

# Palm Sunday of the Lord's Passion ~ March 24, 2024

## Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302



### LENTEN SCHEDULE

**\*DAILY MASSES** (begins **February 15th**)

**Monday – Thursday:** 6:30 & 8:30 a.m. & 7:00 p.m. ~  
**Friday:** 6:30 & 8:30 a.m. (No evening Mass, only Stations)  
**Saturday:** 8:30 a.m.

**\*STATIONS OF THE CROSS** (begins **February 16th**)

All Fridays: 7:00 p.m. ~ **Spanish:** 8:00 p.m.



### \*CONFESSIONS

**Monday - Thursday:** 7:00 - 8:00 a.m. & 7:30 p.m.  
**Friday:** 7:00 - 8:00 a.m. (No evening confession)  
**Saturday:** 3:30 - 4:30 p.m.

### \*ROSARY

**Monday - Saturday:** 8:00 a.m.

### \*EUCCHARISTIC ADORATION

**Fridays:** 9:00 am - 5:00 p.m.

### Holy Week 2024 ~ TRIDUUM SCHEDULE:

#### HOLY THURSDAY: March 28th

8:30 am ~ Morning Prayer (Church)

4:00 - 6:00 pm ~ **CONFESSION** (Daily Chapel)

7:30 pm ~ **MASS of the LORD'S SUPPER**

(Vigil of Prayer follows in Daily Chapel & Adoration ends at 12 am)

#### GOOD FRIDAY: March 29th

8:30 am ~ Morning Prayer & 12:00 Noon ~ Midday Prayer (Church)

3:00 pm ~ **CELEBRATION of the LORD'S PASSION**

(Liturgy of the Word, Veneration of the Cross, Holy Communion)

5:00 - 6:00 pm ~ **CONFESSION** (Daily Chapel) {Final Opportunity}

7:00 pm ~ **TENEBRAE** (Candlelight readings, psalms, Prayer) (Gym)

7:00 pm ~ **VIERNES SANTO (VIA DOLOROSA) SPANISH** (Church)

### HOLY SATURDAY: March 30th ~ NO CONFESSION ~

8:30 am ~ Morning Prayer (Church)

12:30 pm ~ **BLESSING OF EASTER FOOD** (Church)  
(Bring foods, wine, candles, linens, etc. for use at your Easter dinner)

### EASTER: March 30th / 31st

**(SATURDAY) VIGIL:** 9:00 pm (Church) {2+ hours}

**SUNDAY:** 7:00 am (Church) **\*NOTE TIME CHANGE**

9:00 am (Church)

\* 9:05 am (\*Gym)

11:00 am (Church)

\* 11:05 am (\*Gym)

12:45 pm (Church) **\*NOTE TIME CHANGE**

2:30 pm ~ Spanish **\*NOTE TIME CHANGE**

**PARISH CLERGY:**

Rev. John D. Kelly, Pastor  
 Rev. Mark Carrier, Parochial Vicar  
 Rev. Andrew Clark, Parochial Vicar  
 Rev. Peter St. George, Parochial Vicar

**PARISH STAFF:**

John McCrary, Director of Music/Coordinator of Liturgy  
 Susan Doyle, Director of Religious Education  
 Marie Niernberger, Bulletin Editor / Liturgical Environment

**YOUTH RELIGIOUS EDUCATION (CCD):** (September - May)**Grades Pre-K-8**

See the **FAITH FORMATION** page of the parish website for further information.

**BAPTISM OF CHILDREN:** Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

**SACRAMENT OF MARRIAGE:** The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

**CHRISTIAN INITIATION OF ADULTS (RCIA):** Questions? Call parish office or email: [sdoyle@bscva.org](mailto:sdoyle@bscva.org)

**PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED:** Call the parish office for mention at (2) Sunday Masses.

**MASS CARDS:** Available, in person, at the parish office during regular hours.

**BLESSED SACRAMENT SCHOOL & EARLY CHILDHOOD CENTER**

1417 West Braddock Road, Alexandria, VA 22302 703-998-4170 [www.bssva.org](http://www.bssva.org)

*"To create an educated community to serve Christ and one another with integrity and respect."*

Katherine Chelak, principal

**JESUS LOVES THE LITTLE CHILDREN**



**...and so does our NURSERY!**

(\*NO Nursery on EASTER SUNDAY, March 31st)

Sundays, during the 9 & 11 a.m. Masses

in the ECC of the school. Adult supervision of your children.

