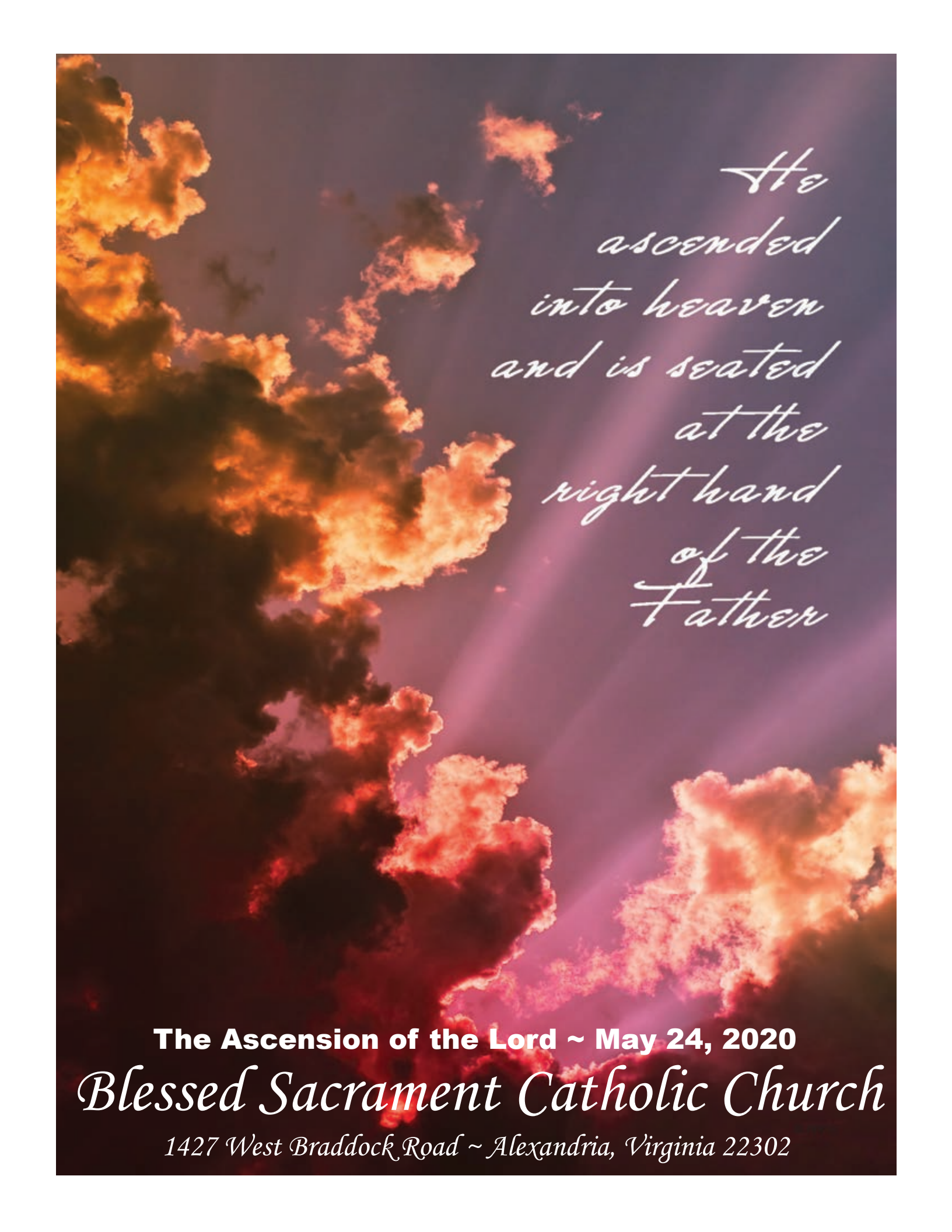


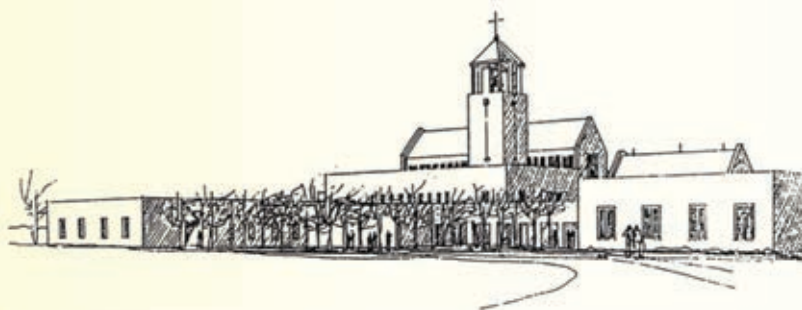


*He
ascended
into heaven
and is seated
at the
right hand
of the
Father*

The Ascension of the Lord ~ May 24, 2020

Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302

PARISH OFFICE: 703-998-6100**Hours:** Mon-Fri, 9 am - 5 pm (closed 12-1), 7 pm - 9 pm; Sunday, 9 am - 12 pm**PARISH WEB SITE:** www.blessedsacramentcc.org**E-MAIL:** parish_office@bscva.org**FACEBOOK:** <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>**INSTAGRAM:** @blessed_sacrament_youth**DIOCESE OF ARLINGTON:**www.arlingtondiocese.org**SUNDAY MASSES:** ChurchVigil Mass on **Saturday:** 5:00 pm**Sunday:** 7:30, 9:00*, 11:00*, 12:30 pm, 5:00 pm**Sunday in Spanish:** 2:00 pm

***NURSERY:** During 9 & 11 am Sunday Masses;
 (Walking to age 6. Early Childhood Center (ECC) of School)

WEEKDAY MASSES: Church

Monday - Friday, 6:30 & 8:30 am

Saturday, 8:30 am only

SACRAMENT OF RECONCILIATION:

Daily Chapel ~ Monday thru Friday, 7am - 8 am

Saturday, 3:30 - 4:30 pm (except Holy Saturday)

Spanish Community, Sundays, 1:15-1:45 pm

ROSARY: Monday - Saturday, 8:00 am: Church
 Last Sunday of the month, 10:30 am: Daily Chapel

PARISH CLERGY: Rev. John D. Kelly, Pastor

Rev. Mark Carrier, Parochial Vicar

Rev. Kevin Dansereau, Parochial Vicar

Rev. Thomas Yehl, Y.A., Parochial Vicar

PARISH STAFF:

John McCrary, Director of Music/Coordinator of Liturgy

Susan Doyle, Director of Religious Education

Mary Walker, Director of Youth Ministry

Marie Niernberger, Bulletin Editor/Liturgical Environment

YOUTH RELIGIOUS EDUCATION (CCD): (September - May)

Grades K-8 classes on Sunday am or Wednesday evening;

Grades 1 & 2 on Monday afternoon. Preschool class, Sunday am.

BAPTISM OF CHILDREN: Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

SACRAMENT OF MARRIAGE: The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

