinn Hall. Call parish office for info.



#### **At the Parish Center ~ TUESDAYS**

**CANASTA** 9:30 am -12:30 pm

**BRIDGE** 12 - 3 pm

Contact: Stella Perry (703)751-8429

Or Ann Corro (703)370-3664

### **SAINT MARTIN de PORRES SENIOR CENTER**

4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome!

Daily activities & lunch. Transportation will be provided, but you must RSVP. Call 703-751-2766



### **Have you thought at times that you would like to do a little more for God?**

Please come to our meeting to find out about how, with the help of the Holy Spirit, you can help Jesus and Mary!

### **The Legion of Mary**

Thursdays ~ 7:15 pm ~ Meeting Room

Information? email: [LegionofMaryBlessedSacrament@gmail.com](mailto:LegionofMaryBlessedSacrament@gmail.com)

### **Blessed Sacrament 39+ Singles**

Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388



### **PRIME-TIME SINGLE CATHOLICS**

PTSC serves single Catholics 40 and over. **Meet us for:** Lunch (every Thursday) For details, see our website: [bit.ly/ptsc](http://bit.ly/ptsc)

For questions or to **RSVP**, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Have questions about our Knights of Columbus Council? Email [gk11947@vakofc.org](mailto:gk11947@vakofc.org) or call the parish office, 703-998-6100, leave contact information & a Knight will return your call.

For more information about the Knights of Columbus, visit [KofC.org](http://KofC.org)



### **All men of the parish are welcome!**

Saturdays ~ 7:00 - 8:30 am ~ QUINN HALL (Breakfast - opens at 6:30 am)

Questions? [timothygoobic@gmail.com](mailto:timothygoobic@gmail.com)

Join us whenever you can!





### ***Entrustment to Our Lady in the time of pandemic***

O Mary, you shine continuously along our journey  
as a sign of salvation and hope.

We entrust ourselves to you, *Health of the Sick*,  
who at the Cross were near to the pain of Jesus, keeping your faith firm.  
You, *Salvation of the Roman people*, know what we need, and we trust that  
you will provide for those needs so that, as at Cana of Galilee, joy and cele-  
bration may return after this moment of trial.

Help us, *Mother of Divine Love*, to conform  
ourselves to the will of the Father and to do what Jesus tells us, He who  
took our sufferings upon Himself, and took up our sorrows to bring us,  
through the Cross, to the joy of the Resurrection. Amen.

***We seek refuge under your protection, O Holy Mother of God. Do not  
despise us our pleas - we who are put to the test - and deliver us from  
every danger, O glorious and blessed Virgin.***

(Pope Francis, in a video audience from Rome, 11 March 2020)



### ***Weekly Diocesan TV Mass to the Homebound***

**10:30 am** every Sunday on  
**Channel 50 (WDCW)**

This Mass airs for members of  
our Catholic family unable to be  
physically present for Sunday  
Eucharistic Liturgy.



Listen to **Catholic** Radio **WMET 1160 AM**  
**and** via the (free) Ave Maria Radio App!

Visit: [www.grnonline.com](http://www.grnonline.com)

### ***Haven of Northern Virginia***

4606 Ravensworth Road, Annandale, VA 22003

Call 703-941-7000 or email:  
[havenofnova@verizon.net](mailto:havenofnova@verizon.net) or  
[www.havenofnova.org](http://www.havenofnova.org)



**Haven of Northern Virginia** is committed to  
offering support, compassion, information, re-  
sources to the bereaved, seriously ill, the dying, and their family and  
friends. Volunteers offer comfort and support while helping people  
cope with feelings of fear, loneliness and a host of other emotions  
associated with grief.

#### **SUICIDE LOSS SUPPORT GROUP**

1st and 3rd Saturdays of each month ~ 11:00 am - 12:30 pm

### **COMMISSIONED BY CHRIST**

[www.commissionedbychrist.org](http://www.commissionedbychrist.org)



**CBC is a ministry  
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[ArlingtonPodiatryCenter.com](http://ArlingtonPodiatryCenter.com)

Our new Alexandria community is Brandywine Living's  
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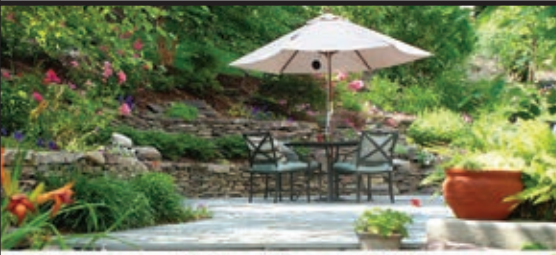
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