**SUNDAY MASSES:** Church  
 Vigil Mass **Saturday:** 5:00 pm  
**Sunday:** 7:30, 9:00\*, 11:00\*am, 12:30 pm, 5:00 pm  
 \*NURSERY: At ECC through main school entrance  
**Sunday in Spanish:** 2:00 pm

**WEEKDAY MASSES:** (see [Lent schedule](#))

Monday - Friday, 6:30 & 8:30 am  
 Saturday, 8:30 am only

**SACRAMENT OF RECONCILIATION:** Chapel  
 Monday thru Friday, 7am - 8 am (see [Lent schedule](#))  
 Saturday, 3:30 - 4:30 pm (except [Holy Saturday](#))  
 Spanish Community, Sundays, 1:15-1:45 pm

**ROSARY:** Church, Monday - Saturday, 8:00 am

**EUCHARISTIC ADORATION:** Chapel, Fridays, 9 am- 5 pm

**PARISH OFFICE:** 703-998-6100

**Office Hours:**

**Monday - Thursday,** 9 am - Noon, 1 pm - 7 pm.

**Fridays,** 9 am - Noon, 1 pm - 5 pm. (No evening hours)

**Sunday,** 9:00 am - 12:30 pm.

*The church BUILDING closes at 9:00 pm, Mon. - Fri.  
 & following 5:00 pm Masses on Sat. & Sun.*

**PARISH WEB SITE:**

[www.blessedsacramentcc.org](http://www.blessedsacramentcc.org)

**PARISH E-MAIL:** [parish\\_office@bscva.org](mailto:parish_office@bscva.org)

**FACEBOOK:** <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

**INSTAGRAM:** @blessed\_sacrament\_youth

**DIOCESE OF ARLINGTON:** [www.arlingtondiocese.org](http://www.arlingtondiocese.org)



**MASS INTENTIONS****SUNDAY, MARCH 24 – PALM SUNDAY**

- 7:30 am ~ Patrick & Marie Walsh+ (Family)  
 9:00 am ~ Mary C Ondo+ (Ann Wynne)  
 11:00 am ~ Joe Braddock+ (Bertha Braddock)  
 12:30 pm ~ Guillermo Mogollon+ (Graciella Mogollon)  
 2:00 pm ~ Luis Guinot, Jr+ (Longo Family)  
 5:00 pm ~ Stephen Codella+ (Mary Rose Catena)

**MONDAY, MARCH 25 - Monday of Holy Week**

- 6:30 am ~ Margaret O'Donnell+ (Brendan Hanlon)  
 8:30 am ~ Dorothy Cole+ (Angie Giuseppe)  
 7:00 pm ~ For the Welfare & Intentions of Pope Francis

**TUESDAY, MARCH 26 - Tuesday of Holy Week**

- 6:30 am ~ Mario Codella+ (Mary Rose Catena)  
 8:30 am ~ Mary Catherine Fannon+ (Maribeth Bersani)  
 7:00 pm ~ Frank J. Sullivan+ (Julie Lineberry)

**WEDNESDAY, MARCH 27 - Wednesday of Holy Week**

- 6:30 am ~ Martin Cummins+ (Barbour Family)  
 8:30 am ~ Spec Int - Susan Johnston  
 7:00 pm ~ Robert Lineberry+ (Julie Lineberry)

**THURSDAY, MARCH 28 - Holy Thursday**

- 8:30 am ~ Morning Prayer  
 Noon ~ Mid-day Prayer  
 7:30 pm ~ MASS OF THE LORD'S SUPPER

**FRIDAY, MARCH 29 - Friday of the Passion of the Lord**

- 8:30 am ~ Morning Prayer  
 Noon ~ Mid-day Prayer  
 3:00 pm ~ CELEBRATION OF THE LORD'S PASSION  
 7:00 pm ~ TENEBRAE (Gym)  
 7:00 pm ~ VIERNES SANTO in Spanish (Church)

**SATURDAY, MARCH 30 - Holy Saturday**

- 8:30 am ~ Morning Prayer  
 12:30 pm ~ BLESSING OF EASTER FOOD  
 9:00 pm ~ {VIGIL} ~ Phil Savarie+ (East Luray Neighbors)