CHRISTIAN INITIATION OF ADULTS (RCIA): Questions? Call parish office or email: sdoyle@bscva.org**PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED:** Call the parish office for mention at Sunday Masses.

*My Jesus,
 I believe that You
 are present in the Most Holy Sacrament.
 I love You above all things,
 and I desire to receive You into my soul.
 Since I cannot at this moment
 receive You sacramentally,
 come at least spiritually into my heart.
 I embrace You as if You were already there
 and unite myself wholly to You.
 Never permit me to be separated from You.
 Amen.*

Dear Good People of Blessed Sacrament,

I pray you are well, healthy and filled with joy as we celebrate the Lord's ascending into Heaven to be with His Father until the Second Coming! Where He has gone, we hope to follow.

During the past two weeks the pastors have had a number of webinars with Bishop Burbidge and his staff about the gradual reopening of our parish churches for the celebration of Mass. While we are overjoyed with this news, we also must follow the continuing decisions and guidelines issued by Governor Northam for the Northern Virginia area.

Bishop Burbidge has stressed how we all need to exercise the virtue of patience as we return to a more normal practice of our faith. ***The obligation to attend Mass on Sundays and Holy Days of Obligation is still lifted. We do not have to attend Mass if we have concerns or hesitations.*** Those who are over the age of sixty-five or who have health issues should seriously consider staying home until the situation improves even more. We want to be together as a Family of God but we also want to use the common sense God has given us!

Unless otherwise announced, we will be celebrating Masses the weekend of May 30 and 31. We will follow our normal Mass schedule but singing will either be limited or eliminated for time considerations. We will limit the number who are able to attend each Mass. This is based on the seating capacity of our church and the 50% limit imposed by the Governor. Again we ask for your cooperation and patience!

