

First Sunday of Lent, March 9, 2025

Blessed Sacrament Catholic Church

1427 West Braddock Road ~ Alexandria, Virginia 22302

STRENGTH IN
Faith

LENTEN SCHEDULE

(March 6th - April 16th)

***DAILY MASSES**

Monday – Thursday: 6:30 & 8:30 a.m. & 7:00 p.m.

Friday: 6:30 & 8:30 a.m. (No evening Mass)

Saturday: 8:30 a.m.

***CONFESSIONS**

Monday - Thursday Morning: 7:00 - 8:00 a.m.

Wednesday Evening: 7:30 p.m. (following Mass)

Friday Morning: 7 - 8:00 a.m. (No evening confession)

Saturday Afternoon: 3:30 - 4:30 p.m.

***STATIONS OF THE CROSS**

Friday: 2:30 p.m. (with school),

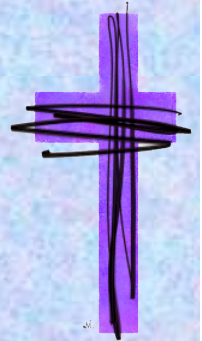
7:00 pm, 8:00 p.m. in Spanish

***EUCCHARISTIC ADORATION**

Fridays: 9:00 a.m. - 5:00 p.m.

***ROSARY**

Monday - Saturday: 8:00 a.m.



SUNDAY MASSES: (Church) **Saturday Vigil:** 5 pm; **Sundays:** 7:30, 9:00*, 11:00*am, 12:30 pm, 5pm

Sunday in Spanish: 2:00 pm

***NURSERY:** At ECC through main school entrance

WEEKDAY MASSES: (Church) Monday - Friday, 6:30 & 8:30 am; Saturday, 8:30 am only

SACRAMENT OF RECONCILIATION: (Chapel) Monday thru Friday, 7am - 8 am; Saturday, 3:30 - 4:30 pm
(except Holy Saturday - Check Holy Day/Seasonal Schedules) Spanish Community, Sundays, 1:15-1:45 pm

ROSARY: (Church) Monday - Saturday, 8:00 am

EUCCHARISTIC ADORATION: (Chapel) Fridays, 9 am- 5 pm

PARISH OFFICE: 703-998-6100

Office Hours: Monday - Thursday., 8:30 am - Noon, 1 pm - 7 pm; **Fridays,** 8:30 am - Noon, 1 pm - 5 pm. (No evening hours)
Sunday, 9:00 am - 1:00 pm.

The church BUILDING closes at 9:00 pm, Monday - Friday & following 5:00 pm Masses on Saturday & Sunday

PARISH WEB SITE: www.blessedsacramentcc.org

PARISH E-MAIL: parish_office@bscva.org

FACEBOOK: <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

INSTAGRAM: @blessed_sacrament_youth

DIOCESE OF ARLINGTON: www.arlingtondiocese.org

PARISH CLERGY:

Rev. John D. Kelly, Pastor
 Rev. Mark Carrier, Parochial Vicar
 Rev. Andrew Clark, Parochial Vicar
 Rev. Peter St. George, Parochial Vicar

PARISH STAFF:

William Lucardi, Director of Music
 Susan Doyle, Director of Religious Education
 Marie Niernberger, Bulletin Editor / Liturgical Environment

**YOUTH RELIGIOUS EDUCATION (CCD):** (September - May)**Grades Pre-K-8**

See the **FAITH FORMATION** page of the parish website for further information.

BAPTISM OF CHILDREN: Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

SACRAMENT OF MARRIAGE: The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

CHRISTIAN INITIATION OF ADULTS (RCIA): Questions? Call parish office or email: sdoyle@bscva.org

PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED: Call the parish office for mention at (2) Sunday Masses.

MASS CARDS: Available, in person, at the parish office during regular hours.

**BLESSED SACRAMENT SCHOOL & EARLY CHILDHOOD CENTER**

1417 West Braddock Road, Alexandria, VA 22302

703-998-4170 www.bssva.org

"To create an educated community to serve Christ and one another with integrity and respect."