**SUNDAY, MARCH 31 - EASTER SUNDAY**

- \*7:00 am ~ Harmer Family Deceased+ (John & Ellen Farnham)  
 9:00 am ~ Mass for the People  
 9:05 am ~ GYM ~ Romeo Torres+ (Rodolfo & Malu)  
 11:00 am ~ Annie D'Souza+ (Clelia Isaja)  
 11:05 am ~ GYM ~ William W. Schultze+ (Denise Landers)  
 \*12:45 pm ~ Caitlin Rockwell+ (St Rita Preschool Parents)  
 \*2:30 pm ~ Amado Benedicto Alberto+ (Leonor de Alberto)

\*PLEASE NOTE TIME CHANGE.

NO 5:00 p.m. MASS on EASTER SUNDAY.

*The Parish Office will close at  
 Noon on Holy Thursday, March 28th,  
 and re-open at 9:00 a.m. on  
 Tuesday, April 2nd.*

**Sunday, March 24th, Palm Sunday:** Is 50:4-7  
 Ps 22:8-9, 17-18, 19-20, 23-24 Phil 2:6-11  
 Mk 11:1-10 or Jn 12:12-16 and  
 Mk 14:1-15:47 or Mk 15:1-39

**Monday:** Is 42:1-7 Ps 27:1, 2, 3, 13-14 Jn 12:1-11

**Tuesday:** Is 49:1-6 Ps 71:1-2, 3-4a, 5ab-6ab, 15  
 and 17 Jn 13:21-33, 36-38

**Wednesday:** Is 50:4-9a Ps 69:8-10, 21-22, 31  
 and 33-34 Mt 26:14-25

**Thursday Chrism:** Is 61:1-3a, 6a, 8b-9 Ps 89:21-22,  
 25 and 27 Rv 1:5-8 Lk 4:16-21

**Thursday Night:** Ex 12:1-8, 11-14 Ps 116:12-13,  
 15-16bc, 17-18. 1 Cor 11:23-26 Jn 13:1-15

**Friday:** Is 52:13-53:12 Ps 31:2, 6, 12-13, 15-16,  
 17, 25 Heb 4:14-16; 5:7-9 Jn 18:1-19:42

**Saturday Vigil:** Gn 1:1-2:2 or 1:1, 26-31a

Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35  
 Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18;  
 Ex 14:15-15:1; Is 54:5-14; Is 55:1-11;  
 Bar 3:9-15, 32-4:4; Ez 36:16-17a, 18-28;  
 Rom 6:3-11; Mk 16:1-7

**Sunday, March 31st, Easter Sunday:** Acts 10:34a,  
 37-43 Ps 118:1-2, 16-17, 22-23 Col 3:1-4  
 Jn 20:1-9

**Saint Joseph,****Pray for Us and Pray for Our Priests**

Pray for the defense, advocacy & protection of priests.

Let us pray each day for a priest of the diocese

Sunday, 3/24 - Rev. Alexander Diaz

Mon., 3/25 - Rev. Denis M. Donohue

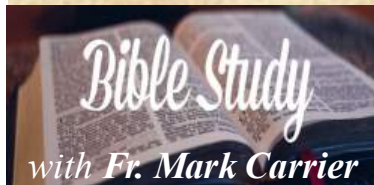
Tuesday, 3/26 - Rev. Jeb S. Donelan

Wednesday, 3/27 - Rev. Alexander R. Drummond

Thursday, 3/28 - Rev. Paul L. Dudzinski

Friday, 3/29 - Rev. Michael R. Duesterhaus

Saturday, 3/30 - Rev. David A. Dufresne



If you have ever  
 wanted to read the  
 Bible all the way through,  
 join us every week!  
 We will read for an  
 hour straight each

session, and Fr. Carrier will remain afterwards to answer questions -  
 the goal is to read the Holy Scriptures in a year. We will use the Re-  
 vised Standard Version (RSV) Catholic Edition for the reading, but  
 bring whatever bible you have and read along.

**Tuesday evenings, 7:00 p.m. PARISH CENTER or**

**Wednesday mornings, 9:15 a.m. DAILY CHAPEL**

(Drop-in: No registration) **Materials provided ~ Bring your Bible!**

Questions? email: [mfcaime@cs.com](mailto:mfcaime@cs.com)

**ALSO:** Visit Fr. Carrier's blog ~

[sanctiscriptores.blogspot.com](http://sanctiscriptores.blogspot.com)

**GRATITUDE**

Your Parish Community is

**GRATEFUL**

for your consistent contributions.