Everyone who attends Mass is asked to bring and wear your own face covering and hand sanitizer. The various seating sections of the church will be marked as to how many people can sit in each section. Families may sit together, but be conscious of the six feet distancing from other people. Interior church entrances will be blocked open for adequate ventilation and the church will be cleaned throughout the day. We ask that regardless of which outside entrance you enter from that you proceed to the Gathering Space to enter the nave of the church through the two main set of doors. This way we can assess and control the number of people who enter. You may not get to sit in your 'regular' seat! Patience please!

The windows at the baptistery will be covered temporarily, as we cannot allow people to congregate and attend Mass in the Gathering Space. Thank you for your understanding. The hymnals, daily missals, Mass cards, etc., have all been removed from the church. Hymns will be printed in the worship sheet, and these sheets be recycled after each Mass and new sheets will be set out for the next Mass. During Mass, we also cannot allow anyone to sit in the Reservation Chapel where the Tabernacle is located.

At the present time, only priests will be distributing Holy Communion. Staying six feet apart, you will come down the aisle and stop six feet from the priest. The priest will say "The Body of Christ." You will respond, "Amen" and then come before the priest. He will either place the host in your hand, or you may lift your mask and place the host on your tongue. During this time of transition you may wish to consider receiving in the hand, even if this is not your normal choice. Of course, no one will be refused Communion on the tongue. The priest will pause to purify his fingers after each person who receives on the tongue, and also if they accidentally touch the hand of anyone receiving on the hand. Please allow us to lightly drop the host into your palm. As you cannot receive communion in the hand while wearing gloves, please remove them. We are also advised not to hold hands during the Lord's Prayer, and we will not exchange the Sign of Peace.

I know this is a lot to digest and process, but we want to do all we can to insure the safety of all of you as we try to provide for your spiritual needs. Again we all need to practice patience and kindness toward one another. Please be willing to follow the directions of our parish members who will be guiding us all through these new procedures.

We are so excited to be seeing you again and to be celebrating Mass as our Blessed Sacrament family. Please continue to pray for each other that we may remain safe and healthy and that our transition to a more normal way of worship will go smoothly. God bless and keep you!

Lovingly yours in the Risen Lord,

Rev. John Kelly

MASS INTENTIONS**SUNDAY, MAY 24 - THE ASCENSION OF THE LORD**

- 7:30 am ~ **Mass for the People**
 9:00 am ~ **Adam Stanislawczyk+** (Harrington Family)
 11:00 am ~ **Louise Gramo+** (Mary Dwyer)
 12:30 pm ~ **Howard Bruce Hensley+** (Laura Genero)
 2:00 pm ~ **Beverly Jo Lepley+** (Ginger Harrington)
 5:00 pm ~ **Donn McCarthy+** (Michael & Honour Fleming)

MONDAY, MAY 25 - Sts. Bede; Pope Gregory VII, M. Magdalene de'Pazzi

MEMORIAL DAY HOLIDAY - No Confessions - Open 7:30 am to 6:00 pm
 8:30 am ~ **Carlos Perez+** (Josefina)

TUESDAY, MAY 26 - Saint Philip Neri

- 6:30 am ~ **Bob Cushmac+** (Cushmac Family)
 8:30 am ~ **Anne Berard+** (Kevin & Anne Heanue)

WEDNESDAY, MAY 27 - Saint Augustine of Canterbury

- 6:30 am ~ **Jack Kelly+** (Susan Doyle)
 8:30 am ~ **Norbert Kockler+** (Cecilia Kockler)

THURSDAY, MAY 28 - Easter Weekday

- 6:30 am ~ **Dorothy Enzinni+** (Francis Henderson)
 8:30 am ~ **Kevin Chizmar+** (Stoiber Family)

FRIDAY, MAY 29 - Easter Weekday

- 6:30 am ~ **Rev Msgr Richard J Guastella** (Ed Andrews)
 8:30 am ~ **Oskar Egger+** (Katie Wagner)

SATURDAY, MAY 30 - Easter Weekday

- 8:30 am ~ **Max Radovich+** (Joseph Manfredi)
 5:00 pm ~ **George Cook+** (Ginger Harrington)

SUNDAY, MAY 31 - PENTECOST SUNDAY

- 7:30 am ~ **Mass for the People**
 9:00 am ~ **Kaylyn E Lambert+** (Carlos & Vanessa Taja)
 11:00 am ~ **For the Welfare & Intentions of Pope Francis**
 12:30 pm ~ **Margaret Hospodar+** (Kathy Deeds)
 2:00 pm ~ **Sharolet Kay Freeman+** (Shelby Lynn Roff)
 5:00 pm ~ **Jean Ann Staudt+** (Jean Moore)

Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, or anyone serving in harm's way.