Katherine Chelak, principal

Readings for the Week:**Sunday, March 9th, First Lent:**

Dt 26:4-10
 Ps 91:1-2, 10-11, 12-13, 14-15
 Rom 10:8-13
 Lk 4:1-13

Monday: Lv 19:1-2, 11-18 Ps 19:8, 9, 10, 15
 Mt 25:31-46

Tuesday: Is 55:10-11 Ps 34:4-5, 6-7, 16-17, 18-19
 Mt 6:7-15

Wednesday: Jon 3:1-10 Ps 51:3-4, 12-13, 18-19
 Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25 Ps 138:1-2ab,
 2cde-3, 7c-8 Mt 7:7-12

Friday: Ez 18:21-28 Ps 130:1-2, 3-4, 5-7a, 7bc-8
 Mt 5:20-26

Saturday: Dt 26:16-19 Ps 119:1-2, 4-5, 7-8
 Mt 5:43-48

Sunday, March 16th, Second Lent:

Gen 15:5-12, 17-18
 Ps 27:1, 7-8, 8-9, 13-14.
 Phil 3:17-4:1 or Phil 3:20-4:1
 Lk 9:28b-36

**Blessed Sacrament Summer Camps*****Planes, Trains, and Automobiles Camp:**

June 16-20: \$380.00

****Let the Good Times Roll Camp:**

June 23 -27: \$380.00

Please send the registration form in with the
\$100.00 per week, per child, non-refundable deposit
 to the Blessed Sacrament School office labeled summer
 camp. The registration form can be found on the school
 website www.bssva.org/school

If you have any further questions feel free to contact
 Ms. Conques at Summertime@bssva.org

We hope to see you this summer!

MASS INTENTIONS**SUNDAY, MARCH 9th - First Sunday of Lent**

- 7:30 am ~ **Armand Capitanio+** (Lou Capitanio)
 9:00 am ~ **Mass for the People**
 11:00 am ~ **Sp Int - Bob & Shelly Kolb** (Krista Anderson)
 12:30 pm ~ **Catherine Stark+** (Denise Landers)
 2:00 pm ~ **Fr. Prudencio Sanchez+** (Onofre & Vilma Gutierrez)
 5:00 pm ~ **Judith Bracken+** (Chris & Cindy Hart)

MONDAY, MARCH 10 - Lenten Weekday

- 6:30 am ~ **Greg Germain+** (O'Keefe Family)
 8:30 am ~ **Andrew Mattison Raucci+** (Bob & Shelly Kolb)
 7:00 pm ~ **Phil Casselano+** (Karen Skinner)

TUESDAY, MARCH 11 - Lenten Weekday

- 6:30 am ~ **Nick Coluccia+** (Connie & Bud Hart)
 8:30 am ~ **Chris Terry+** (Pat Sullivan & Family)
 7:00 pm ~ **Thomas Carone+** (Angie Giuseppe)

WEDNESDAY, MARCH 12 - Lenten Weekday

- 6:30 am ~ **Sp Int - Mary Ellen Martinez** (Martinez Family)
 8:30 am ~ **Freida Toner+** (Connie & Bud Hart)
 7:00 pm ~ **Judith Bracken+** (O'Keefe Family)

THURSDAY, MARCH 13 - Lenten Weekday

- 6:30 am ~ **Sp Int - Scott Jones** (David Jones)
 8:30 am ~ **Sp Int - Gus & Krista Anderson**
 7:00 pm ~ **Elena Jaldin+** (Giovanna Pardo)

FRIDAY, MARCH 14 - Lenten Weekday

- 6:30 am ~ **Souls in Purgatory+** (Lana Sarrantonio)
 8:30 am ~ **Dick Murphy+** (Ann Murphy)

SATURDAY, March 15 - Saturday After Ash Wednesday

- 8:30 am ~ **Neal Sherman+** (Angie Giuseppe)
 5:00 pm ~ **Sheila Murphy +** (Sandra Paige)

SUNDAY, MARCH 16th - Second Sunday of Lent

- 7:30 am ~ **Chester R Gromek+** (Family)
 9:00 am ~ **Ronald Aarhus+** (Rosemary Aarhus)
 11:00 am ~ **Mass for the People**
 12:30 pm ~ **Deacon Lynn Sherman+** (Barbara Sherman)
 2:00 pm ~ **Marcial Lopez+** (Lina Lopez)
 5:00 pm ~ **Sp In - Landers & Donohoe Families+** (D Landers)

Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, healthcare workers, or anyone serving in harm's way.