### Offertory Collection ~ Thank you!

Our Offertory Collection, with FaithDirect for **March 10th** was \$32,902.10.

We also collected \$187.00 - **Poor Box**, \$150.00 - **Building Repairs Fund**, \$17.00 - **Quinn School Endowment**, \$74.00 - **Senior Health Ministry**, \$630.00 - **Votive Candles**, \$1,952.00 - **Catholic Relief Services**.



[www.FaithDirect.net](http://www.FaithDirect.net) ~ Our church code: **VA 12**.

Your **ONLINE** gifts through **FaithDirect** will help our parish finances throughout the year.



### 2024 Bishop's Lenten Appeal

The theme this year is shared with the theme of our Diocesan Jubilee:

**“Behold, I make all things new.”**

**...as/of March 15th, we have reached 72% of our 535,000.00 goal.**

Thank you, if you have already pledged...after reflecting upon the blessings God has given you, please prayerfully consider a pledge. Make a gift

at: [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA)



**SCAN ME**



### Easter Flowers & Decorations

Make a donation *in memory of, or in honor of, loved ones or friends.* You can use your envelope, **FaithDirect** or the form below.

Your name: \_\_\_\_\_

Amount: \$ \_\_\_\_\_ In Honor of: \_\_\_\_\_ In Memory of: \_\_\_\_\_

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**Thank you!**

### Please Pray for the Sick of the Parish

**MARIA JUAREZ ASCENCIO, J. COLLINS, MICHAEL HART, PATSY LAYER, FRANK McDERMOTT, JOHN MILATZO, BRUCE & MARY MILLER, DONNA RAFFAELE, NORMA RAFFAELE, IRVINE RODRIGUEZ, HARRY THOMPSON, Jr., TIMOTHY TOBIN, MAUREEN WAHL, VINCE WHITMORE, SILVANA ZANELLI.**

*(Please call the parish office with additions & deletions)*

**Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, healthcare workers, or anyone serving in harm's way.**

*(Please call the parish office to include or delete a name.)*

Ryan Barnett, Michael Bouffard, Macine Browning, Joseph R. Byrns, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Liz Hummelt, Joshua Hindenburg, Faith Holman, David Jordan, Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, James Kunder, Allison Landsman, Joseph Lim, Christopher Love, Alexa Mastrostefano, Grace McCaffery, Sam Mills, Timothy Mills, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Ryan Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Abby Warden, Thomas Warring.





## PALM SUNDAY BAKE SALE ~ TODAY!

**MARCH 23rd & 24th ~ After ALL Morning Masses**  
**\*BUYERS NEEDED... .. No Cookie Left Behind !!**  
*Delicious goodies to support the **Class of '24!** Thanks!*

### Spring Open House for Seniors St. Martin de Porres Senior Center

Seniors who stay active and continue to engage with other people live fuller and happier lives. Begin your Spring season on **Wednesday, March 27**, by becoming a new participant at **St. Martin de Porres Senior Center**, which serves the City of Alexandria residents, 60 years or older. Meet the staff and experience a typical day at the center.

RSVP by March 25th to [Maria.Mellor@ccda.net](mailto:Maria.Mellor@ccda.net)  
 or call 703-751-2766 from 9 a.m.-12 p.m.

Center Address: **4650 Taney Avenue, Alexandria.**

#### Immediate Need for Volunteers

If you've been looking for a way to get involved, consider this engaging opportunity to shine Christ's Light forward in the heart of a Senior Citizen. Catholic Charities **St. Martin de Porres Senior Center** is in need of volunteers to help greet clients, engage in meaningful activities and support our lunch service. Shifts are available Monday - Friday from 9 a.m.-1 p.m. Our most immediate need is for Thursdays. If you are interested, please email [Maria.Mellor@ccda.net](mailto:Maria.Mellor@ccda.net), or register at <https://bit.ly/42YKJ7V>.