Cole Barry, Ryan Barnett, Brandon Bert, Michael Bouffard, Jason Brooks, Richard W. Brown, Macine Browning, Joseph R. Byrns, Cady Byrnes, Tim Byrnes, Andrew Berrigan, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Joshua Hindenburg, Faith Holman, David Jordan,

Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, Allison Landsman, Christopher Love, Grace McCaffery, Patrick McGee, Mateo McGrath, Sam Mills, Timothy Mills, Matthew Mourning, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Ryan Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Christopher Wallace, Abby Warden, Thomas Warring.

**READINGS FOR THE WEEK**

Monday: Acts 19:1-8; Ps 68:2-3ab, 4-5acd, 6-7ab;
 Jn 16:29-33

Tuesday: Acts 20:17-27; Ps 68:10-11, 20-21; Jn 17:1-11a

Wednesday: Acts 20:28-38; Ps 68:29-30, 33-35a, 35bc-36ab;
 Jn 17:11b-19

Thursday: Acts 22:30; 23:6-11; Ps 16:1-2a, 5, 7-8, 9-10, 11;
 Jn 17:20-26

Friday: Acts 25:13b-21; Ps 103:1-2, 11-12, 19-20ab;
 Jn 21:15-19

Saturday: Acts 28:16-20, 30-31; Ps 11:4, 5, 7; Jn 21:20-25

Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or
 Ez 37:1-14 or Jl 3:1-5; Ps 104:1-2, 24, 35, 27-28, 29,
 30; Rom 8:22-27; Jn 7:37-39

Day: Acts 2:1-11; Ps 104:1, 24, 29-30, 31, 34;
 1 Cor 12:3b-7, 12-13; Jn 20:19-23

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<https://blessedsacramentcc.formed.org>
 (code: nr1029)



Fr. Mark Carrier
 updates his blog
 with reflections
 on the readings of the
 day and a prayer.

sanctiscriptores.blogspot.com

Come to the web and explore this careful and devout
 examination of the Word of God.



Church building will be **OPEN** ~
7:30 am to 6:00 pm
NO Confessions

The Parish Office will open 9:00 am to 1:00 pm,
 beginning Tuesday, May 26th.



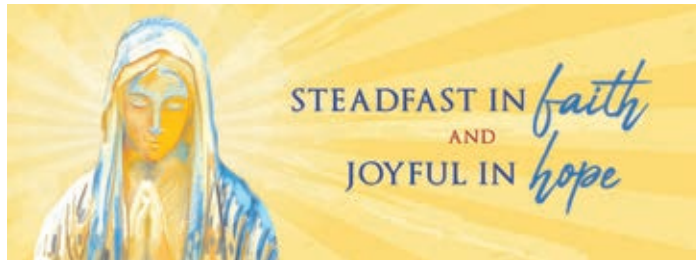
Our Offertory Collection for **May 10th** was \$28,955.18. This **does** include **FaithDirect**. We also received \$300.00 - Poor Box, \$175.00 - Building Repairs, \$360.00 - Quinn School Endowment, \$110.00 - Easter, \$100.00 - The Church in the Holy Land, \$40.00 - Catholic Home Missions Appeal, and \$543.00 - Parish Special Needs.

(In order to maintain an equitable portion to all our recipients, our **SHARING** distribution has been suspended and will resume as regular collections resume.)

**During this crisis time, you can mail in your weekly offering envelopes to us, put them in the parish office drop box...
...or this is good time to sign up for online giving...**



Visit www.FaithDirect.net and use our church code: **VA 12**. Your gifts through **FaithDirect** will help our parish finances throughout the year.



With 32% of our 2,149 households making a pledge, we have reached 79% of our parish goal.

It is not too late to make a pledge to help our diocese. Envelopes are in the Gathering Space or you can pledge directly online at

www.arlingtondiocese.org

The **Bishop's Lenten Appeal** is critical to our diocesan needs and we are asking every household in our parish to support this appeal to the extent that they are able. The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work - works that touch the lives and souls of thousands of people.

Thank you!