(Please call the parish office to include or delete a name.)

Ryan Barnett, Michael Bouffard, Macine Browning, Joseph R. Byrns, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Liz Hummelt, Joshua Hindenburg, Faith Holman, David Jordan, Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, James Kunder, Allison Landsman, Joseph Lim, Christopher Love, Brian Lynch, Alexa Mastrostefano, Grace McCaffery, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Bryce Simpson, Ryan Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Abby Warden.



FRIDAY EUCCHARISTIC ADORATION

Visit with our Lord in the Blessed Sacrament on **Fridays**.

Come to pray any time, but mid-day & afternoon visits are most needed. Call the parish

office to be put on a list of regular visitors. 703-998-6100

The **Daily Chapel** is open from **Exposition at 9:00 a.m.** until **Benediction & Reposition at 5:00 p.m.**

(Please notify the parish office if the chapel is empty and you have to leave.)

Please prayerfully consider spending **just one hour** in prayer.

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 Looking for a nearby evening or overnight Adoration time? A few of our neighboring parishes might have a time that fits your needs... all of their websites have detailed information.

Saint Rita, Alexandria - [stritaalexandria.com](http://stritaalexandria.com)

Basilica of Saint Mary, Old Town - [stmaryoldtown.org](http://stmaryoldtown.org)

Saint Joseph, Old Town - [stjosephva.org](http://stjosephva.org)

Saint Anthony of Padua, Falls Church - [stanthonyparish.org](http://stanthonyparish.org)

Queen of Apostles, Franconia - [queenofapostles.org](http://queenofapostles.org)

Saint Louis, Alexandria (Richmond Highway) - [saintlouisparrish.org](http://saintlouisparrish.org)



### Saint Joseph,

### Pray for Us and Pray for Our Priests

Pray for the defense, advocacy & protection of priests.

Let us pray each day for a priest of the diocese

**Sunday, 3/9** - Rev. Joseph P. Biniek, (Ret.)

**Monday, 3/10** - Rev. Nicholas F. Blank

**Tuesday, 3/11** - Rev. Vincent P. Bork

**Wednesday, 3/12** - Rev. Edward J. Bresnahan

**Thursday, 3/13** - Rev. Philip D. Briggs

**Friday, 3/14** - Rev. James C. Bruse

**Saturday, 3/15** - Rev. Christopher M. Buckner, (Ret.)

### Please Pray for the Sick of our Parish

MARIA JUAREZ ASCENCIO, J. COLLINS, IRMA COSME,  
 AMANDA GUYOT, A.J. HANILAND, SAM HODUS,  
 MICHAEL HART, FRANK McDERMOTT, JOHN MILATZO,  
 BRUCE & MARY MILLER, SR. JEAN NOWAK, OP,  
 LUCRECIA PALLO, DONNA RAFFAELE,  
 NORMA RAFFAELE, IRVINE RODRIGUEZ, JIM SHERWOOD,  
 HARRY THOMPSON, Jr., TIMOTHY TOBIN,  
 MAUREEN WAHL, CHRISTIE WALTON, VINCE WHITMORE.

(Please call the parish office with additions & deletions)

## Offertory Collection

Our Offertory Collection, with *FaithDirect* for **February 23rd** was \$31,157.68

We also collected \$129.00 - **Poor Box**, \$140.00 - **Building Repairs Fund**,  
\$619.00 - **Quinn School Endowment**, \$407.00 - **Votive Candles**,  
\$49.00 - **Arlington Catholic Herald Newspaper**, \$35.00 - **Church in Latin America**.



[www.FaithDirect.net](http://www.FaithDirect.net) ~ Our church code: **VA 12**.  
Your **ONLINE** gifts through **FaithDirect** will help  
our parish finances throughout the year.