**BLESSED SACRAMENT**

# DATE NIGHT

Discover  
**The Temperament God Gave Your Spouse!**  
 Art & Laraine Bennett

**Saturday**  
**April 13**  
**6:00-8:00 PM**  
 Quinn Hall  
 dinner and  
 babysitting  
 provided!\*



\*Event is FREE but registration required:  
[www.blessedsacramentcc.org](http://www.blessedsacramentcc.org)

### Blessed Sacrament Church VBS 2024

## COAST TO COAST WITH U.S. SAINTS!

**July 8-12, 9 AM - 12 noon**

Ages rising K-rising 4th- "Campers"  
 rising 5th & 6th- "Jr. Captains"  
 rising 7th & older- "Captains"

*Registration is OPEN until April 1!*  
**Adult Volunteers needed-can you help?**

**See parish website for registration form & info!**



## WorkCamp 2024

We have 11 Blessed Sacrament teens who will be working June 22-28th in Winchester, VA to make the homes of those in need in our diocese warmer, drier and safer to live in. **DONATIONS to fund our efforts are gratefully accepted!** Use the QR code here or bring a check to the parish office. **Thank you!**

#### WE NEED YOU!

Can you paint? Build a deck? Do basic home repairs? Be a volunteer **Contractor** at WC for a 5-teen team. (6/24-6/27)

Super rewarding experience!

Contact Laura Zybrick for more info & to sign up.

[lzybrick@yahoo.com](mailto:lzybrick@yahoo.com)

## ...Parish Groups...



### Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

MEETING: THURSDAY, APRIL 4th ~ 7:00 pm ~ MEETING ROOM / PARISH LIBRARY

In 2023, our dedicated Knitters, Crocheters & Stitchers produced over 238 items for babies & our neighbors in need.

We continue our work on lap blankets, baby blankets, & prayer shawls. Thanks to our anonymous crafters!

We have yarn if you need it. Drop-off your hand-made donations at the parish office any time.

Questions? Call Lana at 703-299-8389 (or email Marie at [mniernberger@bscva.org](mailto:mniernberger@bscva.org))

**BLESSED SACRAMENT 39+ SINGLES:** Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388

**PRIME TIME SINGLE CATHOLICS (PTSC):** We are a social group, mostly 60 and over.

Meet us for: Lunch on Thursdays.

(40 to 59? Ask about our free associate-member group.)

Questions or to RSVP, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)

For details, visit our website: [bit.ly/ptsc](http://bit.ly/ptsc)



## Fun for Seniors

**BRIDGE on TUESDAYS at the PARISH CENTER** ~ 12 Noon to 3 pm

Contact Ann Corro for more information (703) 370-3664

**LINE DANCING on MONDAYS in QUINN HALL** ~ 1:30 p.m., no experience necessary!

**SAINT MARTIN de PORRES SENIOR CENTER** ~ 4650 Taney Avenue, Alexandria 22304

All Alexandria residents, 60+ years old are welcome! Daily activities & lunch. Transportation will be provided, but you must RSVP ~ Call 703-751-2766

**SENIOR SERVICES of ALEXANDRIA (SSA)** ~ Join "SSA Connection" to get a weekly email with the latest videos, information on activities & services, TED Talks, recipes & much, much more for Seniors in Alexandria! Email to: [communications@seniorservicesalex.org](mailto:communications@seniorservicesalex.org)



## Blessed Sacrament Seniors Health Ministry

Join us & learn ways to improve your **BALANCE, STRENGTH & FLEXIBILITY**

*Safe Exercise, Low (No) Impact, Certified Instructor*

**Wednesdays ~ 9:30 - 10:30 a.m. Quinn Hall**

Come anytime you can ~ Continuous Instruction ~ No Cost (*donations gratefully accepted*)

### Calling all moms!

A new group for mothers of young children (including infants) is forming.

**Join us to pray the Rosary on Thursday mornings -- kids play, moms pray!**

Thursdays, 9:30 a.m. in the Little Marian House (next to parish staff parking, 1601 West Braddock Rd)

Please contact Susan Doyle ~ [sdoyle@bscva.org](mailto:sdoyle@bscva.org) or call the parish office for info.



**Expectant moms (and dads):** How can we help you?

We are forming a **Visitation Ministry** to serve mothers for the first 40 days after birth by bringing meals, running errands, babysitting older children, etc.

Contact Maureen Tovey at (734) 395-0862 or [tovey.maureen@gmail.com](mailto:tovey.maureen@gmail.com)

OR...are you someone who would like to serve in our **Visitation Ministry**? Contact us!