'Searching for More'

features interviews and discussions on a range of topics affecting Catholics in today's world. Guests include clergy, local Catholics, doctors, technology experts, Catholic news anchors, and even Hollywood actors starring in epic biblical dramas. In addition to interviews, some podcasts will emanate from inspiring talks, speeches, homilies, and lectures given throughout the Diocese. The podcast is dedicated to the patronage of our diocesan saint, St. Thomas More. 'Searching for More' joins the 'Walk Humbly' and 'Catholic Herald' podcasts as diocesan audio offerings. Visit: arlingtondiocese.org

Thomas More. 'Searching for More' joins the 'Walk Humbly' and 'Catholic Herald' podcasts as diocesan audio offerings. Visit: arlingtondiocese.org





RESPECT LIFE

Helpful Resources:

<http://www.arlingdiocese.org/religiousliberty/>
www.usccb.org/issues-and-action/religious-liberty/
www.vacatholic.org (Virginia Catholic Conference)
 #WhyWeMarch MarchForLife.org

Gabriel Project:

Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: www.arlingtondiocese.org/gpavolunteer

~~~~~

### Project Rachel:

Share the good news of God's merciful love. **Project Rachel** can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

~~~~~

'First Saturday' Rosary Team

Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?

Please join the prayer team every First Saturday to pray the rosary at 10:30 am at the Falls Church facility located at 900 S. Washington Street, Falls Church, VA. **(The next First Saturday is MAY 1)**
 For inquiries, contact Amy McInerney at (703) 841-3817 or respectlife@arlingtondiocese.org



Flexible Volunteer Opportunities ~ MOTHER OF LIGHT CENTER Help Center Del Ray-Alexandria

For as little as 2 hours per month, you can help us at the Center with prayer, sorting & packaging food, clothing, comfort items & spiritual items. You can also go out with trained volunteers to visit & reach out to the poor & homeless individuals as a link to the Center. We also arrange activities for holidays & fundraising events. Get in touch today!

motheroflightcenter@gmail.com

Catholic Charities Seeks Medical Volunteers for Free Clinic

Catholic Charities will open a second free medical clinic for poor, uninsured and under-insured adults in late April and needs volunteer medical professionals and other volunteers to operate the clinic. The **Mother of Mercy Free Medical Clinic, Woodbridge**, will open at 13900 Church Hill, Woodbridge. Catholic Charities opened the first Mother of Mercy clinic in Manassas in 2017. Volunteer nurses and doctors, including internists, cardiologists, gynecologists and other specialists, nutritionists, physical therapists and others are needed.

To volunteer contact Alexandra Luevano at 703- 335-2779 ext. 15 or alexandra.luevano@ccda.net.



ALIVE!, Inc. (ALexandrians InVolved Ecumenically!) Visit: www.alive-inc.org 703-837-9300

NEIGHBORS HELPING NEIGHBORS!

FOOD DISTRIBUTION

On Saturdays, **ALIVE!** will distribute free food for **Alexandria residents in need - 8:30 am to 11:00 am** (or until supplies run out) in the parking lots of **John Adams Elementary School** (5651 Rayburn Ave.) and the **Cora Kelly/Leonard "Chick" Armstrong Recreation Center** (23 W. Reed Ave.).

Bags of food will be distributed on a drive-thru basis. Each car will be eligible to receive up to four bags or one bag per person; no more than four bags will be distributed to each vehicle. Individuals who walk on to the sites will be asked to observe social distancing practices by maintaining six feet of personal space.

Any individual still interested in **volunteering** must register via **Volunteer Alexandria** <https://www.volunteeralexandria.org/> They are vetting and clearing everyone. Information on other ALIVE! food programs can be found at <https://www.alive-inc.org/we-need-volunteers-alexandria-va>



The listings below are for "evergreen" groups at Blessed Sacrament. Please use the contacts for information about meetings or other ways the groups are staying in touch during the Covid-19 quarantine.



Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

MEETING: TBD

7-8 pm, Parish Center

Questions? Call Lana at 703-299-8389

We continue to work on lap blankets, baby blankets & prayer shawls. We have yarn if you need it. Drop-off your hand-made donations at the parish office any time. **Thanks!**

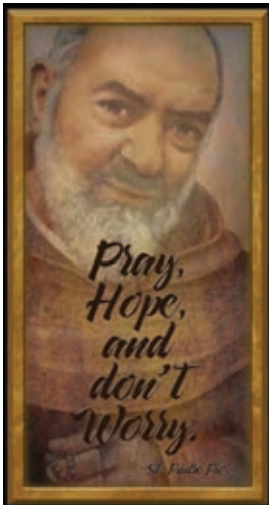
(NOTE: In case of inclement weather or other emergency, we follow Alexandria City & Public Schools closure policy.)