## Abounding <sup>IN</sup> Hope



### **2025 BISHOP'S LENTEN APPEAL (BLA) UNDERWAY!**

The 2025 BLA mailing was recently sent to parishioners. This year's theme is:

***"Abounding in Hope."***

After reflecting upon the blessings God has given you, please prayerfully consider a pledge.  
Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts  
the lives of thousands across our diocese.

You can make a gift at: [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or scan the QR code:



**SCAN ME**



### ***Second Collection*** March 8th & 9th **Black & Indian Missions**

This collection exists to help dioceses build up  
the Church in Black American, Native American  
and Alaska Native communities.



### ***The Love of Christ Impels Us*** by Very Rev. William P. Saunders, Ph.D. ***A History of the Diocese of Arlington*** 1974-2024

Learn all about the fascinating history of our diocese from its historical beginnings in the Diocese of Richmond in the early nineteenth century. This 298-page, hard-back, comprehensive history, includes full color pictures, bishop biographies, parish profiles and much, much more. **Makes a great gift!** Copies are available now for **\$10.00** in the parish office, Gathering Space or on the Bookrack.

### ***Holy Year ~ Pilgrims of Hope ~ 2025 Tour of Churches***

As we joyfully celebrate this Holy Year 2025, Bishop Burbidge invites you to embark on a spiritual journey by participating in a special Holy Year Tour of eight designated holy sites within our diocese. This church tour offers the faithful a unique opportunity to pray throughout our diocese and receive a plenary indulgence by meeting certain conditions, such as prayer, reception of the Eucharist and the Sacrament of Reconciliation. The Holy Year Tour is a chance for personal renewal, deeper faith, and communal celebration. To inspire participation, Bishop Michael F. Burbidge will offer a special memento for the first 50 participants who complete the tour. This keepsake will serve as a lasting reminder of your faith journey of hope during this extraordinary year. For more details on the sacred sites, plenary indulgences, and the Holy Year 2025, contact each parish office or visit <https://www.arlingtondiocese.org/holy-year-2025>.



Join us for  
**HEAVEN in YOUR HOME**  
 Family Gathering

**Everyone is invited - & bring the kids!**

Meet up with other families for food, fellowship & support in building a faith-filled home.



**Saturday,  
 MARCH 22nd  
 6 - 8 pm, Quinn Hall**

Please RSVP on the website  
 or use QR code.

**6 pm: Dinner & Fellowship**

**6:30-7:15 pm: Presentation for Adults w/ Small Group  
 Discussion** (while Virtus-trained volunteers supervise the kids)

**7:15-8 pm: Fellowship & Dessert**

Free event.

**PLEASE BRING TO SHARE - drinks or a  
 dessert**

Learn more at  
[TrinityHouseCommunity.org](http://TrinityHouseCommunity.org)



## FISH DINNERS!

**Friday, March 21st & Friday, April 4th**

**5:00 - 7:00 pm**



**\$15 Adult / \$7 kids / \$30 Family**

**Cash, Card, Venmo, Paypal!**

**Carry-out available**



**Bring the family for a simple, meatless meal of fresh,  
 fried or baked fish entrees, fries, mac-n-cheese,  
 coleslaw, veggies, rolls, salad, etc.**

**Teens - Great opportunity to earn some service hours by helping out!**

### ***Dear Good People of Blessed Sacrament,***

As we enter into this Holy Year proclaimed by Pope Francis, we are called to be "Pilgrims of Hope." This coming year brings us so many graces and opportunities for us to grow in our faith and to do our part to build up God's Kingdom.

We are especially being called to practice the Corporal and Spiritual Acts of Mercy. One of the Corporal Acts is to bury the dead. We know that all of us will one day be called home to the Lord. During our journey here on earth we experience the deaths of those we love and share our life with. We grieve and mourn for our loss, but we rejoice in the eternal life which will be theirs.

