

**8th Sunday in Ordinary Time, March 2, 2025**

# *Blessed Sacrament Catholic Church*

*1427 West Braddock Road ~ Alexandria, Virginia 22302*



**March 5th**

## **MASSES:**

6:30 & 8:30 a.m.,  
12 Noon, 7:00 p.m.,  
8:30 p.m. in Spanish

**CONFESSION:** 7:00 - 8:00 a.m.

**ROSARY:** 8:00 a.m.

## **LENTEN SCHEDULE**

(March 6th - April 16th)

### **\*DAILY MASSES**

**Monday – Thursday:** 6:30 & 8:30 a.m. & 7:00 p.m.

**Friday:** 6:30 & 8:30 a.m. (No evening Mass)

**Saturday:** 8:30 a.m.

### **\*CONFESSIONS**

**Monday - Thursday Morning:** 7:00 - 8:00 a.m.

**Wednesday Evening:** 7:30 p.m. (following Mass)

**Friday Morning:** 7 - 8:00 a.m. (No evening confession)

**Saturday Afternoon:** 3:30 - 4:30 p.m.

### **\*STATIONS OF THE CROSS**

**Friday:** 2:30 p.m. (with school),

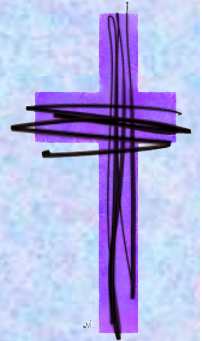
7:00 pm, 8:00 p.m. in Spanish

### **\*EUCCHARISTIC ADORATION**

**Fridays:** 9:00 a.m. - 5:00 p.m.

### **\*ROSARY**

**Monday - Saturday:** 8:00 a.m.



**SUNDAY MASSES:** (Church) **Saturday Vigil:** 5 pm; **Sundays:** 7:30, 9:00\*, 11:00\*am, 12:30 pm, 5pm

**Sunday in Spanish:** 2:00 pm

**\*NURSERY:** At ECC through main school entrance

**WEEKDAY MASSES:** (Church) Monday - Friday, 6:30 & 8:30 am; Saturday, 8:30 am only

**SACRAMENT OF RECONCILIATION:** (Chapel) Monday thru Friday, 7am - 8 am; Saturday, 3:30 - 4:30 pm  
(except Holy Saturday - Check Holy Day/Seasonal Schedules) Spanish Community, Sundays, 1:15-1:45 pm

**ROSARY:** (Church) Monday - Saturday, 8:00 am

**EUCCHARISTIC ADORATION:** (Chapel) Fridays, 9 am- 5 pm

**PARISH OFFICE:** 703-998-6100

**Office Hours:** Monday - Thursday., 8:30 am - Noon, 1 pm - 7 pm; **Fridays,** 8:30 am - Noon, 1 pm - 5 pm. (No evening hours)  
**Sunday,** 9:00 am - 1:00 pm.

The church BUILDING closes at 9:00 pm, Monday - Friday & following 5:00 pm Masses on Saturday & Sunday

**PARISH WEB SITE:** [www.blessedsacramentcc.org](http://www.blessedsacramentcc.org)

**PARISH E-MAIL:** [parish\\_office@bscva.org](mailto:parish_office@bscva.org)

**FACEBOOK:** <https://www.facebook.com/Blessed-Sacrament-Catholic-Church-210791706782/>

**INSTAGRAM:** @blessed\_sacrament\_youth

**DIOCESE OF ARLINGTON:** [www.arlingtondiocese.org](http://www.arlingtondiocese.org)

**PARISH CLERGY:**

Rev. John D. Kelly, Pastor  
 Rev. Mark Carrier, Parochial Vicar  
 Rev. Andrew Clark, Parochial Vicar  
 Rev. Peter St. George, Parochial Vicar

**PARISH STAFF:**

William Lucardi, Director of Music  
 Susan Doyle, Director of Religious Education  
 Marie Niernberger, Bulletin Editor / Liturgical Environment

**YOUTH RELIGIOUS EDUCATION (CCD):** (September - May)**Grades Pre-K-8**

See the **FAITH FORMATION** page of the parish website for further information.

**BAPTISM OF CHILDREN:** Celebrations are held on one Saturday per month. A parent and godparent preparation program is required. Arrangements should be made at least 3 months prior to the baby's due date. Call the parish office.