St. Monica, diamond of unwavering faith, pray for us!

It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus. St. Monica is patroness & powerful intercessor.

~ Join us today, & everyday, along with 130+ petitioners as we pray for the return of fallen-away Catholics; ~ **Unite** your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers'); ~ **Pray!** **Greg Golubin 202-437-1274**



The SAINT PADRE PIO PRAYER GROUP of Northern Virginia

Meets at 2:30 p.m. on the 4th Sunday of every month in the Blessed Sacrament Church Daily Chapel.

Need more info?

Art ~ 571-236-6080 or sanpio@comcast.net

SENIORS & RETIREES!

LINE DANCING ~ All are Welcome!

Low impact - we'll teach you the steps! Join us on Mondays, 1:30-2:30 pm, Quinn Hall. Call parish office for info.



At the Parish Center ~ TUESDAYS

CANASTA 9:30 am -12:30 pm

BRIDGE 12 - 3 pm

Contact: Stella Perry (703)751-8429
Or Ann Corro (703)370-3664

SAINT MARTIN de PORRES SENIOR CENTER

4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome!

Daily activities & lunch. Transportation will be provided, but you must RSVP. Call 703-751-2766



Have you thought at times that you would like to do a little more for God?

Please come to our meeting to find out about how, with the help of the Holy Spirit, you can help Jesus and Mary!

The Legion of Mary

Thursdays ~ 7:15 pm ~ Meeting Room

Information? email: LegionofMaryBlessedSacrament@gmail.com

Blessed Sacrament 39+ Singles

Contact: Tom Palumbo - tomtal1@verizon.net 703-313-8388



PRIME-TIME SINGLE CATHOLICS

PTSC serves single Catholics 40 and over. **Meet us for:** Lunch (every Thursday) For details, see or website: bit.ly/ptsc

For questions or to **RSVP**, email Tom at ptscnva@gmail.com



KNIGHTS OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

Have questions about our Knights of Columbus Council? Email gk11947@vakofc.org or call the parish office, 703-998-6100, leave contact information & a Knight will return your call.

For more information about the Knights of Columbus, visit KofC.org



All men of the parish are welcome!

Saturdays ~ 7:00 - 8:30 am ~ QUINN HALL (Breakfast - opens at 6:30 am)

Questions? timothygoobic@gmail.com

Join us whenever you can!

Victim Assistance Program for Those Sexually Abused as a Minor

The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. For further information, call (703) 841-2530

Or visit: www.arlingtondiocese.org/Child-Protection/

Mass to Pray for Healing of Victims/Survivors of Sexual Abuse

Thursday, June 18, 2020 ~ St. Luke Catholic Church

This Mass is for the whole Church, in solidarity with victims/survivors of abuse, as we pray together for healing.



The Blessed Virgin Mary intercedes for your faithfulness to the vocation to which the Spirit is leading you. Do you think God may be offering you the grace of serving Him and His people as a priest or in the consecrated life?

Call Fr. Michael Isenberg at (703) 841-2514 or write: michael.isenberg@arlingtondiocese.org

**Thinking of getting a new car?**

Please consider donating your old car to Catholic Charities. We accept working vehicles and give them directly to families in desperate need of transportation. We also accept non-operational vehicles to fund our volunteer programs. We handle the paperwork, you receive the IRS donation receipt. To donate, please call 703-841-3898 or email cars@ccda.net



Sign up to receive weekly podcasts on timely subjects & reflections by Bishop Burbidge ~ arlingtondiocese.org

**Bishop Burbidge's Homilies Online**

Want to hear relevant, pastoral inspiration from our Shepherd? Homilies are posted weekly on the diocesan YouTube page.

[Youtube.com/arlingtondiocese](https://www.youtube.com/arlingtondiocese)



Do not conform yourselves to this age but **BE TRANSFORMED** by the renewal of your mind, that you may discern what is the will of God...

Romans 12:2

2019-2020
Diocese of Arlington
SEMINARIANS

Please pray for our
seminarians
by name...