Our parish needs your help so that we can reach out to those who have experienced the death of a loved one - to give comfort and support them during a time of sadness and grief. Would you please consider becoming a member of one of our Blessed Sacrament Funeral Teams? This spiritual work would be open to adult men and women of our parish. The teams help set up the church for the Funeral Mass, greet the family and other mourners, act as hospitality ushers, and guide the readers and gift bearers who will be taking part in the celebration of the Funeral Mass.

It is a wonderful opportunity to welcome people to our parish during a difficult time in their lives and to help them feel at ease as they celebrate the Church's Funeral Liturgy. If you feel God might be calling you to be involved in this work of mercy and compassion, please contact Father Kelly through the parish office. We would then schedule training Sessions for those interested.

Thank you for your time and consideration of this important outreach to those who mourn. God bless you and fill you with His grace!

Faithfully yours in the Lord,

***Father Kelly***

## ...Parish Groups...



### Calling all moms!

A group for mothers of young children (including infants) has formed.

**Join us to pray the Rosary on Thursday mornings -- kids play, moms pray!**

Thursdays, 9:30 a.m. in the Little Marian House

(next to parish staff parking, 1601 West Braddock Rd)

Please contact Susan Doyle ~ [sdoyle@bscva.org](mailto:sdoyle@bscva.org)

or call the parish office for info.



### Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

MEETING: THURSDAY, MARCH 6th ~ 7:00 pm ~ MEETING ROOM / PARISH LIBRARY (Weather Permitting!)

**Our dedicated Knitters, Crocheters & Stitchers produced over 293 items for babies & our neighbors in 2024!**

We continue our work on lap blankets, baby blankets, & prayer shawls. Thanks to our anonymous crafters!

We have yarn if you need it. Drop-off your hand-made donations at the parish office any time.

Questions? Call Lana at 703-299-8389 (or email Marie at [mniernberger@bscva.org](mailto:mniernberger@bscva.org))



**BLESSED SACRAMENT 39+ SINGLES:** Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388

**PRIME TIME SINGLE CATHOLICS (PTSC):** We are a social group, mostly 60 and over.

Meet us for: Lunch on Thursdays and many more activities.

(40 to 59? Ask about our free associate-member group.)

For details, visit our website: [bit.ly/ptsc](http://bit.ly/ptsc)

Questions or to RSVP, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)



**BRIDGE on TUESDAYS at the PARISH CENTER** ~ 12 Noon to 3 pm

Contact Ann Corro for more information (703) 370-3664

**LINE DANCING on MONDAYS in QUINN HALL** ~ 1:30 p.m., no experience necessary!

**SAINT MARTIN de PORRES SENIOR CENTER** ~ 4650 Taney Avenue, Alexandria 22304. All Alexandria residents, 60+ years old are welcome! Daily activities & lunch. Transportation will be provided, but you must RSVP ~ **Call 703-751-2766**

**SENIOR SERVICES of ALEXANDRIA (SSA)** ~ Join "SSA Connection" to get a weekly email with the latest videos, information on activities & services, TED Talks, recipes & much, much more for Seniors in Alexandria!

Email to: [communications@seniorservicesalex.org](mailto:communications@seniorservicesalex.org)



### Are you interested in playing Mah Jong ?

We're looking for people to play this fascinating, ancient game here at Blessed Sacrament, during the day, on a regular basis.

Please call **Lana Sarrnatonio** (703) 299-8389

for information on the game and when players will meet.



**Expectant moms (and dads):** How can we help you?

We are forming a **Visitation Ministry** to serve mothers for the first 40 days after birth by bringing meals, running errands, babysitting older children, etc.

Contact Maureen Tovey at (734) 395-0862 or [tovey.maureen@gmail.com](mailto:tovey.maureen@gmail.com)

OR...are you someone who would like to serve in our **Visitation Ministry**? Contact us!



**MEN'S GROUP ~ All men of the parish are welcome!** Come & Join us in Quinn Hall next Saturday!

~ Open for hot breakfast @ 6:30 a.m. ~ Program @ 7:00 a.m. Questions? [bsmensgroup@gmail.com](mailto:bsmensgroup@gmail.com)

Join us when you can to grow in faith, fraternity & fellowship!