**SACRAMENT OF MARRIAGE:** The preparation program must begin *not less than* six (6) months in advance. For weddings celebrated in this church, we cannot confirm a wedding date until after the first appointment with a priest. Call the parish office.

**CHRISTIAN INITIATION OF ADULTS (RCIA):** Questions? Call parish office or email: [sdoyle@bscva.org](mailto:sdoyle@bscva.org)

**PRAYERS AT MASS FOR THE SICK OR RECENTLY DECEASED:** Call the parish office for mention at (2) Sunday Masses.

**MASS CARDS:** Available, in person, at the parish office during regular hours.

**BLESSED SACRAMENT SCHOOL & EARLY CHILDHOOD CENTER**

1417 West Braddock Road, Alexandria, VA 22302

703-998-4170 [www.bssva.org](http://www.bssva.org)

*"To create an educated community to serve Christ and one another with integrity and respect."*

Katherine Chelak, principal

**Readings for the Week:****Sunday, March 2nd, 8th Ordinary:**

Sir 27:4-7  
 Ps 92:2-3, 13-14, 15-16  
 1 Cor 15:54-58  
 Lk 6:39-45

**Monday:** Sir 17:20-24 Ps 32:1-2, 5, 6, 7  
 Mk 10:17-27

**Tuesday:** Sir 35:1-12 Ps 50:5-6, 7-8, 14, 23  
 Mk 10:28-31

**Wednesday:** Jl 2:12-18 Ps 51:3-4, 5-6ab, 12-13,  
 14 and 17 2 Cor 5:20-6:2 Mt 6:1-6, 16-18

**Thursday:** Dt 30:15-20 Ps 1:1-2, 3, 4 and 6  
 Lk 9:22-25

**Friday:** Is 58:1-9a Ps 51:3-4, 5-6ab, 18-19  
 Mt 9:14-15

**Saturday:** Is 58:9b-14 Ps 86:1-2, 3-4, 5-6  
 Lk 5:27-32

**Sunday, March 9th, First Lent:**

Dt 26:4-10  
 Ps 91:1-2, 10-11, 12-13, 14-15  
 Rom 10:8-13  
 Lk 4:1-13

**Blessed Sacrament Summer Camps****\*Planes, Trains, and Automobiles Camp:**

June 16-20: \$380.00

**\*\*Let the Good Times Roll Camp:**

June 23 -27: \$380.00

Please send the registration form in with the  
**\$100.00 per week, per child, non-refundable deposit**  
 to the Blessed Sacrament School office labeled summer  
 camp. The registration form can be found on the school  
 website [www.bssva.org/school](http://www.bssva.org/school)

If you have any further questions feel free to contact

Ms. Conques at [Summertime@bssva.org](mailto:Summertime@bssva.org)

**We hope to see you this summer!**

# From The



©JPPC

Lent 2025

*Dear Good People of Blessed Sacrament,*

I pray this letter finds you well and anticipating the arrival of spring weather. This month of March is dedicated to Saint Joseph, the spouse of Our Lady and the foster father of Jesus. He was such a gentle loving soul and we seek his intercession to live lives of purity and service to others.

I hope all of you had a wonderful Christmas. I have just recently finished sending out Christmas cards and now I'm ready to move on to something else! Sincere thanks to all of you who made our parish celebration of Christmas so spiritually meaningful for us. Those who decorated the church and the members of our parish choirs who shared beautiful music with us. I am especially grateful to you for your generous support of our parish and your many year- end gifts. I also want to thank the many kind folks who gave baked goods, candy and other treats to we priests. We have tried to personally thank you but if we missed anyone, please know we are grateful. You are too good to us!

We will now be entering into the penitential season of Lent to prepare once again to celebrate the Paschal Mystery of the Passion, Death and Resurrection of the Lord. During these next forty days we are called to **fast, give alms** and **pray**, all in hopes of growing in holiness and imitating the Lord in our daily interactions with others. We encourage you to take advantage of our two daily **morning Masses**, as well as our 7 p.m. **evening Mass**, Monday through Thursday. **Confessions** are heard Monday through Friday mornings from 7 to 8 a.m., and (during Lent) on Wednesday evening following the 7 p.m. Mass. Of course we also hear Confessions each Saturday from 3:30 to 4:30 p.m. Come receive the mercy, forgiveness and grace of a loving God!