Get a prayer card with the names of current seminarians
www.arlingtondiocese.org

Weekend Discernment Retreat for Women

Could Christ be calling you to the religious life?

Take a step to find out. The annual diocesan discernment retreat for single women who feel called to a religious vocation is June 26-28 (provided COVID-19 restrictions are lifted).

The Salesian Sisters of St. John Bosco will be leading the retreat this year, and the theme is **Feminine, Faithful, & Fun: The Discerning Woman**. This retreat aims to help you know yourself and discover the amazing woman God has created you to be. It will also include tools to aid your prayer and discernment, as well as opportunities for prayer, confession and spiritual direction.

Cost is \$60 (financial assistance is available).

Space is limited; deadline to register is Friday June 5.

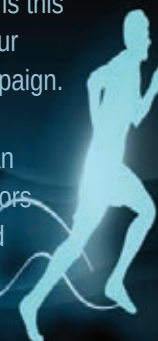
For more information or to register, contact Fr. Michael Isenberg at vocations@arlingtondiocese.org

Run, Walk, Cheer, Donate and Pray to Support Our Seminarians

Race season is getting underway, is so is this campaign to support our future priests of our diocese in the **Race for Seminarians** campaign. Runners and walkers of all levels can get sponsored for their races; cheer squads can encourage them as they log the miles, donors can pledge to support specific runners, and prayer warriors can back up their efforts.

Visit ArlingtonDiocese.org/Run

to learn about all these options and start building your team today!





Entrustment to Our Lady in the time of pandemic

O Mary, you shine continuously along our journey
as a sign of salvation and hope.

We entrust ourselves to you, *Health of the Sick*,
who at the Cross were near to the pain of Jesus, keeping your faith firm.
You, *Salvation of the Roman people*, know what we need, and we trust that
you will provide for those needs so that, as at Cana of Galilee, joy and celebration may return after this moment of trial.

Help us, *Mother of Divine Love*, to conform
ourselves to the will of the Father and to do what Jesus tells us, He who
took our sufferings upon Himself, and took up our sorrows to bring us,
through the Cross, to the joy of the Resurrection. Amen.

***We seek refuge under your protection, O Holy Mother of God. Do not
despise us our pleas - we who are put to the test - and deliver us from
every danger, O glorious and blessed Virgin.***

(Pope Francis, in a video audience from Rome, 11 March 2020)



Weekly Diocesan TV Mass to the Homebound

**6:30 am every Sunday on
Channel 50 (WDCW)**

This Mass airs for members of
our Catholic family unable to be
physically present for Sunday
Eucharistic Liturgy.



Listen to **Catholic Radio** **WMET 1160 AM**
and via the (free) **Ave Maria Radio App!**
Visit: www.grnonline.com

Haven of Northern Virginia

4606 Ravensworth Road, Annandale, VA 22003

Call 703-941-7000 or email:

havenofnova@verizon.net or

www.havenofnova.org



Haven of Northern Virginia is committed to
offering support, compassion, information, resources to the bereaved,
seriously ill, the dying, and their family and friends. Volunteers offer
comfort and support while helping people cope with feelings of fear,
loneliness and a host of other emotions associated with grief.

SUICIDE LOSS SUPPORT GROUP

1st and 3rd Saturdays of each month ~ 11:00 am - 12:30 pm

No registration required

COMMISSIONED BY CHRIST

www.commissionedbychrist.org



**CBC is a ministry
within the Catholic
Diocese of Arlington
that organizes mission trips
for families and adults.**

LOCAL EVENTS TOO!

Visit the website for information



Reduce My Use! Save the Bay!

The sixth grade class of Blessed Sacrament School urges you to help us protect the
Chesapeake Bay Watershed by using **REUSABLE BAGS**, which can be bought at most
grocery stores, instead of commonly used disposable plastic bags. **Thanks!**



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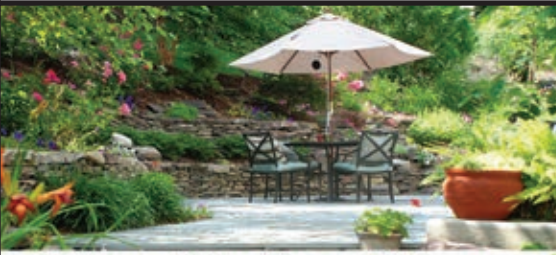
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