**MEN'S GROUP** ~ All men of the parish are welcome!

Join us on **Saturday** mornings

Open for hot breakfast @ 6:30 a.m. ~ Program @ 7:00 a.m. ~ QUINN HALL

Questions? [bsmensgroup@gmail.com](mailto:bsmensgroup@gmail.com)

Join us whenever you can to grow in faith, fraternity & fellowship!



**E-membership in the Knights of Columbus for eligible Catholic men (age 18+) is available.** Visit: <https://www.kofc.org/secure/en/join/join-the-knights.html>

to learn more. Potential members also can send an email to [gk11947@vakofc.org](mailto:gk11947@vakofc.org) or call the Parish Office and leave a message. A Knight will return your call. **Vivat Jesus!**



## DONUT SUNDAYS 2nd & 4th Sundays, usually!

Join us in QUINN HALL after morning Masses for fresh Donuts, Coffee, Juice & Fellowship!



## ...Community Outreach...



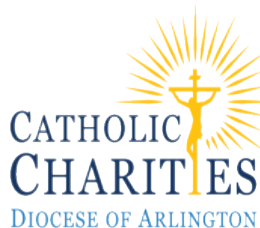
**"Free the Slaves"** ~ A call for support for victims of human trafficking in our community

**"An open wound on the body of contemporary society."** ~ So says Pope Francis on human trafficking - also known as modern slavery. 50 million people around the world are held in human trafficking, made to work through force, fraud, or coercion. January is national human trafficking prevention month, and the community can take action to spread the word and raise awareness. Victims of human trafficking in our community need help and support in mental health, shelter, foods, health care and other basic needs.

**Free the Slaves** has tools to help: <https://freetheslaves.net/take-action/how-to-take-action-2/>

Contact **Free the Slaves** at [info@freetheslaves.net](mailto:info@freetheslaves.net) to learn how you can help raise awareness in the community!

See the Arlington diocese's official statement on human trafficking here: <https://www.youtube.com/watch?v=Nb0JwT0sFh8>



### Immigration & Refugees ~ Volunteer Information Sessions Sign-Up

Please join us to learn more about how to help newly-arrived families thrive in Northern Virginia. We are offering volunteer information sessions about our opportunities and on-boarding process starting in January. They will be held the first Wednesday of the month at 5:30 p.m. in virtual format (Zoom) - Sessions will last about an hour. Registration is required: Please use the link to register for the information session that best matches your schedule. Registration link: [bit.ly/40pcwwH](http://bit.ly/40pcwwH)



### The CARPENTER'S SHELTER BAG LUNCH PROGRAM ~ Next Delivery: APRIL 14th

Individuals & families are invited to make & donate bag lunches for distribution on the 2nd Sunday of each month to the residents of **The Carpenter's Shelter** in Alexandria. We need a dedicated, monthly crew to insure we have enough to supply the clients lunches for the following week. Items are dropped off on the 2nd Sunday by 10 am to a cart outside Quinn Hall. Each bagged lunch to include - a sandwich (preferably meat and/or cheese with **NO** dressing), a dessert & a piece of fruit. *Thanks!* Donations of bulk items are also welcomed. **\*\*\*SUNDAY DELIVER-ERS NEEDED... please contact us if you can spare 30 minutes on a Sunday morning a few times a year...\*\*\***

**Questions? Marie at 703-998-6100 x.104 or [mniernberger@bscva.org](mailto:mniernberger@bscva.org)**



### Blessed Sacrament Carpenter's Shelter Monthly Dinner Program

Blessed Sacrament parishioners provide dinner for the residents of **The Carpenter's Shelter** on the third Monday of every month. A menu is set and a sign up genius request is emailed asking for volunteers to cook or buy the food and drop it off at the Shelter. Volunteers to help serve the dinner are also needed.