Our parish makes the **Way of the Cross** each Friday of Lent at 2:30 p.m. with our school children and at 7 p.m. in English and 8 pm in Spanish. This is a perfect way to reflect on what Jesus went through in order for us to receive salvation. Our parish book rack has many selections for spiritual growth from our Daughters of Saint Paul bookstore. Stop and check out some spiritual reading to profit by!

Later this month our Blessed Sacrament **Knights of Columbus** will host their ever popular **Fish Fry Dinners** and we look forward to being together as a family and enjoying one another's company. Do come and join us for good food and fellowship!

I am forever grateful to all of you for your generous support of our **Bishop's Lenten Appeal**. So many ministries and programs of our diocese depend on this appeal for funding. Especially the education and formation of our future priests. Our parish is famous for our generous response. I have no doubt we will reach our 2025 goal and I thank you most sincerely. God reward you.

Let us pray for one another that these graced days of Lent will help us all to grow in holiness and to always be grateful for who we are as the Children of God! May God bless and hold you in His care.

Loving yours in Christ Jesus,

*Rev. John Kelly*

**MASS INTENTIONS****SUNDAY, MARCH 2nd - 8th SUNDAY IN ORDINARY TIME**

- 7:30 am ~ **Mass for the People**  
 9:00 am ~ **Albert Croft+** (Bill Croft)  
 11:00 am ~ **Jake DeGeronimo+** (George & Mary Cushmac)  
 12:30 pm ~ **Nestor Paz+** (Maria Paz)  
 2:00 pm ~ **Sp Int - Escobar Family** (BS Parish Office)  
 5:00 pm ~ **Sp Int - Jody Keenan** (Magnificat Women)

**MONDAY, MARCH 3 - Saint Katherine Drexel**

- 6:30 am ~ **Mary Petrine+** (Catherine Gromek)  
 8:30 am ~ **Kenneth Fiduk+** (Robert Fiduk)

**TUESDAY, MARCH 4 - Saint Casimir**

- 6:30 am ~ **Marie-Christine Mauprivez+** (Jannic Driscoll)  
 8:30 am ~ **Roland Vergel De Dios+** (MBM Class of 1978)

**WEDNESDAY, MARCH 5 - ASH WEDNESDAY**

- 6:30 am ~ **Joseph Toni+** (Eugene Toni)  
 8:30 am ~ **Sally Buikema+** (Christi Simon)  
 12 Noon ~ **Marie Aarhus+** (Rosemary Aarhus)  
 7:00 pm ~ **Robert H Messier, MD+** (Deirdre Messier)  
 8:30 pm Spanish ~ **Sp Int - Bonilla Family+** (BSCC Office)

**THURSDAY, MARCH 6 - Thursday After Ash Wednesday**

- 6:30 am ~ **Joseph Martin+** (Stamer Family)  
 8:30 am ~ **Cameron Cunningham+** (Blessed Sacrament School)  
 7:00 pm ~ **Joe Braddock+** (Bertha Braddock)

**FRIDAY, MARCH 7 - Friday After Ash Wednesday**

- 6:30 am ~ **Patrick & Marie Walsh+** (Melissa Lane)  
 8:30 am ~ **Natividad Granados+** (Rodolfo Granados & Malu Gonzalez)

**SATURDAY, March 8 - Saturday After Ash Wednesday**

- 8:30 am ~ **Michael Dennis Campanell+** (Eugene Toni)  
 5:00 pm ~ **Nancy Hanson+** (Frank & Janet McDermott)

**SUNDAY, MARCH 9th - First Sunday of Lent**

- 7:30 am ~ **Armand Capitanio+** (Lou Capitanio)  
 9:00 am ~ **Mass for the People**  
 11:00 am ~ **Sp Int - Bob & Shelly Kolb** (Krista Anderson)  
 12:30 pm ~ **Catherine Stark+** (Denise Landers)  
 2:00 pm ~ **Fr. Prudencio Sanchez+** (Onofre & Vilma Gutierrez)  
 5:00 pm ~ **Judith Bracken+** (Chris & Cindy Hart)

**Please join us in prayer as we ask for God's guidance & protection of troops, law enforcement, EMT's, firefighters, healthcare workers, or anyone serving in harm's way.**

(Please call the parish office to include or delete a name.)