Magnificat  
Women's Group



**Courageous Women: A Study on the Heroines of Biblical History**  
by **Stacy Mitch**. The Spring Study explores the lives of Old and New Testament women. Morning or Evening Sessions run February 3 through mid-April. See the parish website for details. <https://blessedsacramentcc.org/groups/womens->



## ...Community Outreach...



**"Free the Slaves"** ~ A call for support for victims of human trafficking in our community  
**"An open wound on the body of contemporary society."** ~ So says Pope Francis on human trafficking - also known as modern slavery. 50 million people around the world are held in human trafficking, made to work through force, fraud, or coercion. January is national human trafficking prevention month, and the community can take action to spread the word and raise awareness. Victims of human trafficking in our community need help and support in mental health, shelter, foods, health care and other basic needs.

**Free the Slaves** has tools to help: <https://freetheslaves.net/take-action/how-to-take-action-2/>

Contact **Free the Slaves** at [info@freetheslaves.net](mailto:info@freetheslaves.net) to learn how you can help raise awareness in the community!

See the Arlington diocese's official statement on human trafficking here: <https://www.youtube.com/watch?v=Nb0JwT0sFh8>



**ALIVE!, Inc. ~ NEIGHBORS HELPING NEIGHBORS!**

**[www.alive-inc.org](http://www.alive-inc.org)** 703-837-9300

Follow ALIVE! on Facebook and Instagram: [@alive4alexandria](#) and Twitter: [@ALIVE4AlexVA](#)

Questions? Email our Blessed Sacrament rep: [BSCCAlive@gmail.com](mailto:BSCCAlive@gmail.com)

Interested in volunteering? Sign up online: <https://www.alive-inc.org/we-need-volunteers-alexandria-va/>

**The CARPENTER'S SHELTER BAG LUNCH PROGRAM ~ Next Delivery: MARCH 9th**



Individuals & families are invited to make & donate bag lunches for distribution on the 2nd Sunday of each month to the residents of **The Carpenter's Shelter** in Alexandria. We need a dedicated, monthly crew to insure we have enough to supply the clients lunches for the following week. Items are dropped off on the 2nd Sunday by 10 am to a cart outside Quinn Hall. Each bagged lunch to include - a sandwich (preferably meat and/or cheese with **NO** dressing), a dessert & a piece of fruit. Donations of bulk items are also welcomed. **Thanks!**

Questions? Marie at 703-998-6100 x.104 or [mniernberger@bscva.org](mailto:mniernberger@bscva.org)



*Blessed Sacrament* **Carpenter's Shelter Monthly Dinner Program**

Blessed Sacrament parishioners provide dinner for the residents of **The Carpenter's Shelter** on the third Monday of every month. A menu is set and a sign up genius request is emailed asking for volunteers to cook or buy the food and drop it off at the Shelter. Volunteers to help serve the dinner are also needed.

If you are interested in volunteering please send your email address to [mblersani@outlook.com](mailto:mblersani@outlook.com) You will receive a monthly request where you can sign up to provide food and or be a server. Any questions please contact **Maribeth** at 703-346-5778. **Thank you!**



**Mother of Light Center** [www.motheroflightcenter.com](http://www.motheroflightcenter.com)

**\*\*\*NOW CFC eligible!**

421 Clifford Ave., Alexandria, Mon.-Sat., 10 am-2 pm. (703) 307-5902 Email: [motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)



**Sign Up For the Diocesan E-Newsletter!**

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up at: [arlingtondiocese.org/email](http://arlingtondiocese.org/email)

**2 BUSY 2 PRAY?** Try 2 minutes 2 virtue

Sign up NOW! [www.arlingtondiocese.org/2minutes2virtue](http://www.arlingtondiocese.org/2minutes2virtue)



**KNIGHTS OF COLUMBUS**  
 IN SERVICE TO ONE. IN SERVICE TO ALL.

**E-membership in the Knights of Columbus for eligible Catholic men (age 18+) is available.** Visit: <https://www.kofc.org/secure/en/join/join-the-knights.html>

to learn more. Potential members also can send an email to [gk11947@vakofc.org](mailto:gk11947@vakofc.org) or call the Parish Office and leave a message. A Knight will return your call. **Vivat Jesus!**



**OUR NEXT DONUT SUNDAY is TODAY!**

(after 7:30, 9 & 11 a.m. Mass)

Join us in QUINN HALL for Donuts, Coffee, Juice & Fellowship!