If you are interested in volunteering please send your email address to [mblersani@outlook.com](mailto:mblersani@outlook.com) You will receive a monthly request where you can sign up to provide food and or be a server. Any questions please contact **Maribeth** at 703-346-5778. **Thank you!**



### Mother of Light Center [www.motheroflightcenter.com](http://www.motheroflightcenter.com)

421 Clifford Ave., Alexandria, Mon.-Sat., 10 am-2 pm. (703) 850-6701 Email: [motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)

### ALIVE!, Inc. ~ NEIGHBORS HELPING NEIGHBORS!

[www.alive-inc.org](http://www.alive-inc.org) 703-837-9300

Follow ALIVE! on Facebook and Instagram: [@alive4alexandria](https://www.facebook.com/alive4alexandria) and Twitter: [@ALIVE4AlexVA](https://twitter.com/ALIVE4AlexVA)

Questions? Email our Blessed Sacrament rep: [BSCCALive@gmail.com](mailto:BSCCALive@gmail.com)

Interested in volunteering? Sign up online: <https://www.alive-inc.org/we-need-volunteers-alexandria-va/>



**St. Monica, diamond of unwavering faith, pray for us!** It is estimated that 20 million Americans consider themselves to be lapsed Catholics. More than likely, we all know someone within each of our own families who simply no longer practices the faith or has not yet come to know Jesus. **Join us today, & everyday, as we pray for the return of fallen-away Catholics; Unite your loved ones into our daily prayers through our prayer list found in the Sacred Heart Chapel (specify 'St. Monica prayers'); Pray!** Greg Golubin 202-437-1274



### SAINT PADRE PIO PRAYER GROUP of Northern Virginia

Meets at 2:30 p.m. ~ 4th Sunday of every month ~  
Daily Chapel. Fr. Mark Carrier, Chaplain  
Please call the Parish Office for more information. (703) 998-6100



**Culmore Clinic**, a non-profit, interfaith healthcare clinic in Bailey's Crossroads, seeks medical professionals and multi-lingual individuals interested in volunteering to support the delivery of compassionate care to vulnerable

adults, Licensed Physicians, Nurse Practitioners, Physicians Assistants, Nurses, Medical Assistants, Counselors, Social Workers, and Nutritionists as well as language interpreters (Spanish, Arabic, Vietnamese) are needed. Contact **Culmore Clinic** at [info@culmoreclinic.org](mailto:info@culmoreclinic.org)  
More information available at [www.culmoreclinic.org](http://www.culmoreclinic.org)

## ...Respect Life...



Helpful Resources: [www.arlingtondiocese.org](http://www.arlingtondiocese.org)  
[www.usccb.org](http://www.usccb.org) (~search~) "religious liberty"  
[www.vacatholic.org](http://www.vacatholic.org) (Virginia Catholic Conference)  
#WhyWeMarch [MarchForLife.org](http://MarchForLife.org)

**40 DAYS FOR LIFE ~ 40DaysForLife.com [www.PrayForLife.org](http://www.PrayForLife.org)**

**GABRIEL PROJECT:** Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: [www.arlingtondiocese.org/gpavolunteer](http://www.arlingtondiocese.org/gpavolunteer)

**PROJECT RACHEL:** Share the good news of God's merciful love post abortion.

*Project Rachel* can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

**'FIRST SATURDAY' Rosary Team** *Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?* Please join the prayer team **every First Saturday** to pray the rosary at 10:30 am at Falls Church facility at 900 S. Washington Street, Falls Church, VA. For inquiries, Amy McInerny at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)

### ROSARY for LIFE

**Every Saturday** ~ around 9-9:15 am ~ women's clinic at 2839 Duke St (near Bishop Ireton H.S.) ~ Our "turn" to lead is 2nd Saturday of the month.

### PRAISE and WORSHIP HOLY HOUR

Join us for prayer, praise and worship on the **2nd Tuesday of each month**, at St. Leo the Great Catholic Church in Fairfax from 7:30-8:30 p.m. Prayer along with music. Special intention will be for the conversion & healing in families. The Sacrament of Reconciliation will be available. All are welcome. Watch livestream at: [arlingtondiocese.org/healingandconversion](http://arlingtondiocese.org/healingandconversion)

**FREE Ultrasound Exam COUPON** Pregnant (or think you might be) and considering abortion? Please call or text 703-946-3077 to schedule your free ultrasound today with **ABC Women's Health and Ultrasound Center**. If you need a ride we can help with transportation. *Se habla espanol*. Visit [abcwomenshealth.com](http://abcwomenshealth.com). This coupon is valid for one free ultrasound. Limit one per client.