Ryan Barnett, Michael Bouffard, Macine Browning, Joseph R. Byrns, Nicholas Cale, Adam Conlan, Robert Corso, Analee Cuellar, Nathalia Cuellar, Bradley Cundari, Matthew Cundari, Nuno Cunha, Richard Demarais, Dennis Donley, Maddy Dooley, George C. Fletcher, Nicholas Fletcher, Tommy Gadell, Victor Gaetan, Liz Hummelt, Joshua Hindenburg, Faith Holman, David Jordan, Jonathan Jordan, Matthew Kitzerow, Steven Kitzerow, James Kunder, Allison Landsman, Joseph Lim, Christopher Love, Brian Lynch, Alexa Mastrostefano, Grace McCaffery, Lisa Mullaney, Hanna Porterfield, Gray Posey, Thomas Rands, Jamie Reynolds, Erik Rogers, Mary Severs, Bryce Simpson, Ryan Stancik, Jared Steen, Travis A. Stoffer, Kyle Thomas, Josh Truman, Michael Voigt, Abby Warden.



## FRIDAY EUCCHARISTIC ADORATION

Visit with our Lord in the Blessed Sacrament on **Fridays**.

Come to pray any time, but mid-day & afternoon visits are most needed. Call the parish

office to be put on a list of regular visitors. 703-998-6100

The **Daily Chapel** is open from **Exposition at 9:00 a.m.** until **Benediction & Reposition at 5:00 p.m.**

(Please notify the parish office if the chapel is empty and you have to leave.)

Please prayerfully consider spending **just one hour** in prayer.

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 Looking for a nearby evening or overnight Adoration time? A few of our neighboring parishes might have a time that fits your needs... all of their websites have detailed information.

Saint Rita, Alexandria - [stritaalexandria.com](http://stritaalexandria.com)

Basilica of Saint Mary, Old Town - [stmaryoldtown.org](http://stmaryoldtown.org)

Saint Joseph, Old Town - [stjosephva.org](http://stjosephva.org)

Saint Anthony of Padua, Falls Church - [stanthonyparish.org](http://stanthonyparish.org)

Queen of Apostles, Franconia - [queenofapostles.org](http://queenofapostles.org)

Saint Louis, Alexandria (Richmond Highway) - [saintlouisparrish.org](http://saintlouisparrish.org)



### Saint Joseph,

### Pray for Us and Pray for Our Priests

Pray for the defense, advocacy & protection of priests.

Let us pray each day for a priest of the diocese

Sunday, 3/2 - Rev. Brian Bashista

Monday, 3/3 - Rev. Michael J. Bazan

Tuesday, 3/4 - Rev. Jonathan A. Bennett

Wednesday, 3/5 - Rev. Kevin J. Beres

Thursday, 3/6 - Rev. Paul A. Berghout

Friday, 3/7 - Rev. Joseph D. Bergida

Saturday, 3/8 - Rev. Dort A. Bigg

### Please Pray for the Sick of our Parish

MARIA JUAREZ ASCENCIO, J. COLLINS, IRMA COSME, AMANDA GUYOT, A.J. HANILAND, SAM HODUS, MICHAEL HART, FRANK McDERMOTT, JOHN MILATZO, BRUCE & MARY MILLER, SR. JEAN NOWAK, OP, LUCRECIA PALLO, DONNA RAFFAELE, NORMA RAFFAELE, IRVINE RODRIGUEZ, JIM SHERWOOD, HARRY THOMPSON, Jr., TIMOTHY TOBIN, MAUREEN WAHL, CHRISTIE WALTON, VINCE WHITMORE.

(Please call the parish office with additions & deletions)

## Offertory Collection

Our Offertory Collection, with *FaithDirect* for **February 16th** was \$33,302.68

We also collected \$240.00 - **Poor Box**, \$782.00 - **Building Repairs Fund**,  
\$414.00 - **Votive Candles**, \$24.00 - **Arlington Catholic Herald Newspaper**,  
\$1,025 - **California Wildfires Relief**.



[www.FaithDirect.net](http://www.FaithDirect.net) ~ Our church code: **VA 12**.  
Your **ONLINE** gifts through **FaithDirect** will help  
our parish finances throughout the year.