## ...Respect Life, etc...



Helpful Resources: [www.arlingtondiocese.org](http://www.arlingtondiocese.org)  
[www.usccb.org](http://www.usccb.org) (~search~) "religious liberty"  
[www.vacatholic.org](http://www.vacatholic.org) (Virginia Catholic Conference)  
#WhyWeMarch [MarchForLife.org](http://MarchForLife.org)

**40 DAYS FOR LIFE ~ 40DaysForLife.com** [www.PrayForLife.org](http://www.PrayForLife.org)

**GABRIEL PROJECT:** Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: [www.arlingtondiocese.org/gpavolunteer](http://www.arlingtondiocese.org/gpavolunteer)

**PROJECT RACHEL:** Share the good news of God's merciful love post abortion.  
*Project Rachel* can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

### 'FIRST SATURDAY' Rosary Team

**Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?** Please join the prayer team **every First Saturday** to pray the rosary at 10:30 am at Falls Church facility at 900 S. Washington Street, Falls Church, VA. For inquiries, Amy McInerney at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)

### ROSARY for LIFE

**Every Saturday** ~ around 9-9:15 am ~ women's clinic at 2839 Duke Street. (near Bishop Ireton H.S.) Our "turn" to lead is 2nd Sat. of the month.

### FREE Ultrasound Exam COUPON

Pregnant (or think you might be) and considering abortion? Please call or text 703-946-3077 to schedule your free ultrasound today with **ABC Women's Health and Ultrasound Center**.

If you need a ride we can help with transportation. *Se habla español*. Visit [abcwomenshealth.com](http://abcwomenshealth.com).

This coupon is valid for one free ultrasound. Limit one per client.

## FRANCISCAN AT HOME

*Online learning at your convenience*

The diocese has purchased memberships to **Franciscan at Home** for every parish in the diocese!

Visit <https://franciscanathome.com/free-institution-signup> by clicking on the link, copying and pasting, or typing it into your browser. Enter your information into the required fields and select the green "Create new account" button at the bottom of the page (all fields with an \* are required). Next, select your diocese and your parish or school from the available drop-down list. Click select the "Sign up."

This will take you to your dashboard, where you can begin exploring all that FranciscanAtHome.com has to offer.

We recommend:

- That you locate the track(s) your diocese has created for you (located as institutional tracks on the left side of the "Start Learning" section on your dashboard), if any.
- Explore the other workshops that are available to you.

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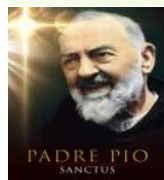
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### ENCOUNTER HOLY HOUR Every First Thursday

All you who are burdened by sin, grief, loneliness, shame, addiction, self-hatred, abortion, or any other wound, come and place all your cares on the Heart of the Eucharistic Lord who desires to free you and restore you to new life. The Holy Hour, **every first Thursday** at 7 p.m. at **St. Thomas à Becket** in Reston, will include a Eucharistic Procession, opportunities for confession, as well as worship music led by a different musician each month. The celebrant will be Fr. Rich Dyer, Pastor, St. Thomas à Becket. Questions? (703) 841-2550.

### PRAISE and WORSHIP HOLY HOUR Every Second Tuesday

Join us for prayer, praise and worship on the **2nd Tuesday of each month**, at **St. Leo the Great Catholic Church** in Fairfax from 7:30-8:30 p.m. Prayer along with music. Special intention will be for the **conversion & healing in families**. The Sacrament of Reconciliation will be available. All are welcome. Watch livestream at: [arlingtondiocese.org/healingandconversion](http://arlingtondiocese.org/healingandconversion)