### Days of Prayer and Healing ~

**After Abortion Retreats:** A Day of Prayer and Healing for women who have experienced abortion will be held on Saturdays, April 6th, June 1st, & September 28th. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: (703) 841-2504 or [info@helpafterabortion.org](mailto:info@helpafterabortion.org)



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Channel 50 (WDCW) Other Masses on Cable & Satellite stations:  
6:30 am on UPTV (*Passionist Fathers*)  
& 8:00 am, Noon & 7:00 pm on EWTN

### 10th National Eucharistic Congress

You are invited to join the Diocese of Arlington for the historic **10th National Eucharistic Congress** to be held at the Lucas Oil Stadium in Indianapolis, Indiana, **July 17-21, 2024**. Tour packages including accommodations and a ticket to the Congress are available through Corporate Travel Services. For pricing and more information, see website: [www.arlingtondiocese.org/national-eucharistic-revival/](http://www.arlingtondiocese.org/national-eucharistic-revival/)



### Holy Hour for Encounter Every First Thursday

All you who are burdened by sin, grief, loneliness, shame, addiction, self-hatred, abortion, or any other wound, come and place all your

cares on the Heart of the Eucharistic Lord who desires to free you and restore you to new life.

The Holy Hour, **every first Thursday** at 7 p.m. at **St. Thomas à Becket** in Reston, will include a Eucharistic Procession, opportunities for confession, as well as worship music led by a different musician each month.

The celebrant will be Fr. Rich Dyer, Pastor,  
St. Thomas à Becket.

Questions? (703) 841-2550.



## ...Around the Diocese...



### Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up at: [arlingtondiocese.org/email](mailto:arlingtondiocese.org/email)



### Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203 Contact John French [john.french@arlingtondiocese.org](mailto:john.french@arlingtondiocese.org) or (703) 841-3819

### Give a child the gift of a Catholic education & receive most of your donation back in federal & state tax savings!

The Virginia Education Improvement Scholarships Tax Credit Program will award a 65% state tax credit for donations made to the **Diocese of Arlington Scholarship Foundation**, which will, in turn, provide scholarships for new students wishing to attend our diocesan Catholic Schools. **You do not have to itemize in order to receive the 65% tax credit!** Donations must be preauthorized in advance. Please call Jeanne Combos at 703/841-2764 (or email [DASF@arlingtondiocese.org](mailto:DASF@arlingtondiocese.org)).

Go online for more details and to download the preauthorization request form at:

[www.arlingtondiocese.org/Scholarship-Foundation/](http://www.arlingtondiocese.org/Scholarship-Foundation/)



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### Commissioned By Christ

[www.commissionedbychrist.org](http://www.commissionedbychrist.org) CBC is a ministry within the Catholic Diocese of Arlington that organizes LOCAL & OVERSEAS & VIRTUAL mission trips for families and adults.

**VIRTUAL EVENTS NOW!**

**A Jubilee Journey with Mary ~ Did you know there are 11 churches in the Diocese of Arlington which are named for Our Lady?** During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to focus upon Mary and her role in pointing us to Jesus. To this end, Bishop Burbidge has invited all of us to visit as many of those 11 churches as possible and spend time in prayer at each!



Visit [www.arlingtondiocese.org/jubileejourney/](http://www.arlingtondiocese.org/jubileejourney/) for more information about this **Jubilee Journey with Mary!**

**We hope that this initiative encourages you to grow in your understanding of Mary & your devotion to her!**



### Bring Love! Service Opportunities ~ Are you looking for a way to serve your community?

Join us in our mission to serve the needy in our diocese. We are seeking volunteers to help with feeding the hungry, clothing the naked, caring for the sick and welcoming the newcomer.

Visit <https://volunteer.cdda.net> for a current listing of opportunities to serve.



**Victim Assistance Program for Those Sexually Abused as a Minor ~ The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. Information at (703) 841-2530 [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/)**



### Find Heaven in Your Home

Did you know that putting your Catholic faith at the heart of family life makes everything else you're worried about come together? So don't wait any longer! Check out Trinity House Community's free workshop, letters, & other tools for living out your Catholic faith in a well-run & joyful home! Co-Directors Soren & Ever Johnson invite you to learn more by visiting [trinityhousecommunity.org](http://trinityhousecommunity.org).

### 2 BUSY 2 PRAY? Try 2 minutes 2 virtue

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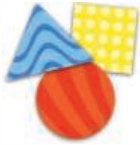
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