## Abounding <sup>IN</sup> Hope



### 2025 BISHOP'S LENTEN APPEAL (BLA) UNDERWAY TODAY!

The 2025 BLA mailing was recently sent to parishioners. This year's theme is:

***"Abounding in Hope."***

After reflecting upon the blessings God has given you, please prayerfully consider a pledge.  
Sharing your gifts with the 40+ ministries and programs funded by the BLA truly impacts  
the lives of thousands across our diocese.

You can make a gift at: [www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA) or scan the QR code:



**SCAN ME**



### *The Love of Christ Impels Us* by Very Rev. William P. Saunders, Ph.D. *A History of the Diocese of Arlington* 1974-2024

Learn all about the fascinating history of our diocese from its historical beginnings in the Diocese of Richmond in the early nineteenth century. This 298-page, hard-back, comprehensive history, includes full color pictures, bishop biographies, parish profiles and much, much more. **Makes a great gift!** Copies are available now for **\$10.00** in the parish office, Gathering Space or on the Bookrack.



### *Ash Wednesday Collection ~ March 5th* **The Church in Central & Eastern Europe**

This collection serves to provide essential pastoral needs and to restore the Church in more than 25 countries.



### **Second Collection** March 8th & 9th **Black & Indian Missions**

This collection exists to help dioceses build up the Church in Black American, Native American and Alaska Native communities.

Join us for  
**HEAVEN in YOUR HOME**  
 Family Gathering

**Everyone is invited - & bring the kids!**

Meet up with other families for food, fellowship & support in building a faith-filled home.



**Saturday,  
 MARCH 22nd  
 6 - 8 pm, Quinn Hall**

**Please RSVP on the website  
 or use QR code.**

**6 pm: Dinner & Fellowship**

**6:30-7:15 pm: Presentation for Adults w/ Small Group  
 Discussion** (while Virtus-trained volunteers supervise the kids)

**7:15-8 pm: Fellowship & Dessert**

Free event.

**PLEASE BRING TO SHARE - drinks or a  
 dessert**

Learn more at  
[TrinityHouseCommunity.org](http://TrinityHouseCommunity.org)



**FAST and  
 ABSTINENCE ~**

**The norms, according to the USCCB:**

Everyone, age 14 and over,  
 is bound to obey the law of  
**abstinence from eating meat.**  
 Abstinence is to be observed on

all **Fridays** within the season of Lent.

On **Ash Wednesday** and **Good Friday**, everyone over 18  
 and up to the beginning of their 60th year is also bound to  
 observe the law of **fast**.

On these two days only one full meatless meal is  
 allowed. Two other meatless meals, sufficient to maintain  
 strength, may be taken according to one's needs, but to-  
 gether they should not equal another full meal.

**Ash Wednesday and Good Friday,  
 therefore, are the only days of both  
 fast and abstinence.**

***Dear Good People of Blessed Sacrament,***

As we enter into this Holy Year proclaimed by Pope Francis, we are called to be "Pilgrims of Hope." This coming year brings us so many graces and opportunities for us to grow in our faith and to do our part to build up God's Kingdom.

We are especially being called to practice the Corporal and Spiritual Acts of Mercy. One of the Corporal Acts is to bury the dead. We know that all of us will one day be called home to the Lord. During our journey here on earth we experience the deaths of those we love and share our life with. We grieve and mourn for our loss, but we rejoice in the eternal life which will be theirs.

Our parish needs your help so that we can reach out to those who have experienced the death of a loved one - to give comfort and support them during a time of sadness and grief. Would you please consider becoming a member of one of our Blessed Sacrament Funeral Teams? This spiritual work would be open to adult men and women of our parish. The teams help set up the church for the Funeral Mass, greet the family and other mourners, act as hospitality ushers, and guide the readers and gift bearers who will be taking part in the celebration of the Funeral Mass.

It is a wonderful opportunity to welcome people to our parish during a difficult time in their lives and to help them feel at ease as they celebrate the Church's Funeral Liturgy. If you feel God might be calling you to be involved in this work of mercy and compassion, please contact Father Kelly through the parish office. We would then schedule training Sessions for those interested.

Thank you for your time and consideration of this important outreach to those who mourn.  
 God bless you and fill you with His grace!