## ...Around the Diocese...



### Gifts for Seminarian Education Endowment Fund (SEEF)

Please support our seminarians and SEEF, a permanent endowment fund established in 2011. SEEF's income provides funding for annual seminarian expenses such as room, board, tuition, health insurance and books, which total almost \$45,000 per seminarian. Please give generously! To donate, make checks payable to: "Foundation for the CDA - SEEF." Mail to: The Foundation, 200 N. Glebe Road, Suite 811, Arlington, VA 22203 Contact John French [john.french@arlingtondiocese.org](mailto:john.french@arlingtondiocese.org) or (703) 841-3819



*"Forming adults and families to serve and partake in the works of mercy."*

#### Commissioned By Christ

[www.commissionedbychrist.org](http://www.commissionedbychrist.org) CBC is a ministry within the Catholic Diocese of Arlington that organizes LOCAL & OVERSEAS & VIRTUAL mission trips for families and adults.

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**Victim Assistance Program for Those Sexually Abused as a Minor** ~ The Catholic Diocese of Arlington provides comprehensive assistance to anyone who as a minor was sexually abused by a priest, deacon, teacher, employee or representative of the diocese. Parents, guardians, children and survivors of sexual abuse are invited and encouraged to contact the diocesan Victim Assistance Coordinator, who will provide support, consultation, referrals. The Catholic Diocese of Arlington is committed to assisting victims/survivors throughout the healing process. Information at (703) 841-2530 [www.arlingtondiocese.org/Child-Protection/](http://www.arlingtondiocese.org/Child-Protection/)



#### Bring Love! Service Opportunities ~ Are you looking for a way to serve your community?

Join us in our mission to serve the needy in our diocese. We are seeking volunteers to help with feeding the hungry, clothing the naked, caring for the sick and welcoming the newcomer.

Visit <https://volunteer.ccda.net> for a current listing of opportunities to serve.



#### Our Fruitful Love

**Resource for Couples struggling with Infertility.** The Diocese of Arlington, through the Office of Marriage, Family and Respect Life, has developed a website called Our Fruitful Love to better accompany those suffering infertility and infant loss. To learn more about on-line resources and mentors, or if you would like to share your story, visit: [www.ourfruitfullove.com](http://www.ourfruitfullove.com)

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The **Virginia Education Improvement Scholarships**

**Tax Credit Program** will award a 65% state tax credit for donations made to the **Diocese of Arlington Scholarship Foundation**, which will, in turn, provide scholarships for new students wishing to attend our diocesan Catholic Schools.

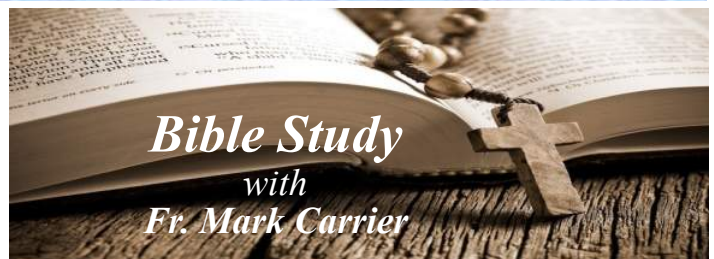
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Donations must be preauthorized in advance. Please call Jeanne Combos at 703/841-2764 (or email

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Go online for more details and to download the preauthorization request form at:

[www.arlingtondiocese.org/Scholarship-Foundation/](http://www.arlingtondiocese.org/Scholarship-Foundation/)



#### Bible Study with Fr. Mark Carrier

If you have ever wanted to read the Bible all the way through, join us every week! We will read for an hour straight each session, and Fr. Carrier will remain afterwards to answer questions - the goal is to read the Holy Scriptures in a year. We will use the Revised Standard Version (RSV) Catholic Edition for the reading, but bring whatever bible you have and read along.

**Tuesday evenings, 7:00 p.m. PARISH CENTER or  
Wednesday mornings, 9:15 a.m. DAILY CHAPEL**

(Drop-in: No registration)

**Materials provided ~ Bring your Bible!**

Questions? email: [mfcaime@cs.com](mailto:mfcaime@cs.com)

**ALSO:** Visit Fr. Carrier's blog ~  
[sanctiscriptores.blogspot.com](http://sanctiscriptores.blogspot.com)



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