Faithfully yours in the Lord,

***Father Kelly***

## ...Parish Groups...



### Calling all moms!

A group for mothers of young children (including infants) has formed.

**Join us to pray the Rosary on Thursday mornings -- kids play, moms pray!**

Thursdays, 9:30 a.m. in the Little Marian House

(next to parish staff parking, 1601 West Braddock Rd)

Please contact Susan Doyle ~ [sdoyle@bscva.org](mailto:sdoyle@bscva.org)

or call the parish office for info.



### Blessed Sacrament Prayer Shawl Knitting & Crochet Ministry

MEETING: THURSDAY, MARCH 6th ~ 7:00 pm ~ MEETING ROOM / PARISH LIBRARY (Weather Permitting!)

Our dedicated Knitters, Crocheters & Stitchers produced over 293 items for babies & our neighbors in 2024!

We continue our work on lap blankets, baby blankets, & prayer shawls. Thanks to our anonymous crafters!

We have yarn if you need it. Drop-off your hand-made donations at the parish office any time.

Questions? Call Lana at 703-299-8389 (or email Marie at [mniernberger@bscva.org](mailto:mniernberger@bscva.org))



**BLESSED SACRAMENT 39+ SINGLES:** Contact: Tom Palumbo - [tomtal1@verizon.net](mailto:tomtal1@verizon.net) 703-313-8388

**PRIME TIME SINGLE CATHOLICS (PTSC):** We are a social group, mostly 60 and over.

Meet us for: Lunch on Thursdays and many more activities.

(40 to 59? Ask about our free associate-member group.)

For details, visit our website: [bit.ly/ptsc](http://bit.ly/ptsc)

Questions or to RSVP, email Tom at [ptscnva@gmail.com](mailto:ptscnva@gmail.com)



**BRIDGE on TUESDAYS at the PARISH CENTER** ~ 12 Noon to 3 pm Contact Ann Corro for more information (703) 370-3664

**LINE DANCING on MONDAYS in QUINN HALL** ~ 1:30 p.m., no experience necessary!

**SAINT MARTIN de PORRES SENIOR CENTER** ~ 4650 Taney Avenue, Alexandria 22304. All Alexandria residents, 60+ years old are welcome! Daily activities & lunch. Transportation will be provided, but you must RSVP ~ **Call 703-751-2766**

**SENIOR SERVICES of ALEXANDRIA (SSA)** ~ Join "SSA Connection" to get a weekly email with the latest videos, information on activities & services, TED Talks, recipes & much, much more for Seniors in Alexandria!

Email to: [communications@seniorservicesalex.org](mailto:communications@seniorservicesalex.org)



**Expectant moms (and dads):** How can we help you?

We are forming a **Visitation Ministry** to serve mothers for the first 40 days after birth by bringing meals, running errands, babysitting older children, etc.

Contact Maureen Tovey at (734) 395-0862 or [tovey.maureen@gmail.com](mailto:tovey.maureen@gmail.com)

OR...are you someone who would like to serve in our **Visitation Ministry**? Contact us!



**MEN'S GROUP** ~ All men of the parish are welcome! Come & Join us in Quinn Hall next Saturday!

~ Open for hot breakfast @ 6:30 a.m. ~ Program @ 7:00 a.m. Questions? [bsmensgroup@gmail.com](mailto:bsmensgroup@gmail.com)

Join us when you can to grow in faith, fraternity & fellowship!

Magnificat  
Women's Group



**Courageous Women: A Study on the Heroines of Biblical History**  
by Stacy Mitch. The Spring Study explores the lives of Old and New Testament women. Morning or Evening Sessions run February 3 through mid-April.

See the parish website for details. <https://blessedsacramentcc.org/groups/womens-group-magnificat/>

## Holy Year ~ Pilgrims of Hope ~ 2025 Tour of Churches

As we joyfully celebrate this Holy Year 2025, Bishop Burbidge invites you to embark on a spiritual journey by participating in a special Holy Year Tour of eight designated holy sites within our diocese. This church tour offers the faithful a unique opportunity to pray throughout our diocese and receive a plenary indulgence by meeting certain conditions, such as prayer, reception of the Eucharist and the Sacrament of Reconciliation. The Holy Year Tour is a chance for personal renewal, deeper faith, and communal celebration. To inspire participation, Bishop Michael F. Burbidge will offer a special memento for the first 50 participants who complete the tour. This keepsake will serve as a lasting reminder of your faith journey of hope during this extraordinary year. For more details on the sacred sites, plenary indulgences, and the Holy Year 2025, contact each parish office

or visit <https://www.arlingtondiocese.org/holy-year-2025>.

## ...Community Outreach...



**"Free the Slaves"** ~ A call for support for victims of human trafficking in our community

**"An open wound on the body of contemporary society."** ~ So says Pope Francis on human trafficking - also known as modern slavery. 50 million people around the world are held in human trafficking, made to work through force, fraud, or coercion. January is national human trafficking prevention month, and the community can take action to spread the word and raise awareness. Victims of human trafficking in our community need help and support in mental health, shelter, foods, health care and other basic needs.

**Free the Slaves** has tools to help: <https://freetheslaves.net/take-action/how-to-take-action-2/>

Contact **Free the Slaves** at [info@freetheslaves.net](mailto:info@freetheslaves.net) to learn how you can help raise awareness in the community!

See the Arlington diocese's official statement on human trafficking here: <https://www.youtube.com/watch?v=Nb0JwT0sFh8>



**ALIVE!, Inc. ~ NEIGHBORS HELPING NEIGHBORS!**

**[www.alive-inc.org](http://www.alive-inc.org)** 703-837-9300

Follow ALIVE! on Facebook and Instagram: [@alive4alexandria](https://www.facebook.com/alive4alexandria) and Twitter: [@ALIVE4AlexVA](https://twitter.com/ALIVE4AlexVA)

Questions? Email our Blessed Sacrament rep: [BSCCAlive@gmail.com](mailto:BSCCAlive@gmail.com)

Interested in volunteering? Sign up online: <https://www.alive-inc.org/we-need-volunteers-alexandria-va/>

### The CARPENTER'S SHELTER BAG LUNCH PROGRAM ~ Next Delivery: **MARCH 9th**



Individuals & families are invited to make & donate bag lunches for distribution on the 2nd Sunday of each month to the residents of **The Carpenter's Shelter** in Alexandria. We need a dedicated, monthly crew to insure we have enough to supply the clients lunches for the following week. Items are dropped off on the 2nd Sunday by 10 am to a cart outside Quinn Hall. Each bagged lunch to include - a sandwich (preferably meat and/or cheese with **NO** dressing), a dessert & a piece of fruit. Donations of bulk items are also welcomed. **Thanks!**

Questions? Marie at 703-998-6100 x.104 or [mniernberger@bscva.org](mailto:mniernberger@bscva.org)



### Blessed Sacrament **Carpenter's Shelter Monthly Dinner Program**

Blessed Sacrament parishioners provide dinner for the residents of **The Carpenter's Shelter** on the third Monday of every month. A menu is set and a sign up genius request is emailed asking for volunteers to cook or buy the food and drop it off at the Shelter. Volunteers to help serve the dinner are also needed.

If you are interested in volunteering please send your email address to [mblersani@outlook.com](mailto:mblersani@outlook.com) You will receive a monthly request where you can sign up to provide food and or be a server. Any questions please contact **Maribeth** at 703-346-5778. **Thank you!**



### **Mother of Light Center** [www.motheroflightcenter.com](http://www.motheroflightcenter.com)

**\*\*\*NOW CFC eligible!**

421 Clifford Ave., Alexandria, Mon.-Sat., 10 am-2 pm. (703) 307-5902 Email: [motheroflightcenter@gmail.com](mailto:motheroflightcenter@gmail.com)



### **Sign Up For the Diocesan E-Newsletter!**

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese - straight to your inbox. Sign up at: [arlingtondiocese.org/email](http://arlingtondiocese.org/email)

### **2 BUSY 2 PRAY?** Try 2 minutes 2 virtue

Sign up NOW! [www.arlingtondiocese.org/2minutes2virtue](http://www.arlingtondiocese.org/2minutes2virtue)



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

**E-membership in the Knights of Columbus for eligible Catholic men (age 18+) is available.** Visit: <https://www.kofc.org/secure/en/join/join-the-knights.html> to learn more. Potential members also can send an email to [ggk11947@vakofc.org](mailto:ggk11947@vakofc.org) or call the Parish Office and leave a message. A Knight will return your call. **Vivat Jesus!**



**OUR NEXT DONUT SUNDAY is MARCH 9th!** (after 7:30, 9 & 11 a.m. Mass)  
Join us in QUINN HALL for Donuts, Coffee, Juice & Fellowship!

**MARK YOUR CALENDARS! WE'LL BE HOSTING 2 LENTEN FISH FRY-DAYS ~**  
**Friday, MARCH 21st & Friday, APRIL 4th ~ MORE DETAILS COMING SOON!**

## ...Respect Life, etc...



Helpful Resources: [www.arlingtondiocese.org](http://www.arlingtondiocese.org)  
[www.usccb.org](http://www.usccb.org) (~search~) "religious liberty"  
[www.vacatholic.org](http://www.vacatholic.org) (Virginia Catholic Conference)  
#WhyWeMarch [MarchForLife.org](http://MarchForLife.org)

**40 DAYS FOR LIFE ~ 40DaysForLife.com** [www.PrayForLife.org](http://www.PrayForLife.org)

**GABRIEL PROJECT:** Gabriel Project (GP) provides financial & spiritual assistance to pregnant women in need. If you know someone who can benefit from GP services, or if you would like to volunteer, please contact us at (703) 841-3810 or go online at: [www.arlingtondiocese.org/gpavolunteer](http://www.arlingtondiocese.org/gpavolunteer)

**PROJECT RACHEL:** Share the good news of God's merciful love post abortion.  
*Project Rachel* can make a confidential referral to a priest and/or counselor: (888) 456-HOPE (4673) or [www.helpafterabortion.org](http://www.helpafterabortion.org)

### 'FIRST SATURDAY' Rosary Team

**Did you know that the 'no-show' rate can go up by 70% when there are people peacefully praying outside an abortion facility?** Please join the prayer team **every First Saturday** to pray the rosary at 10:30 am at Falls Church facility at 900 S. Washington Street, Falls Church, VA. For inquiries, Amy McInerney at (703) 841-3817 or [respectlife@arlingtondiocese.org](mailto:respectlife@arlingtondiocese.org)

### ROSARY for LIFE

**Every Saturday** ~ around 9-9:15 am ~ women's clinic at 2839 Duke Street. (near Bishop Ireton H.S.) Our "turn" to lead is 2nd Sat. of the month.

### FREE Ultrasound Exam COUPON

Pregnant (or think you might be) and considering abortion? Please call or text 703-946-3077 to schedule your free ultrasound today with **ABC Women's Health and Ultrasound Center**.

If you need a ride we can help with transportation. *Se habla español*. Visit [abcwomenshealth.com](http://abcwomenshealth.com).

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This will take you to your dashboard, where you can begin exploring all that FranciscanAtHome.com has to offer.

We recommend:

- That you locate the track(s) your diocese has created for you (located as institutional tracks on the left side of the "Start Learning" section on your dashboard), if any.
- Explore the other workshops that are available to you.

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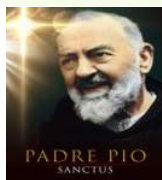
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Please call the Parish Office for more information. (703) 998-6100

### ENCOUNTER HOLY HOUR Every First Thursday

All you who are burdened by sin, grief, loneliness, shame, addiction, self-hatred, abortion, or any other wound, come and place all your cares on the Heart of the Eucharistic Lord who desires to free you and restore you to new life. The Holy Hour, **every first Thursday** at 7 p.m. at **St. Thomas à Becket** in Reston, will include a Eucharistic Procession, opportunities for confession, as well as worship music led by a different musician each month. The celebrant will be Fr. Rich Dyer, Pastor, St. Thomas à Becket. Questions? (703) 841-2550.


### PRAISE and WORSHIP HOLY HOUR Every Second Tuesday

Join us for prayer, praise and worship on the **2nd Tuesday of each month**, at **St. Leo the Great Catholic Church** in Fairfax from 7:30-8:30 p.m. Prayer along with music. Special intention will be for the **conversion & healing in families**. The Sacrament of Reconciliation will be available. All are welcome. Watch livestream at: [arlingtondiocese.org/healingandconversion](http://arlingtondiocese.org/healingandconversion)

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